

## Kinesiology Four-Year Template – General Education

Be sure to consult the KNES Website ([http://sph.umd.edu/KNES/ugrad/overview\\_ugrad.html](http://sph.umd.edu/KNES/ugrad/overview_ugrad.html)) for specifics on all requirements.

Requirements	Year 1: Fall	Credit	Year 1: Spring	Credit
<b>Benchmark 1 Requirements</b> BSCI105 and one KNES Core course must be completed by the end of <b>two semesters</b> into the major.  <i>KNES200 is a 3-credit course and restricted to first-semester students. KNES201 is a 1-credit course for external and internal transfers. Students who take KNES201 to fulfill this requirement must complete an additional 2 credits of elective.</i>	MATH113 (MA)	3	ENGL101 (AW)	3
	Humanities (HU)*	3	BSCI 170/171(NL)	4
	KNES293 (HS)	3	KNES287 (UP)	3
	KNES200 (or KNES201)	3	Humanities (HU)*	3
	Elective	1	SPHL100	<u>3</u>
	Activity	<u>1</u>		
	<i>Total</i>	<i>14</i>		<i>Total</i>
<b>Benchmark 2 Requirements</b> BSCI201 and a total of two KNES Core courses must be completed by the end of <b>three semesters</b> into the major.  <b>Benchmark 3 Requirements</b> BSCI202 and a total of three KNES Core courses must be completed by the end of <b>four semesters</b> into the major.	<b>Year 2: Fall</b>	<b>Credit</b>	<b>Year 2: Spring</b>	<b>Credit</b>
	BSCI201	4	BSCI202	4
	KNES370	3	KNES350 (HS)	3
	Oral Communication (OC)	3	Statistics +	3
	Scholarship in Practice (SP)* Outside Major	3	Analytic Reasoning (AR)*	3
	Activity	<u>1</u>	Elective	<u>3</u>
	Elective	<u>3</u>		
	<i>Total</i>	<i>17</i>		<i>Total</i>
<b>Major Requirements</b> BSCI201 is a prerequisite for KNES300.  +STAT100 or other approved courses may also fulfill the AR requirement.  <b>*All students must complete two Distributive Studies courses that are approved for I-series courses. Courses for Understanding Plural Societies and Cultural Competence may also fulfill a distributive studies requirement.</b>	<b>Year 3: Fall</b>	<b>Credit</b>	<b>Year 3: Spring</b>	<b>Credit</b>
	KNES360	4	KNES300	4
	Elective	3	KNES385	3
			Elective	3
	Elective	3	Professional Writing (PW)	3
	Elective	3	Elective	<u>3</u>
	Activity	<u>1</u>		
<i>Total</i>	<i>14</i>		<i>Total</i>	<i>16</i>
<b>Major Requirements</b> KNES497 prerequisite: Completion of Professional Writing, Statistics, six KNES Core and two Option courses.  KNES Core courses can be taken in any sequence and in any combination as long as students have the prerequisite(s).  Students should consult with an advisor to optimize their scheduling & performance.	<b>Year 4: Fall</b>	<b>Credit</b>	<b>Year :4 Spring</b>	<b>Credit</b>
	KNES Option #1	3	KNES497 (SP)	3
	KNES Option #2	3	KNES Option #3	3
	Elective	3	KNES Option #4	3
			Elective	3
	Elective	3	Activity	<u>1</u>
	Elective	<u>3</u>		
<i>Total</i>	<i>15</i>		<i>Total</i>	<i>12</i>
<b>TOTAL Credits = 120</b>				

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