OBJECTIVES

1. That the student acquire an understanding to examine sports and play for children from many psychological perspectives.

2. That the student learn the general areas of contemporary theoretical interest of sport psychologists regarding exercise and sport environments and to appreciate the measurement tools and methods pertinent to the field as they relate to Children in Sport.

3. That the student be able to develop a theoretical framework as it relates to children and sport as it applies to critically analyzing sport literature from an academic perspective.

REQUIRED TEXT: So You Want to Play in the NHL by Dan and Jay Bylsma
KNES 451 packet must be purchased from Design and Duplication Center

COURSE DESCRIPTION

The course involves lectures, discussions, student presentations on the theoretical and applied aspects of appropriate literature related to child and sport

COURSE EVALUATION

Three written tests 40%
   October 1, 2002
   October 31, 2002
   December 20, 2002

Two position papers 10% Due September 24
   10% Due October 17
   Class participation 20% Must be there to receive credit
   Term Paper 20% Due December 3, 2002

GRADING
A = 90 - 100
B = 80 - 89
C = 70 - 79
D = 60 - 69
F below 60

COURSE CONTENT

Historical overview of sports for children
Motor skill development
Youth fitness
Anxiety and stress
Anatomical and physiological considerations
Self concept theory
Coping skills
Coach or parent as a teacher of sport activities
Child in competitive sport situations
Family influence and sex differences in children’s socialization into sport
Athletic injuries
Burnout
Parenting and parenting children in sport