Successful graduation from the Department of Kinesiology Honors Program requires:

1. **At least 12 credits of course work** must be completed in Honors or Honors equivalent courses. This requirement may be met in the following ways:
   
a. 6-12 credits in 300 or 400-level Honors-section courses in the Dept. of Kinesiology.*
   
   and/or
   
b. 3-6 credits in 300-level or above University or College Honors courses
   
   and/or
   
c. 3-6 credits of graduate courses (in KNES; 600-level and above)
   
   *In special circumstances, 3 credits of other coursework can be applied toward the honors requirement.

2. **At least 6 credits of research/scholarship and thesis writing** under the direction of a faculty member, culminating in a written thesis approved by the faculty member and the Honors Director. The student is also required to formally present an oral defense of the thesis. The thesis requirement involves the following:
   
a. KNES 478 - Honors Seminar (3-4 credits depending on number of semesters in program; 1 credit per semester).
   
b. KNES 476 - Honors Thesis Proposal (3 credits).
   
c. KNES 477 - Honors Thesis (3 credits).

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<th>Course</th>
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**GPA Requirement:**  
**GPA:**

**Graduation with Honors requires:** all honors course requirements, plus overall GPA of 3.50 or higher, with at least 60 credits completed at UMCP.

**Graduation with High Honors requires:** all honors course requirements with A or B, “outstanding” thesis (as rated by committee), and overall GPA of 3.70 or higher, with at least 60 credits completed at UMCP.