Cancer Resource Guide
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**Breast Cancer Screening**

All women age 40 and older with Medicare can get a mammogram every 12 months. A baseline mammogram is available for women ages 35-39.

**Cost:** You pay nothing for the test if your doctor accepts Medicare.

**Prostate Cancer Screening**

All men age 50 and older with Medicare are eligible for prostate cancer screening. Medicare covers a digital rectal exam and Prostate Specific Antigen (PSA) test every 12 months.

**Cost:**

- You pay 20% of the Medicare-approved amount for the digital rectal exam after the yearly Part B deductible.
- You pay nothing for the PSA test.
Colorectal Cancer Screening

All people age 50 and older with Medicare are eligible for colorectal cancer screening.

- *Fecal Occult Blood Test*: Covered once every 12 months.
- *Sigmoidoscopy*: Covered once every 4 years OR 10 years after a previous colonoscopy for people not at high risk.
- *Colonoscopy*: Covered once every 10 years OR once every 2 years if at high risk OR every 4 years after a previous sigmoidoscopy.
- *Barium Enema*: Covered every 2 years if at high risk, OR 4 years if not at high risk.

Cost:

- You pay nothing for the fecal occult blood test.
- You pay nothing for the sigmoidoscopy or colonoscopy if your doctor accepts Medicare.
- For barium enemas, you pay 20% of the Medicare-approved amount for the doctor’s services. The Part B deductible does not apply.

For more Medicare information:
Call (800) 633-4227
or
Visit http://www.medicare.gov
Medicaid Coverage

Medicaid should cover breast, colorectal, and prostate cancer screening tests.

For more Medicaid information:
Call (800) 492-5231
or
Visit
http://mmcp.dhmh.maryland.gov/SitePages/Home.aspx
Maryland, Virginia, DC Residents

**Breast and Cervical Cancer Screening Program**
Free screening, including mammograms for eligible women.
For more information:
- Prince George’s County residents call (301) 883-3525
- Baltimore County residents call (410) 887-3432
- Other Maryland Residents call (800) 477-9774
- Visit http://phpa.dhmh.maryland.gov/cancer/Pages/bccdt_home.aspx

**Maryland Colorectal Cancer Control Program**
Free screening for eligible Maryland residents. For more information:
- Prince George’s County residents call (301) 883-3524
- Baltimore County residents call (410) 877-3456
- Other Maryland residents call (800) 477-9774
- Or visit http://phpa.dhmh.maryland.gov/cancer/Pages/crf_cpest.aspx

**The Rosemary Williams Mammoday Program at Howard University**
Free mammograms for eligible, uninsured women.
For more information:
- Call (202) 865-4655

**Men Take Ten Prostate Cancer Early Detection and Education Program**
Free prostate cancer screening to men 40-75 in the DC metro area.
Offered every third Wednesday of the month by appointment only at the Howard University Cancer Center, Suite B125
For more information:
- Call (202) 806-7697
  or (202) 865-4653
To find free or low-cost screening and resources near you visit:
http://www.cancer.org/treatment/supportprogramsservices/app/resource-search

1. Call the American Cancer Society at (888) 227-6333.
2. Give them your zip code.
3. They will tell you where you can be screened for free or at low cost.

Free PSA and DRE screening.
For more information:
- Visit http://zerocancer.org/events/free-testing/calendar/
Baltimore City Residents

Baltimore City Cancer Program
Free breast cancer screenings based on eligibility Monday through Friday 8:30 AM — 4:00 PM at the following health centers:

- University Care at Edmonson Village
  (410) 328-2273
- University of Maryland Primary Care at Heritage Crossing (410) 244-7026
- University of Maryland Primary Care at Bolton Hill
- Call (410) 328-4673

Colon Cancer Screening Program
Free colon cancer screening based on eligibility through the Baltimore City Health Department Screening Program at MedStar Harbor Hospital

- Call (410) 350-8216

Washington, DC Residents

Hopkins Breast Cancer Inc.
Financial assistance for men and women with breast cancer in living in metro D.C.

- Call (301) 585-8812
- Or visit http://hopkinsbcinc.org

The George Washington University Hospital
Free PSA and DRE screening for men 40-70 years of age with no history of prostate cancer. Offered every third Friday of the month 8:30 – 11:30 AM by appointment only.

MFA Ambulatory Care Center
22nd and I streets NW
Washington, DC 20037
For more information:

- Call (202) 741-3106
- Or visit http://www.gwhospital.com/community-information/community-health-screenings
General Cancer Information

Centers for Disease Control and Prevention

Telephone Number: (800) 232-4636
Website: www.cdc.gov

American Cancer Society

Telephone Number: (800) 227-2345
Website: www.cancer.org

Cancer Information Service

Telephone: (800) 422-6237
Website: http://www.cancer.gov/aboutnci/cis/
Medical Resources

General Health

**Maryland**

**Adam’s House**
Suitland Health and Wellness Center
5001 Silver Hill Rd.
Suitland, MD 20746
(301) 817-1900

**Bowie Health Campus**
15001 Health Center Dr.
Bowie, MD 20716
(301) 262-5511

**Doctors Community Hospital**
8118 Good Luck Rd.
Lanham, MD 20706
(301) 552-8118

**Glen Ridge Medical Center**
7582 Annapolis Rd.
Hyattsville, MD 20784
(301) 322-2326

**Greater Baden Medical Services**
http://www.gbms.org/

Greater Baden at Brandywine
7450 Albert Rd.
Brandywine, MD 20613
(301) 888-2233

Greater Baden at LaPlata
6 Garrett Ave.
LaPlata, MD 20646
(301) 539-5100

Greater Baden at Leonardtown
23140 Moakley Street, Suite 4
Leonardtown, MD 20650
(301) 997-1029

Greater Baden at Suitland
5001 Silver Hill Road, 2nd Floor
Suitland, MD 20746
(240) 492-2500
Greater Baden at Capitol Heights
1458 Addison Rd. South
Capitol Heights, MD 20743
(301) 324-1500

**Laurel Regional Hospital**
7300 Van Dusen Rd.
Laurel, MD 20707
(301) 725-4300
(410) 792-2270

**Planned Parenthood**
http://www.plannedparenthood.org

Annapolis Health Center
929 West Street #305
Annapolis, MD 21401
(410) 263-2100

Baltimore City Health Center
330 North Howard Street
Baltimore, MD 21201
(410) 576-1414

Waldorf Health Center
3975 St. Charles Parkway
Gateway Plaza E-3 & E-4
Waldorf, MD 20602
(301) 645-6800

*Prince George’s Hospital Center*
3001 Hospital Dr.
Cheverly, MD 20785
(301) 618-2000

**MedStar Southern Maryland Hospital**
7503 Surratts Rd.
Clinton, MD 20735
(855) 633-0205

*Washington, D.C.*

**Kaiser Permanente**
http://www.kaiserpermanenete.org

Capitol Hill Medical Center
700 Second St. NE
Washington, DC 20852
(202) 346-3000

Northwest D.C. Medical Office Building
2301 M St. NW
Washington, DC 20037
(844) 549-0597
Planned Parenthood
http://www.plannedparenthood.org

Downtown Center
1108 16th Street NW
Washington, DC 20036
(202) 347-8512

Northwest Egypt Center
3937 Minnesota Avenue NE
Washington, DC 20019
(202) 388-4770

Breast Cancer

Betty Lou Ourisman Breast Health Center
Georgetown University Hospital
3800 Reservoir Road, NW
Lombardi Comprehensive Cancer Center
Ground Floor
Washington, DC 20007
(202) 444-3315

Capital Breast Care Center
650 Pennsylvania Avenue, SE, Suite 230
Washington, DC, 20003
(202) 784-2720
http://www.capitalbreastcare.org/

Washington Cancer Institute
110 Irving St. NW
Washington, DC 20010
(202) 877-3901
http://www.medstarhealth.org/mhs/our-services/breast-health-program

Center for Breast Health
Washington Cancer Institute
110 Irving St. NW, Suite 1300
Washington, DC 20010
(202) 877-7937
http://www.medstarhealth.org/mhs/our-services/breast-health-program
Prostate Cancer

**Maryland**

**Dr. James D. Biles III**
600 Ridgely Ave.
Annapolis, MD 21401
(410) 266-8049

**Central MD Nephrology LLC**
7331 Hanover Pkwy Ste B
Greenbelt, MD 20770
(301) 345-0605

**MidAtlantic Urology Associates LLC**
7500 Greenway Center Dr.
Greenbelt, MD 20770
(301) 477-2000

**Murdock Urology of MidAtlantic Urology Associates**
7500 Greenway Center Dr. 8th Floor
Greenbelt, MD 20770
(301) 474-1111
http://www.murdockurology.com/

**Washington, DC**

**Dr. Frederick B. Hendricks**
2141 K St. NW #308
Washington, DC 20037
(202) 293-9244

**Men’s Health**
236 Massachusetts Av. NE Ste#301
Washington, DC 20002
(202) 543-6461
www.menshealthmonth.org

**Urology- Georgetown University Hospital**
3800 Reservoir Road, NW
Pasquerilla Healthcare Center (PHC)
4th floor
Washington, DC 20007
General Info: (202) 444-4922
Fax: 1-877-625-1478

**Virginia**

**Dr. Bernard J. Rogus**
3801 International Dr. Ste #205
Silver Spring, MD 20906
(301) 598-9717

**Metropolitan Nephrology Associates PC**
Lynch Barlow S. MD
2616 Sherwood Hall Lane
Alexandria, VA 22306
(703) 360-3100
Colorectal Cancer

Gastrointestinal Oncology Center
Washington Cancer Institute
110 Irving St. NW
Washington, DC 20010
(202) 877-3908
http://www.medstarwashington.org/our-services/gastroenterology/
Support Groups

General Cancer Support Groups

**Online Support Groups**

*WhatNext*
Cancer Support Network
For more information: visit http://whatnext.com

*Circle of Sharing*
Personalize your cancer information
For more information: Visit https://circleofsharing.cancer.org

*I Can Cope—Online*
Interactive online program
For more information: Visit www.cancer.org/onlineclasses

**Men with Cancer Support Group**
Cancer Care
15-week online support group
For more information: Visit http://www.cancercare.org/support_groups/50-men_with_cancer_support_group

**Women with Cancer Support Group**
Cancer Care
15-week online support group
For more information: Visit http://www.cancercare.org/support_groups/47-women_with_cancer_support_group

**Prince George’s County**

*Hope Connections for Cancer Support*
Cancer Care
Weekly, Monthly, Bimonthly support
MetroPlex I
8401 Corporate Drive, Suite 100
Landover, MD 20785
(240) 714-4744
Breast Cancer Support Groups

**Prince George’s County**

**Doctors Community Hospital**
Meeting Date: 3rd Tuesday of every month
Time: 7:00 – 9:00 PM
Location: Education Center Room 415, 4th floor of the North Building
8100 Good Luck Road, Lanham, MD
For more information:
- Call (301) 552-8524
- Visit www.dchweb.org

**Common Bond**
Meeting Date: 3rd Tuesday of every month
Time: 6:00 – 8:00 PM
Location: Conference Room 1
Health Department Headquarters Building, 1701 McCormick Drive, Suite 200
Largo, MD 20774
For more information: Call (301) 883-3526

**Washington, D.C.**

**Providence Hospital Wellness Institute**
Meeting Dates: TBA
Time: TBA
Location: 3rd floor
1150 Varnum Street, NW
Washington, DC 20011
For more information: Call (202) 269-7543

**Online Support Groups**

**Breast Cancer Support Group**
Cancer Care
15-week online support group
For more information: Visit http://www.cancercare.org/support_groups/43-breast_cancer_patient_support_group

**Telephone Support Groups**

**Breast Cancer Support Group**
Cancer Care
For more information: Call (800) 813-4673
Prostate Cancer Support Groups

**Prince George’s County**

**MedStar Southern Maryland Hospital Center**
Meeting Date: 2nd Tuesday of every month
Time: 6:30 – 8:00 PM
Location: Hospital Library in MedStar Southern Maryland Hospital Center
7503 Surratts Road, Clinton, MD 20735
For more information: Call (301) 877-5700

**Washington, D.C.**

**Providence Hospital Wellness Institute**
Meeting Date: Call for dates and times
Location: 1150 Varnum Street, NW
Washington, DC 20017
For more information: Call (202) 269-7795
Colorectal Cancer Support Groups

**Washington, D.C.**

**Colon Cancer Alliance’s Buddy Program**

Peer-to-peer support
Meeting Date: Call or go online to request a buddy
For more information:
- Call (877) 422-2030
- Visit http://www.ccalliance.org/volunteer/buddy_program.html

**Online Support Groups**

**MY CRC Connections**
For more information:
Visit http://mycrcconnections.ning.com

**Telephone Support Groups**

**Help Line**
Colon Cancer Alliance
Dates: Monday – Friday
Time: 9:30 AM – 4:30 PM EST
For more information: Call (877) 422-2030

**Colorectal Cancer Patient Support Group**
Cancer Care
12-week telephone group
For more information: Call (800) 813-4673
Acknowledgements

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Project HEAL
*Health through Early Awareness and Learning*

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http://bit.ly/CHAMPLab

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