HLTH124 (0101): Introduction to Behavioral and Community Health (Fall 2018)
Tues., 2-2:50 pm; CSI 3117

Instructor: M. Sue Reynolds, PhD  
Office: SPH 1234 for mailbox  
Email: mreynold@umd.edu  
Office Hours: by appointment  
Phone: 301-405-2463

TA: Julian Marcus  
Office: SPH 1234 for mailbox  
Email: jmarcus1@umd.edu  
Office Hours: by appointment

Course Meetings: This is a 1 credit course meeting for 8 weeks. There are online and in-class sessions.

Course Pre- and Co-requisites: none

Required Videos and Readings: See information provided on course Canvas site.

Additional Materials Required: N/A

Course Format: This course utilizes a blended learning format. Several in-class sessions will be held, but the majority of the course is online. The online portion is run through Canvas, the University’s online classroom environment. All students MUST have access to Canvas. You will need to access Canvas at http://elms.umd.edu/. You may login to this system using your UMCP Directory ID (your email login) and password. Under “My Courses,” you will select “HLTH124: Introduction to Behavioral & Community Health.”

For problems with the University of Maryland Canvas System (ELMS), please contact the Office of Information Technology at 301-405-1400. I will not be able to help you gain access to Canvas. If you have technical difficulties, you may also access the course via one of the campus’ computer facilities.

Course Description: Required of first year Community Health majors to expose them to introductory-level concepts within the field of behavioral and community health as well as the Community Health degree program. Includes discussion on the delivery of behavioral and community health at the local, state, national, and global levels; career opportunities in the diverse sectors of the community health field; undergraduate programmatic information; and strategies for student success.

Course learning objectives:
Upon completing this course, the student will be able to:

1. Define the role of behavioral and community health within public health.
2. Examine the principles, philosophy, and ethics of working within a community.
3. Identify key terms and tools in the field of behavioral and community health.
4. Identify skills and competencies of a public/community health professional.
5. Identify diverse career opportunities in the field of community health.
6. Develop basic skills for utilizing library and research resources.
7. Describe various health organizations and employment positions within the profession.
8. Describe basics of the Community Health undergraduate program, including academic planning, academic advising, the internship experience, in addition to departmental opportunities such as specialization areas, departmental honors program, study abroad, and independent study.
In order to help you achieve these objectives, I will make every attempt to provide a class environment that encourages the expression of thoughts, ideas, attitudes and values relevant to the topics being presented. This will require the cooperation of each of you in displaying punctuality, mutual respect, and courtesy during in-class sessions and online discussions.

Course Policies: Students are expected to attend in-class sessions and complete all assignments on time. Students must complete quizzes and other assignments during the time frames presented in this syllabus and on the course Canvas site. The course consists of 8 modules; 1 module per week should be completed. Extra credit will not be given in this course. Students who enroll in the class at any time during the drop-add period are responsible for all in-class and online work to date. It is expected that all students will display punctuality, mutual respect, and courtesy during in-class sessions and online discussions. As the course may include online discussion, it is expected that students will refrain from using disrespectful language when posting discussion responses.

University Course Policies:
Email – The Official University Correspondence:
Verify your email address by going to www.my.umd.edu.

All enrolled students are provided access to the University’s email system and an email account. All official University email communication will be sent to this email address (or an alternate address if provided by the student). Email has been adopted as the primary means for sending official communications to students, so email must be checked on a regular basis. Academic advisors, faculty, and campus administrative offices use email to communicate important and time-sensitive notices.

Students are responsible for keeping their email address up to date or for redirecting or forwarding email to another address. Failure to check email, errors in forwarding email, and returned email (from “full mailbox” or “unknown user” errors for example), will not excuse a student from missing University announcement, messages, deadlines, etc. Email addresses can be quickly and easily updated at www.my.umd.edu or in-person at the Student Service Counter on the first floor of the Mitchell Building. For technical support for University email: www.helpdesk.umd.edu or call 301-405-1400.

Absence Policy:
In accordance with University policy if you are absent for a single (1) lecture due to illness or some form of personal or family emergency, this absence will be considered “excused” and the instructor will accept a note from you attesting to the date of the illness/incident, along with an acknowledgement that the information is true. Whenever feasible, you should try to contact the instructor in advance.

Multiple or prolonged absences, and absences that prevent attendance at a major scheduled grading event (like an exam or test) will require written documentation from an appropriate health care provider/organization.

A link to pull information on the new policy covering absences from class can be found at http://www.president.umd.edu/policies/v100g.html

Late work and Missed Exams / Assignments:
Late assignments will receive a 10% point deduction for each day it is late.

Religious Observances:
The University System of Maryland policy provides that students should not be penalized because of observances of their religious beliefs; students shall be given an opportunity, whenever feasible, to make up within a reasonable time any academic assignment that is missed due to individual participation in religious observances. It is the student’s responsibility to inform the instructor in advance of any intended absences for religious observance.

Special Accommodations / Disability Support Services:
If you have a documented disability and wish to discuss academic accommodations for test taking or other needs, you will need documentation from Disability Support Service (301-314-7682). If you are ill or encountering personal difficulties,
Please let the instructor know as soon as possible. You can also contact Learning Assistance Services (301-314-7693) and/or the Counseling Center (301-314-7651) for assistance.

Academic Integrity:
The University's code of academic integrity is designed to ensure that the principle of academic honesty is upheld. Any of the following acts, when committed by a student, constitutes academic dishonesty:
- CHEATING: intentionally using or attempting to use unauthorized materials, information, or study aids in an academic exercise.
- FABRICATION: intentional and unauthorized falsification or invention of any information or citation in an academic exercise.
- FACILITATING ACADEMIC DISHONESTY: intentionally or knowingly helping or attempting to help another to violate any provision of this code.
- PLAGIARISM: intentionally or knowingly representing the words or ideas of another as one's own in any academic exercise.

For more information see: [http://www.shc.umd.edu/code.html](http://www.shc.umd.edu/code.html).

The Honor Pledge is a statement undergraduate and graduate students should be asked to write by hand and sign on examinations, papers, or other academic assignments. The Pledge reads:

*I pledge on my honor that I have not given or received any unauthorized assistance on this assignment/examination.*

The University of Maryland, College Park has a nationally recognized Code of Academic Integrity, administered by the Student Honor Council. This Code sets standards for academic integrity at Maryland for all undergraduate and graduate students. As a student you are responsible for upholding these standards for this course. It is very important for you to be aware of the consequences of cheating, fabrication, facilitation, and plagiarism. For more information on the Code of Academic Integrity or the Student Honor Council, please visit [http://www.shc.umd.edu](http://www.shc.umd.edu).

Inclement Weather / University Closings:
In the event that the University is closed for an emergency or extended period of time, the instructor will communicate to students regarding schedule adjustments, including rescheduling of examinations and assignments due to inclement weather and campus emergencies. Official closures and delays are announced on the campus website ([http://www.umd.edu](http://www.umd.edu)) and snow phone line (301-405-SNOW), as well as local radio and TV stations.

Course Evaluations
The University, the School of Public Health, and the Department of Behavioral and Community Health are committed to the use of student course evaluations for improving the student experience, course and curriculum delivery, and faculty instruction. Your evaluations help instructors improve their courses; help deans and department chairs decide on merit pay for faculty, renewal of contracts, and support tenure and promotion decisions; and help current and future students decide on classes. The evaluation system can be accessed at [www.CourseEvalUM.umd.edu](http://www.CourseEvalUM.umd.edu).

Course Outline / Course Calendar:

<table>
<thead>
<tr>
<th>Module</th>
<th>Topic</th>
<th>Assignment</th>
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</thead>
<tbody>
<tr>
<td>Module 1</td>
<td>In-class T 8/28</td>
<td>Introductions and Course Overview</td>
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<tr>
<td></td>
<td>Online</td>
<td>What is Community Health?</td>
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<td></td>
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<td>What is Public Health?</td>
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<td></td>
<td>Ethics in Public Health</td>
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</table>
### Module 2
**Online**
- **Who’s Who in BCH**

**Action Item 2**
- Faculty Title matching
- Faculty Email

### Module 3
**Online**
- **Terminology in the Field/Profession**

**Crossword Puzzle #1**
- Crossword Puzzle #2
- Action Item 3

### Module 4
**In-class**
- **9/11**
  - **Degree Program Information**
  - **Guest Speakers:** Jenny Hodgson & Matt Wootten

**Action Item 4**
- BCH Website Scavenger Hunt

**Online**
- **ePortfolio/ Portfolium onboarding**

**Portfolium Assignment**

### Module 5
**Online**
- **Health Organizations & Employment Opportunities**

**Essential Skills purpose game**
- Organization worksheet
- Job Search worksheet
- Action Item 5

**Online**
- **Microsoft Office/Program Tutorials, etc**

**Lynda Trainings**

### Module 6
**Online**
- **Library and Research Resources**

**Library Resources Quiz**
- Professional Article Review
- Action Item 6

### Module 7
**In-class**
- **10/9**
  - **Capstone Internship Experience**
  - **Guest Speaker:** Tracy Kennedy

**Database assignment**

**Online**
- **Post-Baccalaureate/Graduate School Building Your Resume**

**Terp Guide review**
- Set up C4T account
- Visit Career Center
- Action Item 7

### Module 8
**In-class**
- **10/16**
  - **Building the Big Picture Overview**
  - **Course Wrap Up**

**Big Picture (in-class)**
- Action Item 8

### Additional Literature, Websites and Other Resources:
To enhance the modules in this course and provide further assistance in your academic career, additional resources will be provided throughout the course.

**Grading Procedures and Assignments:** Descriptions, expectations and due dates are provided on the course Canvas site. Assignments and corresponding points include:

<table>
<thead>
<tr>
<th>Module</th>
<th>Assignment</th>
<th>Points</th>
<th>Due Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mod 1</td>
<td>“Self” Infographic Philosophy Statement</td>
<td>15 20</td>
<td>9/14</td>
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<tr>
<td>Mod 2</td>
<td>Faculty Title matching Faculty Email</td>
<td>10 15</td>
<td>9/14</td>
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<tr>
<td>Mod 3</td>
<td>Vocabulary crossword 1 Vocabulary crossword 2</td>
<td>25 25</td>
<td>9/14</td>
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<tr>
<td>Mod 4</td>
<td>BCH Website Scavenger Hunt Portfolium assignment</td>
<td>20 20</td>
<td>10/5</td>
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<tr>
<td>Mod 5</td>
<td>Essential Skills purpose game</td>
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<td>Health Organizations</td>
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<td>Job Search worksheet</td>
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<tr>
<td>Lynda Training</td>
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<tr>
<td>Mod 6</td>
<td>Library Resources Quiz</td>
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<td>Professional Article Review</td>
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<tr>
<td>Mod 7</td>
<td>Database assignment</td>
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<td>Terp Guide review</td>
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<td>Set up C4T account</td>
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<td>Visit Career Center with a friend</td>
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<tr>
<td>Mod 8</td>
<td>Big Picture terms</td>
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<td>Action Plan (all areas)</td>
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**Total Points: 335**

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<td>267 – 256</td>
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Let’s build a groundswell of support for the prevention and public health programs we know improve the health of our communities.

-NPHW.org