Our department advances the concept of family well-being as the foundation for a healthy society. We explore issues such as parenting and couple relationships, poverty, domestic violence, family finance, mental health, maternal and child health, health disparities, and family and health policy. We promote individual, family and community strategies to improve the public’s health through research, clinical practice, family advocacy and public policy analysis at local, national and international levels.

Ours is the first department of its kind located in an accredited School of Public Health, and we are committed to understanding the role family relationships play as one of the social determinants of health. Because of our strong emphasis on diversity, disparities and community outreach and education, the University of Maryland President’s Commission on Ethnic Minority Issues has repeatedly recognized our department as an “outstanding academic unit.”

Recent research and service projects include:

- Research on HIV-IPV risk reduction for women and couples
- Groundbreaking studies of relationships between abortion, unintended pregnancy and mental health
- Investigations into racial disparities in vaccine uptake
- A teen pregnancy and parenting research group that evaluates interventions to address the needs of teen parents and reduce teen pregnancy

Students graduate with skills and knowledge for professional work in educational, governmental, research and clinical settings.

My research centers on reproductive health disparities and issues associated with preconception, pregnancy, and postpartum processes for women, men and couples. Using my graduate-level training, I plan to conduct research in this area and do clinical work with couples and individuals as they navigate pregnancy-related concerns.

Therapist, Lindsey Hoskins and Associates
Couple and Family Therapy
Graduate Degrees Offered

MASTER OF SCIENCE, COUPLE AND FAMILY THERAPY (CFT)

Train to become a professional with superior therapeutic skills, ethical integrity, intellectual curiosity and a sincere commitment to working with families from diverse populations. You’ll undertake coursework and receive the supervised clinical training required in states with Couple and Family Therapy licensure. Recognized among the nation’s top programs of its kind, our CFT degree offers real-world experience through the Center for Healthy Families, a state-of-the-art training and research facility that provides free and reduced-cost counseling to more than 450 families annually. The CFT program is accredited by the Commission on Accreditation for Marriage and Family Therapy Education of the American Association for Marriage and Family Therapy.

DOCTOR OF PHILOSOPHY, FAMILY SCIENCE

Examine internal family processes and the dynamic interaction of families with the biological, psychological, social, political and economic aspects of communities that affect family health and well-being. Doctoral students develop a broad knowledge of family theory, research methodology, family programs and policy, family diversity and contemporary challenges confronting families.

DOCTOR OF PHILOSOPHY, MATERNAL AND CHILD HEALTH

Obtain expertise relevant to health challenges and services for women, infants, children and adolescents. Students are trained in research, policy, and practice to improve the health, safety and well-being of these groups, with a particular emphasis on low income and ethnic minority populations. The program is unique in its focus on the whole family system and family health policy.

SPH AT A GLANCE

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TOTAL STUDENT BODY: 2,820
UNDERGRADUATE STUDENTS: 2,414
GRADUATE STUDENTS: 406
MPH STUDENTS: 207
OTHER MASTER’S STUDENTS: 55
DOCTORAL STUDENTS: 144

55% STUDENTS OF COLOR
25+ DEGREES AND ACADEMIC PROGRAMS
164 FACULTY MEMBERS
48 STAFF
$19 MILLION 2019 RESEARCH DOLLARS