WHY MAJOR IN BEHAVIORAL & COMMUNITY HEALTH?
:: a field geared toward serving others

BEHAVIORAL & COMMUNITY HEALTH is a diverse and dynamic field focused on making meaningful contributions in communities to impact health and quality of life. Community health professionals work to improve health through programs that promote health and prevent disease, illness and injury.

Our Bachelor of Science in Community Health degree program will prepare you to understand and address the complex individual, community, and societal factors impacting health. Graduates of our applied, hands-on program work as researchers, administrators, community advocates, educators, social workers, and laboratory scientists to protect public health. Others continue their education in health-related graduate programs.

OUR PROGRAM
Community Health majors are immersed in a highly-structured, professionally-focused program designed to transition students into engaged, prepared, and well-informed public health practitioners. Students also have opportunities to learn outside the classroom through volunteer work, study abroad opportunities, collaboration with departmental faculty through independent study, work with the University Health Center for credit, and public health-related student groups. All students participate in a full-time, mentored internship during their final semester.

Students also have the opportunity to choose from three optional specializations within the major: Health Communication, Special Populations, or Health Risk Behavior.

Some of our courses include:
- Poor in America: Health & Well-Being
- Minority Health
- Global Health Messages: Understanding Exposure & Impact
- Human Sexuality

MORE INFORMATION
sph.umd.edu/bch
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UNIVERSITY OF MARYLAND
School of Public Health
0222 SPH, Bldg. 255
University of Maryland
College Park, MD 20742

ABOUT THE UMD SCHOOL OF PUBLIC HEALTH
- Accredited by the Council on Education for Public Health
- 25 degrees and academic programs
- More than 2500 undergraduate students and 300 graduate students
- Most culturally and racially diverse student body at UMD
- Ranked #22 among all Schools of Public Health by US News and World Report
- Unique strengths in family science and kinesiology
- Less than 8 miles from unique research & professional opportunities in Washington, D.C.
WHAT WILL YOU DO with your COMMUNITY HEALTH DEGREE?

Our majors have distinctive opportunities to become better prepared and tackle what’s ahead after graduation. Here are some facts about recent Community Health graduates!

93% of recent undergraduates reported having plans after graduation
56% going on to full-time employment
23% continuing their education in graduate & professional fields such as public health, medical school, nursing school, epidemiology, health services administration, biotechnology, and more!

Real Entry-Level Jobs

Research Assistant
Community Outreach Specialist
Defense Health Program Analyst
Health Communications Associate
Health and Wellness Coordinator
Research and Evaluation Specialist
Diabetes Prevention Program Associate
Program Associate, Women and Infant Health
Program Coordinator, Health Strategies

How our majors are gaining experience outside the classroom

<table>
<thead>
<tr>
<th>Experience Type</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full-time internships</td>
<td>100%</td>
</tr>
<tr>
<td>Student groups</td>
<td>82%</td>
</tr>
<tr>
<td>Community service</td>
<td>57%</td>
</tr>
<tr>
<td>Part-time jobs</td>
<td>51%</td>
</tr>
<tr>
<td>Research projects</td>
<td>37%</td>
</tr>
</tbody>
</table>

17% of students found jobs through previous positions & internships
24% found jobs through family & friends
31% found jobs online

All data based on the UMD Graduation Survey for the SPH class of 2014-2015.
OUR PROGRAM
Our department is a campus leader in promoting sensitivity to gender, class, religious, disability, and cultural issues. Diversity issues are a focus both inside and outside the classroom.

In addition to the required internship, you can take advantage of a wide variety of research opportunities throughout the department. Want to go even deeper? Choose our Family Science honors program and complete an independent honors thesis for a more advanced educational experience.

Some of our courses include:
• Couple Relationships
• Personal & Family Finance
• Violence in Families
• Poverty, Affluence, & Families
• Legal Aspects of Family Problems
• Adulthood and Aging in Families

MORE INFORMATION
sph.umd.edu/fmsc

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FAMILIES ARE THE FOUNDATION of society and the public’s health. The Bachelor of Science in Family Science trains students to use scientific methods to understand family development and behavior, and address family problems. You’ll learn to analyze and improve the quality of family life through education, applied research, policy analysis, and human services program management. Our graduates enter diverse career fields where they address family issues such as parenting, personal and family finance, family decision-making, adoption, child and domestic abuse, mental health, elder care, physical wellness, and family support.

WHY MAJOR IN FAMILY SCIENCE?
:: the study of families and the challenges they face

CHARLENE OSEI, B.S.
FAMILY SCIENCE ’14
Emergency Management Specialist, Federal Emergency Management Agency
“The Family Science major taught me not only the importance of sustaining the lives of individual and families, but also the love that is needed to assist, strengthen, and care for families through their good and bad times-- something I practice every day in my work at FEMA.”

UNIVERSITY OF MARYLAND
SCHOOL OF PUBLIC HEALTH
Internships 100%
Community service 41%
Student groups 68%
Part-time jobs 49%

All data based on the UMD Graduation Survey for the SPH class of 2014-2015.

The Family Science major prepares students for a wide range of careers. Here's what recent grads say about their Family Science degree!

- 87% of recent undergraduates reported having plans after graduation
- 51% going on to full-time employment
- 24% continuing their education in graduate & professional fields such as social work, clinical psychology, nursing, child life specialty, and more!

Real Entry-Level Jobs
- Rehabilitation Direct Care Coach
- Service Coordinator
- Adoption Coach
- Research Associate
- Family Case Manager
- Behavioral Therapist
- Lab Assistant
- Health Information Specialist
- Community Outreach Specialist

How our majors are gaining experience outside the classroom

<table>
<thead>
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<th>Experience</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Internships</td>
<td>100%</td>
</tr>
<tr>
<td>Student groups</td>
<td>68%</td>
</tr>
<tr>
<td>Part-time jobs</td>
<td>49%</td>
</tr>
<tr>
<td>Community service</td>
<td>41%</td>
</tr>
<tr>
<td>Research projects</td>
<td>16%</td>
</tr>
</tbody>
</table>

- 17% of students found jobs through previous positions & internships
- 26% found jobs through family & friends
- 31% found jobs online

Where Family Science Grads Are Working

sph.umd.edu/department/fmsc
OUR PROGRAM
The Kinesiology program provides a hierarchical approach to the study of human movement. Our major core of seven courses will ground you in the essential sub-disciplines of human movement, setting the stage for advanced, more specific coursework.

You'll participate in a capstone course during your final semester, and have the option of pursuing a specialization to prepare for a specific career.

Internships, faculty-student research opportunities, and our Kinesiology honors program all offer opportunities for invaluable learning and career prep.

Some of our courses include:
• Sport in American Society
• Neural Bases of Human Movement
• Psychology of Exercise and Health
• Sport Globalization
• Exercise and Body Composition
• Biomechanics of Sport

IN OUR DEPARTMENT OF KINESIOLOGY, you’ll study the complex role of physical activity in human health across the lifespan.

The Bachelor of Science in Kinesiology addresses the historical, cultural, developmental, biomechanical, neuromotor and physiological bases for participation in movement activities.

You’ll learn how those theoretical foundations shape physical activity, exercise, sport, and wellness for people of all ages, all while honing your own interests within this diverse field. Prepare for a career in sports- or fitness-related fields, medical professions, research, and other professional arenas.

WHY MAJOR IN KINESIOLOGY?
:: the science of human movement and physical activity

BROOKS LEITNER, B.S.
KINESIOLOGY ’15
Research Fellow, National Institute of Diabetes and Digestive and Kidney Diseases
“I got a broad background in public health, human anatomy and physiology. I worked with a fantastic mentor on his research on exercise and brain health, and developed my own skills and curiosity as a researcher. This was essential in my pursuit of a career in science and medicine at the NIH.”

MORE INFORMATION
sph.umd.edu/knes

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The Kinesiology major is flexible, allowing development of many different career tracks. Here’s what recent grads say about their Kinesiology degree from the UMD School of Public Health!

- **84%** of recent undergraduates reported having plans after graduation
- **45%** going on to full-time employment
- **30%** continuing their education in graduate & professional fields such as physical therapy, sports management, medical school, occupational therapy, nursing school, physician assistant programs, public health - physical activity, and more!

**Real Entry-Level Jobs**

- Personal/Group Trainer
- Fitness Instructor
- Chiropractic Assistant
- Physical Therapy Technician
- Rehabilitation Specialist
- Nonprofit Sport Coordinator
- Research Data Associate
- Coach
- Physical Education Teacher

**Where Kinesiology Grads Are Working**

- Internships
- Student groups
- Part-time jobs
- Community service
- Research projects

**How our majors are gaining experience outside the classroom**

- Internships: 73%
- Student groups: 56%
- Part-time jobs: 49%
- Community service: 46%
- Research projects: 14%

- **17%** of students found jobs through previous positions & internships
- **24%** found jobs through family & friends
- **33%** found jobs online

*All data based on the UMD Graduation Survey for the SPH class of 2014-2015.*
WHY MAJOR IN PUBLIC HEALTH SCIENCE?

:: building a science foundation for public health

PREPARE FOR A CAREER that addresses public health challenges facing global communities today.

Our interdisciplinary degree program in Public Health Science enables you to succeed in public health, medicine, dentistry, pharmacy, nursing, or allied health professions, such as occupational and physical therapy.

Our students go on to graduate programs in varied disciplines, careers in health professions at local, national and global organizations, and interdisciplinary work in disease prevention, environmental protection, and health promotion.

OUR PROGRAM

The Public Health Science program includes a strong curriculum in science and public health courses, such as biostatistics, epidemiology, environmental health, and global health.

Students have the opportunity to explore public health through electives, laboratory experiences, optional internships, and a culminating interdisciplinary capstone course.

In addition to foundational courses in the natural sciences, our students' public health courses include:

• Behavioral and Community Issues in Public Health
• Environmental Justice, Racism, and Environmental Health Disparities
• Social, Political, and Ethical Issues in Public Health
• Public Health Emergency Preparedness
• Global Health

MORE INFORMATION

sph.umd.edu/phs

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Assistant Director, Public Health Science
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UNIVERSITY OF MARYLAND
SCHOOL OF PUBLIC HEALTH
WHAT WILL YOU DO with your PUBLIC HEALTH SCIENCE DEGREE?

UMD public health students have unparalleled access to unique research & internship opportunities. Here’s what recent grads say about their Public Health Science degree!

**Real Entry-Level Jobs**
- Lead Care Manager
- Medical Technician
- Certified Pharmacy Technician
- Clinical Staff
- Program Analyst
- Clinical Research Assistant
- Behavior Therapist

**How our majors are gaining experience outside the classroom**

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32% of students found jobs through previous positions & internships
21% found jobs through family & friends
26% found jobs online

All data based on the UMD Graduation Survey for the SPH class of 2014-2015.

sph.umd.edu/phs
MY COMMUNITY HEALTH MAJOR TAUGHT ME PUBLIC PEAKING, CRITICAL THINKING, AND COMMUNITY OUTREACH SKILLS THAT I USE EVERY DAY IN MY WORK AS A FARM-TO-SCHOOL EDUCATOR.

THE UMD SCHOOL OF PUBLIC HEALTH prepares students to recognize and understand the world’s most pressing health problems and to play a practical role in developing solutions to these challenges. Public health addresses complex issues: the obesity epidemic, climate change, substance abuse, health disparities, gun violence and other issues that affect our lives everyday. No matter which of our four bachelor’s degrees you choose, you will gain a strong foundation in the tools of public health and have unique internship opportunities that give you the real world experience employers seek.

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UMD public health students have unparalleled access to unique research & internship opportunities. Here’s what recent grads say about their **UMD School of Public Health** degree!

**86%**
of recent undergraduates reported having plans after graduation

**50%**
going on to full-time employment

**26%**
continuing their education in graduate & professional fields such as public health, healthcare, public policy and administration, social work, counseling, and more!

**Real Entry-Level Jobs**

- Community Health Worker
- Family Case Manager
- Physical Therapy Technician
- Clinical Research Assistant
- Community Outreach Specialist
- Tobacco Cessation Coordinator
- Behavior Therapist
- Program Associate, Women and Infant Health
- Program Coordinator, Health Strategies
- Corporate Wellness Program Manager
- Program Analyst
- Youth Program Coordinator

**How our students are gaining experience outside the classroom**

- Internships: **90%**
- Part-time jobs: **48%**
- Student groups: **46%**
- Community service: **41%**
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