BACHELOR OF SCIENCE
KINESIOLOGY

The Bachelor of Science in Kinesiology degree program provides a well-rounded, scholarly understanding of human movement and physical activity. Instruction within the Department of Kinesiology addresses the historical, cultural, developmental, and biophysical bases for participation in movement activities. Students learn how these bases shape sport, physical activities, and wellness for people of all ages. Students develop an understanding of how human movement occurs, the factors that directly influence movement, and the benefits of a movement-oriented lifestyle.

OUR DEPARTMENT
The Kinesiology Department was one of the first kinesiology programs in the country. Our department is a leader in the study of physical activity and health across the lifespan. We are ranked among the top 10 kinesiology programs in the country and our doctoral program is ranked third by the National Academy of Kinesiology. Our exceptional faculty come from diverse academic disciplines and is internationally recognized for their scholarship, teaching, and service.

The Kinesiology program offers students the opportunity to pursue specializations, in preparation for a particular career within the broad discipline. Many of our students attain careers in medical fields, as well as sport and fitness industries.

ABOUT THE PROGRAM
Popular Courses: Our students enjoy diverse required courses and electives. In Biomechanics of Human Motion, students analyze individual growth and development in motor performance. Students are required to complete activity courses that increase understanding of the human body and physical activity. Many students enjoy classes in bowling, running, karate, golf, self defense, and more!
Involvement: Kinesiology students have many opportunities for involvement with faculty and peers.

The Kinesiology Student Organization (KSO) allows Kinesiology majors to build community and attend social, professional development, and service events. Students build relationships with other students, staff, and faculty.

The Pre-Physical Therapy Association (PPTA) is a student organization for those interested in pursuing a physical therapy career.

Phi Alpha Epsilon (PAE) is the honors society for outstanding public health students who make a commitment to service, academics, and professional development in the university community.

Research: Kinesiology students have a variety of opportunities for engaging in research. The department has three main research divisions: Cognitive Motor Neuroscience, Exercise Physiology, and Physical Cultural Studies. Students with interests in these topics should contact faculty for potential research assistant opportunities.

Internships: The Kinesiology department encourages students to work in the community and gain valuable experiences through application of their studies in Kinesiology.

WHAT OUR GRADUATES DO
After graduating from the Kinesiology program, our students enter the workforce through a variety of careers such as:

• Personal Training
• Sports Marketing
• Podiatry
• Athletic/Sport Management
• Physical Therapy
• Forensic Science
• Exercise Physiology

ABOUT THE UMD SCHOOL OF PUBLIC HEALTH
The University of Maryland School of Public Health is a dynamic and growing school located at one of the nation’s top-ranked public research universities. While many schools of public health in the country are limited to graduate education, our large and diverse undergraduate student body provides energy and unique perspectives, and contributes to our initiatives and commitment to advance a better state of health in Maryland and beyond.

With more than 2,300 students in 29 different degree and academic programs, our School of Public Health prepares students to tackle complex and emerging public health issues and make meaningful contributions to the health and welfare of individuals and society. We accomplish this using the tools of traditional public health disciplines, along with our unique expertise in the role physical activity and families play in health. We maximize our impact through collaboration with experts in fields as varied as engineering, arts and humanities, business and public policy on the College Park campus, as well as those in medicine, dentistry, pharmacy, social work, law and nursing on the Baltimore campus.