The Department of Family Science advances the concept of family well-being as the foundation for a healthy society by exploring issues such as parenting and couple relationships, poverty, domestic violence, family finance, mental health, maternal and child health, health disparities, and family and health policy.

We promote individual, family and community strategies to improve the public’s health through research, clinical practice, family advocacy and public policy analysis at local, national and international levels.

Ours is the first department of its kind located in an accredited School of Public Health, and we are committed to understanding the role family relationships play as one of the social determinants of health. Because of our strong emphasis on diversity, disparities and community outreach and education, the University of Maryland President’s Commission on Ethnic Minority Issues has repeatedly recognized our department as an “outstanding academic unit.”

Recent research and service projects include:

- a state-funded program supporting the mental health needs of Maryland veterans and their families
- a community health-based effort to offer a comprehensive primary care intervention for low-income teen parents
- and investigations of how children’s time spent watching or playing with media, studying and participating in sports impacts health.

Students graduate with skills and knowledge for professional work in educational, governmental, research and clinical settings.

“My research interests center around fathers—low-income men, minority men, and young fathers. The reason I study this is that fatherhood and family dynamics are an important component of the social determinants of health that we have yet to fully understand.”

DAMIAN WATERS, MS, ’09, COUPLE AND FAMILY THERAPY
PHD, ’15, FAMILY SCIENCE
GRADUATE DEGREES OFFERED:

Master of Science, Couple and Family Therapy (CFT)
Train to become a professional with superior therapeutic skills, ethical integrity, intellectual curiosity and a sincere commitment to working with families from diverse populations. You’ll undertake coursework and receive the supervised clinical training required in states with Couple and Family Therapy licensure. Recognized among the top programs of its kind in the nation, our CFT degree offers real-world experience through the Center for Healthy Families, a state-of-the-art training and research facility that provides free and reduced-cost counseling to more than 450 families annually. The CFT program is accredited by the Commission on Accreditation for Marriage and Family Therapy Education of the American Association for Marriage and Family Therapy.

Doctor of Philosophy, Family Science
Examine internal family processes and the dynamic interaction of families with the biological, psychological, social, political and economic aspects of their communities. Doctoral students develop a broad knowledge of family theory, research methodology, family programs and policy, ethnic minority families, and contemporary challenges confronting families.

Doctor of Philosophy, Maternal and Child Health
Get the training relevant to health problems and services for women, infants, children, and adolescents. Students are trained in research, policy, and practice to improve the health, safety, and well-being of these groups, with a particular emphasis on low income and ethnic minority populations. The program is unique in its focus on the whole family system and family health policy.

THE SCHOOL
Our vision is to be a leader in the discovery, application, and dissemination of public health knowledge in the state of Maryland, the nation, and the world. Faculty and students are involved in a broad range of scientific endeavors that advance knowledge through basic and applied research aimed at understanding and enhancing health and well-being across the lifespan. With a strong emphasis on promoting health equity and justice, many of our programs involve community-based participatory research and translational investigations, leading to dissemination of research findings into practice for the community, individuals and for health care settings.

With more than 2,300 students in 26 different degrees and academic programs, our School of Public Health prepares students to tackle longstanding and emerging public health issues and make meaningful contributions to the health and welfare of individuals and society. We do this utilizing the tools of traditional public health disciplines, and in collaboration with fields as varied as engineering, arts and humanities, business and public policy.

THE UNIVERSITY
A global leader in research, entrepreneurship and innovation, Maryland is ranked No. 21 among public universities by U.S. News & World Report and No. 14 among public universities by Forbes. The Institute of Higher Education, which ranks the world's top universities based on research, puts Maryland at No. 38 in the world, No. 29 nationally and No. 13 among U.S. public research institutions. Located “inside the beltway” just minutes from the nation's capital, the University of Maryland, College Park campus provides unparalleled access to unique opportunities for research and internships with major federal agencies and advocacy organizations.

In addition to being a vibrant hub of research and policy, the D.C. area’s rich and diverse culture make it an especially lively, friendly, accessible community for students to thrive professionally and personally.

ADMISSIONS DEADLINES
All admissions deadlines are for fall 2016 matriculation.

Master of Science, Couple & Family Therapy
International applicants
1/1/2016
Domestic applicants
1/15/2016

PhD, Family Science
12/15/2015

PhD, Maternal and Child Health
12/15/2015

MORE INFORMATION
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Graduate Program
1142 SPH Building
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College Park, MD 20742

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