**WHAT DO YOU GET?**

**Participants**
All focus group participants will receive a $10 gift card.

All questionnaire participants will be entered in a draw for one of five $50 gift cards.

The PEAT Study will also offer you the opportunity to enhance your awareness and knowledge of active transportation.

**WHAT DO I DO NOW?**

**Your Assent**
If you would like to take part, fill out the “HOW DO I SIGN UP?” portion of this brochure and return it to RCC, SCC, RTC or email your information to jenrob@umd.edu.

A PEAT Study researcher will contact you and your parent by phone or email to confirm your participation.

We will obtain your permission or assent prior to focus group and questionnaire participation.

**Parental Consent**
IMPORTANT: If you are under 18 years of age, you will also need to have your parent review the PEAT STUDY PARENT/GUARDIAN INFORMATION SHEET.

If your parent signs and returns the PEAT STUDY PARENT/GUARDIAN OPT-OUT REPLY SLIP, you will not be allowed to participate in the study.

If your parent reviews the information sheet and tells you it is okay to participate, you may take part in focus groups, questionnaire or both. You can decide!

**WHERE DO I GET MORE INFORMATION?**

You and your parent(s) can find more information about the PEAT Study on our website: www.sph.umd.edu/peatstudy.

You can also contact:
Dr. Jennifer D. Roberts
Principal Investigator
PEAT Study
Tel: (301) 405-7748
Email: jenrob@umd.edu

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Physical Environment and Active Transportation (PEAT) Study:
ADOLESCENT PARTICIPANT INFORMATION BROCHURE

Come Meet the PEAT Study Research Team!
WWW.SPH.UMD.EDU/PEATSTUDY
### HOW DO I SIGN UP?

If you would like to take part this study, please fill out this form and drop it off at RCC, SCC, RTC or email your information to jenrob@umd.edu.

First name: 
Last name: 
Phone: 
Email: 
Sex: 
Age: 

Please check your interest in which part of the PEAT Study you would like to participate.

- Focus Group: Yes  No
- Questionnaire: Yes  No
- Both: Yes  No

Thank you for taking part in this important study!
PEAT Study Team

### WHY ARE WE DOING THIS STUDY?

This is a study looking at:
- How you transport to and from school or other destinations
- Your opinion about walking, bicycling or taking public transportation
- What your neighborhood is like
- How much physical activity you do including active transportation

We hope you will be able to take part in this important public health and physical activity study.

We hope that the PEAT Study will help make you and all students in Fairfax County healthier and safer.

### WHY YOU?

The PEAT Study is looking for kids between 12 and 18 years of age and that includes you!

You do not have to take part, but if you do it will be a great help!

### WHAT WOULD YOU HAVE TO DO?

If you decide to take part, you will participate in a recorded focus group with 6-10 other kids or complete an online questionnaire or both.

Focus groups will take place at Reston Community Center (RCC), Southgate Community Center (SCC), and Reston Teen Center (RTC).

Online questionnaires can be filled out wherever you feel comfortable. The PEAT Study questions are not like those on a school test. There are no right or wrong answers. You do not have to complete all the questions.

Only researchers will see your data.

Please keep this brochure for your records.