

Certification: I have read the following and certify that this curriculum vita is a current and accurate statement of my professional record.

Signature



CURRICULUM VITAE

Norman B. Epstein, Ph.D.

Home Address: 14317 Yosemite Ct.
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Work Address: Department of Family Science
School of Public Health
University of Maryland
College Park, MD 20742
(301) 405-4013
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Current Position: Professor, Department of Family Science
School of Public Health
University of Maryland, College Park
Director, Couple and Family Therapy Program

EDUCATION

B.A. University of California at Los Angeles
Major: Psychology Date: 1969

M.A. University of California at Los Angeles
Major: Psychology Date: 1970

Ph.D. University of California at Los Angeles
Major: Psychology (Clinical and Personality) Date: 1974

RESEARCH EXPERIENCE

1992-present Professor of Family Science
University of Maryland, College Park

Research on marital and family therapy process and outcome, development of assessment instruments for intimate relationships; development and evaluation of treatments for distressed couples and families; investigations of the role of cognitive processes in relationship adjustment and dysfunction; anxiety and

depression in the relationship context; cross-cultural research on couple and family relationships; treatment of psychological and physical partner aggression in couple relationships.

2001-present Affiliated faculty, Department of Psychology, University of Maryland, College Park

2005-present Research affiliate to Centre de Recherche Interdisciplinaire sur les Problèmes Conjugaux et les Agressions Sexuelles (CRIPCAS), Quebec, Canada

1986-1992 Associate Professor of Family and Community Development, University of Maryland, College Park

1983-1986 Assistant Professor of Family and Community Development, University of Maryland, College Park

1984-1987 Assistant Professor of Medical Psychology, Research Consultant-The Johns Hopkins University School of Medicine, Baltimore

Consultation on NIMH funded investigation of psychotherapy and pharmacotherapy of major depression, Department of Psychiatry and Behavioral Sciences (one day per week)

1981-1983 Assistant Professor of Psychology in Psychiatry, School of Medicine, University of Pennsylvania; Director of Research, Center for Cognitive Therapy, University of Pennsylvania

1978-1981 Assistant Professor of Psychology in Psychiatry, School of Medicine, University of Pennsylvania; Research psychologist and staff member, Marriage Council of Philadelphia, University of Pennsylvania

1974-1978 Assistant Professor of Psychology, State University of New York at Buffalo

TEACHING EXPERIENCE

1992-present Professor, Department of Family Science, University of Maryland, College Park

Graduate and undergraduate courses on theory and research on couple and family relationships, couple and family therapy, research methods, human sexuality; clinical supervision of graduate trainees in couple and family therapy; supervision of graduate and undergraduate research.

1986-1992 Associate Professor, Department of Family and Community Development, University of Maryland, College Park

1983-1986 Assistant Professor, Department of Family and Community Development, University of Maryland, College Park

- 1978-1983 Assistant Professor of Psychology in Psychiatry, School of Medicine, University of Pennsylvania
- 1974-1978 Assistant Professor, Department of Psychology, Clinical/Community Area, State University of New York at Buffalo
- 1970-1972 Teaching Assistantships, Department of Psychology, University of California at Los Angeles

CLINICAL EXPERIENCE

- Licensure: Licensed as a clinical psychologist in Maryland
Licensed as clinical marriage & family therapist in Maryland
- 1975-present Part-time private practice as a clinical psychologist, and marital and family therapist
- 1991-present Psychological consultant, Greenbelt CARES Youth and Family Services Bureau, Greenbelt, MD.
- 2000-present Approved Supervisor, American Association for Marriage and Family Therapy
- 1981-1983 Staff member, Center for Cognitive Therapy, University of Pennsylvania
Assessment and therapy with individuals, couples, couple groups, and families; sex therapy.
- 1978-1981 Staff member, Marriage Council of Philadelphia, University of Pennsylvania
Marital, family & individual therapy; sex therapy.
- 1973-1974 Clinical psychology internship at Los Angeles Psychiatric Service and the Benjamin Rush Centers (now the Didi Hirsch Community Mental Health Center).
Psychotherapy and crisis intervention with individuals, couples, families, and groups. 25 hours/week.
- 1972-1973 Full-time clinical psychology internship; Children's Hospital of Los Angeles
Diagnosis and psychotherapy with children and parents; family therapy; consultation with schools.
- 1971-1972 Clinical psychology trainee, UCLA Psychology Clinic
Testing and psychotherapy with children and adults; family therapy and individual therapy.

HONORS AND CITATIONS

- 2017 Elected to membership in the Sigma Circle of Omicron Delta Kappa National Leadership Honor Society at the University of Maryland.

- 2015 Elected to Gamma Zeta chapter of Delta Omega national public health honorary society, at the University of Maryland School of Public Health
- 2014 Reviewer of the Year award from the *Journal of Marital & Family Therapy*
- 2009 Recipient of a Community Award from the Mental Health Association of Prince George's County (MHAPGC) in recognition of his efforts to improve mental health in the community, presented at the 54th Anniversary Celebration of the MHAPGC.
- 2006 Recipient of Angela Renay Ray Domestic Violence Award from the Domestic Violence Coalition (District Heights Family & Youth Service Center and the National Hook-Up of Black Women, Inc. Southern Maryland Chapter
- 2005 - Selected for listing in 2006 – 2018 editions of *Who's Who in America*, *Who's Who in Health Sciences Education*, *Who's Who in American Education*, *Who's Who in Medicine and Healthcare*, and *Who's Who in Science and Engineering*; 2018 *Who's Who in the World*; 2018 recipient of the Albert Nelson Marquis Lifetime Achievement Award.
- 1999 Elected Founding Fellow, Academy of Cognitive Therapy
- 1997 Recipient of Research and Development Award from the College of Health and Human Performance, University of Maryland, College Park
- 1995 Elected Diplomate of the American Board of Assessment Psychology
- 1994 Elected Fellow in Division of Psychotherapy(Division 29) of the American Psychological Association
- 1993 Elected Fellow of the American Psychological Association (Initial election in Division of Family Psychology, Division 43)
- 1984 Listed in Outstanding Young Men of America

RESEARCH PROJECTS

Grant awards:

- 1983 Co-principal investigator (with Aaron T. Beck), NIH grant # 1-ROI-MH-38843-01 "Psychopathology of Depression and Anxiety" (\$60,619)
- 1984 General Research Board summer grant (\$3500) for project investigating attributions for marital conflict in distressed and nondistressed couples
- 1985 Division of Human and Community Resources Basic Research Grant (\$1700)
- 1986 College of Human Ecology DRIF small grant (\$1000)

- 1987 College of Human Ecology DRIF small grant (\$1000)
- 1989 College of Human Ecology DRIF small grant (\$2000)
- 1990 General Research Board summer grant (\$6300) for project investigating family factors associated with adolescent depression
- 1990 College of Human Ecology DRIF small grant (\$2500)
- 1991 Subcontract to NIMH grant Relationship Standards in Marriage (grant to Intercommunications Publishing, Inc., Chapel Hill, NC) (\$6,250)
- 1991 College of Human Ecology DRIF small grant (\$2500)
- 2000 General Research Board Semester Research Award (\$7,500)
- 2002-2003 Co-principal investigator (with Roger Rubin) on Community Action Grant “Family Psychoeducational Intervention for Schizophrenia” awarded by the Substance Abuse and Mental Health Services Administration (SAMHSA), Public Health Service, Department of Health and Human Services (\$149,987).
- 2003-2004 Principal investigator (Roger Rubin Co-PI) on Community Action Grant “Family Psychoeducational and Skills Training Intervention for Schizophrenia” awarded by the Substance Abuse and Mental Health Services Administration (SAMHSA), Public Health Service, Department of Health and Human Services (\$149,690).
- 2006 Submitted, not funded: Principal investigator (Elaine Anderson Co-PI) on grant proposal “Couple Violence Treatment Impact on Trauma and Depression Among African Americans” submitted to NIMH (\$1,951,217 for 4 years).
- 2015 Co-PI on 4-year grant “Biopsychosocial Efficacy of Service Dog Training in Service Members with PTSD” to the Uniformed Services University funded by the Henry M. Jackson Foundation for the Advancement of Military Medicine, investigating the effectiveness of engaging Service Members with PTSD in the training of service dogs, in reducing PTSD symptoms and improving relationships with their partners/spouses and children (Dr. Epstein’s sub-project award \$604,708).
- 2017-2019 Co-Investigator on 2-year grant “An Integrated Substance Use, Violence, and HIV/AIDS Syndemic Risk-Reduction Intervention for African American Couples” (PI: Mona Mittal, Ph.D.), funded by the National Institute of Drug Abuse.

Research in progress:

Clinical trial investigating effects of involvement in training of service dogs on psychological functioning and family relations of Service Members experiencing PTSD

Process and outcome research on couple therapy; studies of therapist and client common factors predictive of couple therapy outcome

Cross-cultural research on predictors and impacts of psychological and physical aggression in couples, within Chinese and U.S. samples

Studies on the impact of psychological and physical partner aggression within couple relationships on individual and couple functioning

Predictors of relationship quality among community couples in South Korea

PUBLICATIONS

Books:

Freeman, A., Epstein, N., & Simon, K.M. (Eds.) (1986). *Depression in the family*. New York: The Haworth Press.

Epstein, N., Schlesinger, S.E., & Dryden, W. (Eds.) (1988). *Cognitive-behavioral therapy with families*. New York: Brunner/Mazel.

Baucom, D.H., & Epstein, N. (1990). *Cognitive-behavioral marital therapy*. New York: Brunner/Mazel.

Epstein, N.B., & Baucom, D.H. (2002). *Enhanced cognitive-behavioral therapy for couples: A contextual approach*. Washington, DC: American Psychological Association.

Metz, M., Epstein, N., & McCarthy, B. (2018). *Cognitive-behavioral therapy for sexual dysfunction*. New York: Routledge.

Chapters in edited books:

Epstein, N. (1981). Assertiveness training in marital treatment. In G.P. Sholevar (Ed.), *Handbook of marriage and marital therapy* (pp. 287-302). New York: Spectrum.

Epstein, N., & Williams, A.M. (1981). Behavioral approaches to treatment of marital discord. In G.P. Sholevar (Ed.), *Handbook of marriage and marital therapy* (pp. 219-286). New York: Spectrum.

Burns, D.D., & Epstein, N. (1983). Passive-aggressiveness: A cognitive-behavioral approach. In R.D. Parsons & R.J. Wicks (Eds.), *Passive-aggressiveness: Theory and practice* (pp. 72-97). New York: Brunner/Mazel.

Bedrosian, R.C., & Epstein, N. (1984). Cognitive therapy of depressed and suicidal adolescents. In H.S. Sudak, A.B. Ford, & N.B. Rushforth (Eds.), *Suicide in children and adolescents* (pp. 345-366). Littleton, MA: John Wright PSG.

- Epstein, N. (1985). Structured approaches to couples' adjustment. In L. L'Abate & M. Milan (Eds.), *Handbook of social skills training and research* (pp. 477-505). New York: John Wiley & Sons.
- Schlesinger, S.E., & Epstein, N. (1986). Cognitive-behavioral techniques in marital therapy. In P. Keller & L. Ritt (Eds.), *Innovations in clinical practice: A source book* (Vol. 5, pp. 137-156). Sarasota, FL: Professional Resource Exchange.
- Freeman, A., Epstein, N., & Simon, K.M. (1986). The treatment of family depression: A synthesis. In A. Freeman, N. Epstein, & K.M. Simon (Eds.), *Depression in the family*. New York: The Haworth Press. (Also appears in *Journal of Psychotherapy and the Family*, 1986).
- Epstein, N., Schlesinger, S., & Dryden, W. (1988). Concepts and methods of cognitive-behavioral family treatment. In N. Epstein, S.E. Schlesinger & W. Dryden (Eds.), *Cognitive-behavioral therapy with families* (pp. 5-48). New York: Brunner/Mazel.
- Leslie, L., & Epstein, N. (1988). Cognitive-behavioral treatment of remarried families. In N. Epstein, S.E. Schlesinger & W. Dryden (Eds.), *Cognitive-behavioral therapy with families* (pp. 151-182). New York: Brunner/Mazel.
- Epstein, N., Schlesinger, S.E., & Dryden, W. (1988). Cognitive-behavioral family therapy: Summary and future directions. In N. Epstein, S.E. Schlesinger & W. Dryden (Eds.), *Cognitive-behavioral therapy with families* (pp. 361-366). New York: Brunner/Mazel.
- Epstein, N., & Baucom, D.H. (1989). Cognitive-behavioral marital therapy. In A. Freeman, K.M. Simon, L. Beutler, & H. Arkowitz (Eds.), *Comprehensive handbook of cognitive therapy* (pp. 491-513). New York: Plenum.
- Baucom, D.H., & Epstein, N. (1989). The role of cognitive variables in the assessment and treatment of marital discord. In M. Hersen, R.M. Eisler, & P.M. Miller (Eds.), *Progress in behavior modification* (Vol. 24, pp. 223-251). Newbury Park, CA: Sage.
- Epstein, N., & Schlesinger, S.E. (1991). Marital and family problems. In W. Dryden & R. Rentoul (Eds.), *Adult clinical problems: A cognitive-behavioural approach* (pp. 288-317). London: Routledge.
- Epstein, N. (1992). Marital therapy. In A. Freeman and F.M. Dattilio (Eds.), *Comprehensive casebook of cognitive therapy* (pp. 267-275). New York: Plenum.
- Baucom, D.H., Epstein, N., & Carels, R. (1992). A cognitive-behavioral model of marital dysfunction and marital therapy. In S. H. Budman, M. F. Hoyt, & S. Friedman (Eds.), *The first session in brief therapy* (pp. 225-254). New York: Guilford.
- Epstein, N. & Baucom, D.H. (1993). Cognitive factors in marital disturbance. In P. C. Kendall & K. S. Dobson (Eds.), *Psychopathology and cognition* (pp. 351-385). New York: Academic Press.

- Baucom, D.H., Epstein, N., Burnett, C.K., & Rankin, L. (1993). Conflict in marriage: A cognitive/behavioral formulation. In S. Worchel & J. A. Simpson (Eds.), *Conflict between people and groups: Causes, processes, and resolutions* (pp. 7-29). Chicago: Nelson-Hall.
- Epstein, N., Evans, J., & Evans, L. (1994). Marriage. In V.S. Ramachandran (Ed.), *Encyclopedia of human behavior* (Vol. 3, pp. 115-125). San Diego, CA: Academic Press.
- Epstein, N., & Schlesinger, S.E. (1994). Couples problems. In F.M. Dattilio and A. Freeman (Eds.), *Cognitive-behavioral strategies in crisis intervention* (pp. 258-277). New York: Guilford.
- Baucom, D.H., Epstein, N., & Rankin, L.A. (1995). Cognitive aspects of cognitive-behavioral marital therapy. In N.S. Jacobson & A.S. Gurman (Eds.), *Clinical handbook of marital therapy* (2nd Ed., pp. 65-90). New York: Guilford.
- Epstein, N., & Schlesinger, S.E. (1996). Treatment of family problems. In M.A. Reinecke, F.M. Dattilio and A. Freeman (Eds.), *Cognitive therapy with children and adolescents: A casebook for clinical practice* (pp. 299-326). New York: Guilford.
- Baucom, D.H., Epstein, N., Rankin, L.A., & Burnett, C.K. (1996). Understanding and treating marital distress from a cognitive-behavioral orientation. In K.S. Dobson and K.D. Craig (Eds.), *Advances in cognitive-behavioral therapy* (pp. 210-236). Thousand Oaks, CA: Sage.
- Epstein, N., & Baucom, D.H. (1996). A cognitive-behavioral approach to couples' problems: A program of research and its clinical implications. In W. Dryden (Ed.), *Research in counselling and psychotherapy: Practical applications* (pp. 133-161). London: Sage.
- Epstein, N., Baucom, D.H., & Daiuto, A.D. (1997). Cognitive-behavioral couples therapy. In W.K. Halford & H.J. Markman (Eds.), *Clinical handbook of marriage and couples intervention* (pp. 415-449). New York: Wiley.
- Epstein, N. (1997). Marital conflict. In R.L. Leahy (Ed.), *Practicing cognitive therapy: A guide to interventions* (pp. 249-275). New York: Jason Aronson.
- Dattilio, F.M., Epstein, N., & Baucom, D.H. (1998). An introduction to cognitive-behavioral therapy with couples and families. In F.M. Dattilio (Ed.), *Case studies in couple and family: Systemic & cognitive perspectives* (pp. 1-36). New York: Guilford Press.
- Epstein, N.B., & Baucom, D.H. (1998). Cognitive-behavioral couple therapy. In F.M. Dattilio (Ed.), *Case studies in couple and family therapy: Systemic & cognitive perspectives* (pp. 37-61). New York: Guilford.
- Epstein, N., & Schlesinger, S.E. (2000). Couples in crisis. In F.M. Dattilio & A. Freeman (Eds.), *Cognitive-behavioral strategies in crisis intervention* (2nd ed., pp. 291-315). New York: Guilford.
- Epstein, N. (2002). Couple and family therapy. In M.A. Reinecke & M.R. Davison (Eds.), *Comparative treatments of depression* (pp. 358-396). New York: Springer.

- Baucom, D.H., Epstein, N., & Gordon, K.C. (2002). Marital therapy: Theory, practice, and empirical status. In C.R. Snyder & R. Ingram (Eds.), *Handbook of psychological change: Psychotherapy processes and practices for the 21st century* (pp. 280-308). New York: Wiley.
- Epstein, N., Baucom, D.H., Hunt, W., & LaTaillade, J. (2002). Brief cognitive-behavioral therapy with couples. In F. Bond & W. Dryden, (Eds.), *Handbook of brief cognitive behaviour therapy* (pp. 187-205). Chichester, UK: Wiley.
- Baucom, D.H., Epstein, N., & LaTaillade, J.J. (2002). Cognitive-behavioral couple therapy. In A.S. Gurman & N.S. Jacobson (Eds.), *Clinical handbook of couple therapy (3rd ed., pp 26-58)*. New York: Guilford Press.
- Baucom, D.H., Stanton, S., & Epstein, N.B. (2003). Anxiety disorders. In D.K. Snyder & M.A. Whisman (Eds.), *Treating difficult couples: Helping clients with coexisting mental and relationship disorders* (pp. 57-87). New York: Guilford Press.
- Epstein, N.B., & Schlesinger, S.E. (2003). Treatment of family problems. In M.A. Reinecke, F.M. Dattilio, & A. Freeman (Eds.), *Cognitive therapy with children and adolescents: A casebook for clinical practice (2nd ed., pp. 304-337)*. New York: Guilford Press.
- Epstein, N. (2003). Cognitive-behavioral therapies for couples and families. In L.L. Hecker & J.L. Wetchler (Eds.), *An introduction to marriage and family therapy* (pp. 203-254). New York: Haworth Press.
- Dattilio, F.M., & Epstein, N.B. (2003). Cognitive-behavioral couple and family therapy. In T.L. Sexton, G.R. Weeks, & M.S. Robbins, (Eds.), *Handbook of family therapy: The science and practice of working with families and couples* (pp. 147-175). New York: Brunner-Routledge.
- Epstein, N.B., & Baucom, D.H. (2003). Couple therapy. In R.L. Leahy (Ed.), *Roadblocks in cognitive-behavioral therapy: Transforming challenges into opportunities for change* (pp. 217-235). New York: Guilford Press.
- Baucom, D.H., Epstein, N.B., & Sullivan, L.J. (2004). Brief couple therapy. In M.J. Dewan, B.N. Steenbarger, & R.P. Greenberg (Eds.), *The art and science of brief psychotherapies: A practitioner's guide* (pp. 189-227). Washington, DC: American Psychiatric Publishing, Inc.
- Epstein, N.B. (2004). Cognitive-behavioral therapy with couples: Theoretical and empirical status. In R.L. Leahy (Ed.), *Contemporary cognitive therapy: Theory, research, and practice* (pp. 367-388). New York: Guilford Press.
- Baucom, D.H., Epstein, N.B., & Stanton, S. (2006). The treatment of relationship distress: Theoretical perspectives and empirical findings. In D. Perlman & A. L. Vangelisti (Eds.), *Handbook of personal relationships* (pp. 745-765). Cambridge University Press.
- Epstein, N.B., Baucom, D.H., & LaTaillade, J.J. (2006). Marital problems. In J.E. Fisher & W. O'Donohue (Eds.), *Practitioner's guide to evidence-based psychotherapy* (pp. 396-407). New York: Springer.

- Schlesinger, S.E., & Epstein, N.B. (2007). Couple problems. In F.M. Dattilio & A. Freeman (Eds.), *Cognitive-behavioral strategies in crisis intervention* (3rd ed., pp. 300-326). New York: Guilford Press.
- Epstein, N.B., & Baucom, D.H. (2007). Couples. In N. Kazantzis & L. L'Abate (Eds.), *Handbook of homework assignments in psychotherapy: Research, practice, and prevention* (pp. 187-201). New York: Springer.
- Baucom, D.H., Epstein, N.B., LaTaillade, J.J., & Kirby, J.S. (2008). Cognitive behavioral couple therapy. In A.S. Gurman (Ed.), *Clinical handbook of couple therapy* (3th ed., pp. 31-72). New York: Guilford Press.
- Epstein, N.B., Baucom, D.H., et Wright, J. (2008). L'évaluation et la modification des cognitions en thérapie conjugale : Une approche cognitive-behaviorale contextuelle. Dans J. Wright, Y. Lussier, et S. Sabourin, (Éds.), *Manuel clinique des psychothérapies de couple* (pp. 313-358). Québec: Presses de l'Université du Québec.
- Lussier, Y., Wright, J., Lafontaine, M.F., Brassard, A., et Epstein, N.B. (2008). L'évaluation et le traitement de la violence conjugale. Dans J. Wright, Y. Lussier, et S. Sabourin, (Éds.), *Manuel clinique des psychothérapies de couple* (pp. 445-505). Québec: Presses de l'Université du Québec.
- Baucom, D.H., Epstein, N.B., Kirby, J.S., & LaTaillade, J.J. (2010). Cognitive-behavioral couple therapy. In K. S. Dobson (Ed.), *Handbook of cognitive-behavioral therapies* (3rd Ed.), pp. 411-444. New York: Guilford.
- Baucom, D.H., Epstein, N.B., Kirby, J.S., & Falconier, M.K. (2010). Couple therapy: Theoretical perspectives and empirical findings. In D.H. Barlow (Ed.), *Oxford handbook of clinical psychology*. New York: Oxford University Press.
- Epstein, N.B., & Falconier, M.K. (2011). Shame in couple therapy. In R. Dearing & J.P. Tangney (Eds.), *Shame in the therapy hour*. Washington, DC: American Psychological Association.
- Baucom, D.H., Epstein, N.B., & Sullivan, L.J. (2012). Brief couple therapy. In M.J. Dewan, B.N. Steenbarger, & R.P. Greenberg (Eds.), *The art and science of brief psychotherapies: An illustrated guide* (2nd ed., pp. 239-276). Washington, DC: American Psychiatric Publishing.
- Fischer, M. S., Baucom, D.H., Hahlweg, K., & Epstein, N. B. (2014). Couple therapy. In S. G. Hofmann D. & W. Rief (Eds.), *The Wiley handbook of cognitive behavioral therapy* (Vol. II, pp. 703-725). Hoboken, NJ: Wiley-Blackwell.
- Epstein, N.B., & Falconier, M.K. (2014). Cognitive-behavioral therapies for couples and families. In J.L. Wetchler & L.L. Hecker (Eds.), *An introduction to marriage and family therapy* (2nd ed., pp. 259-318). New York: Brunner-Routledge.

- Baucom, D.H., Epstein, N.B., Kirby, J.S., & LaTaillade, J.J. (2015). Cognitive-behavioral couple therapy. In A.S. Gurman, J.L. Lebow, & D.K. Snyder (Eds.), *Clinical handbook of couple therapy (5th ed., pp. 23-60)*. New York: Guilford Press.
- Epstein, N.B., Werlinich, C.A., & LaTaillade, J.J. (2015). Couple therapy for partner aggression. In A.S. Gurman, J.L. Lebow, & D.K. Snyder (Eds.), *Clinical handbook of couple therapy (5th ed., pp. 389-411)*. New York: Guilford Press.
- Dattilio, F.M., & Epstein, N.B. (2016). Cognitive-behavioral couple and family therapy. In T.L. Sexton & J. Lebow, (Eds.), *Handbook of family therapy: The science and practice of working with families and couples (4th ed., pp. 89-119)*. New York: Routledge.
- Epstein, N.B., Dattilio, F.M., & Baucom, D.H. (2016). Cognitive-behavior couple therapy. In T.L. Sexton & J. Lebow (Eds.), *Handbook of family therapy (4th ed., pp. 361-386)*. New York: Routledge.
- Epstein, N.B. (2016). Reattribution. In G. Weeks, S. Fife, and C. Peterson (Eds.), *Techniques for the couple therapist: Essential interventions from the experts (pp. 87-91)*. New York, NY: Routledge.
- Epstein, N.B. (2016). Anger management self-talk. In G. Weeks, S. Fife, and C. Peterson (Eds.), *Techniques for the couple therapist: Essential interventions from the experts (pp. 111-114)*. New York, NY: Routledge.
- Epstein, N.B., & Falconier, M.K. (2017). Shame in couple relationships. In J. Fitzgerald (Ed.), *Foundations for couples' therapy: Research for the real world (pp. 374-383)*. New York: Routledge.
- Epstein, N.B., & Dattilio, F.M. (2017). Homework in couple and family therapy. In J.L. Lebow et al. (eds.), *Encyclopedia of couple and family therapy*. New York, NY: Springer. DOI 10.1007/978-3-319-15877-8_563-1
- Epstein, N.B., & Falconier, M.K. (2017). Communication training in couple and family therapy. In J.L. Lebow et al. (eds.), *Encyclopedia of couple and family therapy*. New York, NY: Springer. doi:10.1007/978-3-319-15877-8_100-1
- Epstein, N.B., Schlesinger, S.E., & Kim, H. (2018). Cognitive-behavioral family therapy. In P.C. Kendall (Ed.), *Cognitive therapy with children and adolescents: A casebook for clinical practice (pp. 301-328)*. New York: NY: Guilford.
- Epstein, N.B. (2018). Cognitive-behavioral couple therapy. In R.L. Leahy (Ed.), *Science and practice in cognitive therapy: Foundations, mechanisms, and applications (pp. 194-213)*. New York, NY: Guilford Press.
- Falconier, M.K., & Epstein, N.B. (in press). Contingency contracting in couple and family therapy. In J.L. Lebow et al. (eds.), *Encyclopedia of couple and family therapy*. New York, NY: Springer.

Epstein, N.B., Baucom, D.H., Kirby, J.S., & LaTaillade, J.J. (in press). Cognitive-behavioral couple therapy. In K. S. Dobson & D.J.A. Dozois (Eds.), *Handbook of cognitive-behavioral therapies* (4th Ed.). New York, NY: Guilford.

Baucom, D.H., Fischer, M.S., Hahlweg, K., & Epstein, N.B. (in press). Cognitive behavioral couple therapy. In B. Fiese (Ed.), *Handbook of Contemporary Family Psychology*. Washington, DC: American Psychological Association.

Baucom, D.H., Belus, J.M., Stanton, S., & Epstein, N.B. (in press). Treating relationship distress. In D. Perlman & A.L. Vangelisti (Eds.), *Cambridge handbook of personal relationships* (2nd ed.). Cambridge, UK: Cambridge University Press.

Journal Articles: (* designates refereed; + designates solicited journal articles)

*Mehrabian, A., & Epstein, N. (1972). A measure of emotional empathy. *Journal of Personality*, 40, 525-543.

*Epstein, N., & Krakower, S. (1974). A measure of verbal aggression. *Perceptual and Motor Skills*, 39, 215-223.

*Epstein, N., & Jackson, E. (1978). An outcome study of short-term communication training with married couples. *Journal of Consulting and Clinical Psychology*, 46, 207-212.

*DeGiovanni, I.S., & Epstein, N. (1978). Unbinding assertion and aggression in research and clinical practice. *Behavior Modification*, 3, 173-192.

*Epstein, N., DeGiovanni, I.S., & Jayne-Lazarus, C. (1978). Assertion training for couples. *Journal of Behavior Therapy and Experimental Psychiatry*, 9, 149-155.

*Epstein, N., Jayne-Lazarus, C., & DeGiovanni, I.S. (1979). Cotherapists as models of relationships: Effects on the outcome of couples' therapy. *Journal of Marital and Family Therapy*, 5, 53-60.

*Epstein, N., Finnegan, D., & Bythell, D. (1979). Irrational beliefs and perceptions of marital conflict. *Journal of Consulting and Clinical Psychology*, 47, 608-610.

*Hof, L., Epstein, N., & Miller, W.R. (1980). Integrating attitudinal and behavioral change in marital enrichment. *Family Relations*, 29, 241-248. Reprinted in D.H. Olson & B.C. Miller (Eds.), *Family studies review yearbook*, Vol. I. Beverly Hills, CA: Sage, 1983.

*Epstein, N. (1980). Social consequences of assertion, aggression, passive aggression and submission: Situational and dispositional determinants. *Behavior Therapy*, 11, 662-669.

*Epstein, N., & Jayne, C. (1981) Perceptions of cotherapists as a function of therapist sex roles and observer sex roles. *Sex Roles*, 7, 497-509.

+Epstein, N. (1981). How partners "collaborate" to avoid sex. *Medical Aspects of Human Sexuality*, 15 (7), 68I, M.

- *Epstein, N., & Eidelson, R.J. (1981). Unrealistic beliefs of clinical couples: Their relationship to expectations, goals, and satisfaction. *American Journal of Family Therapy*, 9 (4), 13-22.
- *Epstein, N. (1982). Cognitive therapy with couples. *American Journal of Family Therapy*, 10 (1), 5-16. Reprinted in A. Freeman (Ed.), *Cognitive therapy with couples and groups*. New York: Plenum, 1983.
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- *Park, W., & Epstein, N.B. (submitted). Body image distress and self-esteem among Korean early adolescents: A 5-year longitudinal study. *Body Image*.
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- Epstein, N.B., & Falconier, M.K. (book manuscript in preparation). *Treatment plans and interventions in couple therapy: A cognitive-behavioral approach*. New York: Guilford.
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PROFESSIONAL PRESENTATIONS

International:

Beck, A.T., & Epstein, N. Cognitions, attitudes and personality dimensions in depression. Paper presented as part of panel "Cognitive Assessment in Diagnosis and Treatment Response of Affective Disorders" at the annual meeting of the Society for Psychotherapy Research, Jeffersonville, Vermont, June, 1982.

Pretzer, J.L., Fleming, B., & Epstein, N. Cognitive factors in dysfunctional marital interaction: The role of specific attributions. Paper presented at the AABT convention/World Congress on Behavior Therapy, Washington, D.C., December, 1983.

Emmelkamp, P.M.G., Baucom, D.H., Epstein, N., & Revenstorff, D. The content of behavioral marital therapy: New and recent treatment procedures. Paper presented in a symposium "Advances in Behavioral Marital Therapy" at the AABT convention/World Congress on Behavior Therapy, Washington, D.C., December, 1983.

Epstein, N., Baucom, D.H., & Sher, T.G. The role of cognitions in marital distress and behavioural marital therapy. Paper presented in a symposium "Behavioural Marital Therapy" at the World Congress on Behavior Therapy, Edinburgh, Scotland, September, 1988.

Epstein, N. Psychosocial problems of Chinese school children: Types of problems, their sources, and potential solutions. Presentation to the Women's Federation of the Shanghai Municipal

Government, Shanghai, P.R.C., May 25, 2000.

Epstein, N. Overcoming roadblocks in couple therapy. Paper presented as part of the symposium "Overcoming Roadblocks in Cognitive Therapy." World Congress of Behavioural and Cognitive Therapies, Vancouver, BC, July 19, 2001

Epstein, N. B. Couple therapy for domestic abuse: An empirical evaluation of a cognitive-behavioral approach. Presentation at the annual meeting of the Centre de Recherche Interdisciplinaire sur les Problèmes Conjugaux et les Agressions Sexuelles, University of Montreal, Montreal, Quebec, November 5, 2006.

Epstein, N.B. Cognition in couple relationships: Concepts, assessment, and modification. Presentation at the annual meeting of the Centre de Recherche Interdisciplinaire sur les Problèmes Conjugaux et les Agressions Sexuelles, University of Montreal, Montreal, Quebec, November 5, 2006.

Epstein, N.B. Family psychoeducation for schizophrenia. Presentation at the Department of Psychology, Beijing Normal University, Beijing, P.R.C., June 14, 2007.

Epstein, N.B., LaTaillade, J.J., & Werlinich, C.A. Cognitive-behavioral couple therapy for domestic abuse. Paper presented as part of the symposium "The restructuring of family schemas: A cognitive-behavioral perspective" (F. Dattilio, chair) at the World Congress of Behavioral and Cognitive Therapies, Barcelona, Spain, July 12, 2007.

Wright, J., Lussier, Y., & Epstein, N.B. L'évaluation et le traitement de la violence conjugale. Paper presented at the Centre de recherche VITRA, Université de Liege, Liege Belgique May 9, 2008.

Chi, P., Fang, X., & Epstein, N. B. The similarity of relationship standards, couple communication patterns and marital satisfaction. Paper presented at the International Conference on Social Work and Counseling Practice: Promoting Harmony and Justice in a World of Conflict, Hong Kong SAR, June, 2009.

Epstein, N.B. The therapeutic relationship in cognitive-behavioral couple therapy. Presented as part of the panel "The therapeutic relationship in cognitive behavioral therapy" (Robert Leahy, chair) at the World Congress of Behavioral and Cognitive Therapies, Boston, MA, June 3, 2010.

Epstein, N.B. Relationship standards, attributions, conflict-coping cognitions, and communication patterns associated with marital happiness and individual well-being in China, Argentina, and the United States. Paper presented as part of an international symposium "Psychology toward Happiness" at the annual convention of the Korean Psychological Association, Seoul, South Korea, August 19, 2010.

Epstein, N.B. Process and outcome research on couple and family therapy in China. Paper presented at the Sino-American Forum on Marriage and Family Therapy, Beijing Normal University, August 14, 2012.

Epstein, N.B. The past, present, and future of Cognitive-Behavioral Couple and Family Therapy. Presented in the Department of Human Development and Family Studies, Duksung Women's University, Seoul, South Korea, June 28, 2017.

Epstein, N.B. The past, present, and future of Cognitive-Behavioral Couple and Family Therapy. Presented at the Busan Healthy Family Support Center in collaboration with Sylla University and Busan University, Busan, South Korea, July 5, 2017.

National:

Epstein, N., & Jayne-Lazarus, C. Evaluating cotherapists as a function of therapist sex and initiative. Paper presented at the annual convention of the American Psychological Association, Toronto, August, 1978.

Miller, W.R., Epstein, N., & Hof, L. Marriage enrichment research: Methodological problems and preliminary results. Paper presented at the annual meeting of the American Association for Marital and Family Therapy, Washington, D.C., October, 1979.

Epstein, N. Social consequences of assertion, aggression, passive aggression and submission: Situational and dispositional determinants. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, San Francisco, December, 1979.

Epstein, N., & Eidelson, R.J. Irrational beliefs and marital adjustment. Paper presented at the annual meeting of the American Psychological Association, Montreal, August, 1980.

Discussant, Symposium "Interpersonal Conflicts: Cognitive Behavioral Approaches" (chaired by A.T. Beck) at the annual meeting of the Association for Advancement of Behavior Therapy, New York, November, 1980.

Miller, W.R., Hof, L., & Epstein, N. Marriage enrichment for clinical and non-clinical couples. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Toronto, November, 1980.

Eidelson, R.J., & Epstein, N. Development and validation of a measure of unrealistic beliefs about relationships. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Toronto, November, 1981.

Jayne, C., Epstein, N., & Robinson-Metz, M. Cognitive appraisals of sexual dysfunctions as a function of gender, chronicity, and type of problem. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Toronto, November, 1981.

Epstein, N. Cognitive-behavioral therapy in the treatment of sexual disorders. Paper presented at the annual meeting of the Society for the Scientific Study of Sex, New York, November, 1981.

Epstein, N. Hopelessness: The role of negative expectancy in suicidal behavior. Paper presented as part of plenary panel "Cognitive and Diagnostic Factors in Suicidal Behavior" at the annual meeting of the American Association of Suicidology, New York, April, 1982.

Epstein, N., Pretzer, J.L., & Fleming, B. Cognitive therapy and communication training: Comparison of effects with distressed couples. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Los Angeles, November, 1982.

Epstein, N. Marital dysfunction and depression: Cognitive factors and treatment implications. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Los Angeles, November, 1982.

Epstein, N. Assessment and modification of dysfunctional belief systems in marital therapy. Paper presented as part of symposium "Clinical Techniques of Cognitive-Behavioral Marital Treatment" at the annual meeting of the American Psychological Association, Toronto, August, 1984.

Epstein, N. Cognitive-behavioral marital therapy in the treatment of depression. Paper presented at the annual meeting of the American Psychological Association, Los Angeles, August, 1985. (ERIC Document Reproduction Service No. ED 263 508).

Primakoff, L., Epstein, N., & Covi, L. Homework compliance: An uncontrolled variable in cognitive-behavioral psychotherapy outcome research. Paper presented at the annual meeting of the Society for Psychotherapy Research, Evanston, IL, June, 1985.

Epstein, N., Fleming, B., & Pretzer, J. The role of cognitive appraisal in self-reports of marital communication. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Houston, November, 1985.

Beck, A.T., Epstein, N., Brown, G., & Steer, R. An inventory for identifying and measuring clinical anxiety. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Houston, November, 1985.

Epstein, N. Rational mind: Cognitive-behavior therapy. Paper presented as part of a panel "Psychotherapy Today", an all day seminar in the Smithsonian Resident Associate Program, Smithsonian Institution, Washington, DC, January 31, 1987.

Epstein, N. Assessment and modification of beliefs and causal attributions that impede resolution of sexual problems. Paper presented as part of symposium "Irrational Beliefs about Intimate Relationships: Assessment and Counseling Techniques" at the annual meeting of the American Association of Sex Educators, Counselors and Therapists, New York, April, 1987.

Beck, A.T., Epstein, N., Brown, G., & Steer, R.A. The Beck Anxiety Inventory: Updated reliability and validity. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, November, 1987.

Epstein, N. Handling resistance in cognitive-behavioral therapy with remarried families. Paper presented in a symposium "Handling Resistance in Cognitive-Behavioral Therapy with Families" at the annual meeting of the American Psychological Association, Atlanta, August, 1988.

Epstein, N., & Leslie, L.A. Cognitive-behavioral treatment of remarried families. Paper presented in a symposium "Cognitive-Behavioral Therapy with Families" at the annual meeting of the Association for Advancement of Behavior Therapy, New York, November, 1988.

Baucom, D.H., Epstein, N., Rankin, L.A., & Burnett, C.K. New measures for assessing couples' standards. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, San Francisco, November, 1990.

Baucom, D.H., & Epstein, N. Marital distress: Matching couples with treatment. Paper presented in the symposium "Matching Clients to Treatments: Clinical and Research Considerations" at the annual meeting of the Association for Advancement of Behavior Therapy, New York, November, 1991.

Epstein, N., Baucom, D.H., Rankin, L.A., & Burnett, C.K. Relationship standards in marriage: Development of a new measure of content-specific cognitions. Paper presented in the symposium "Taking a Broader View of Marital Cognitions" at the annual meeting of the Association for Advancement of Behavior Therapy, New York, November, 1991.

Baucom, D.H., Epstein, N., Daiuto, A.D., & Carels, R.A. The Relationship Attribution Questionnaire: A new instrument for assessing relationship attributions and their impact. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, November, 1991.

Epstein, N., & Beck, A.T. Differentiating the content of cognitions associated with depression and anxiety. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, November, 1991.

Epstein, N. Cognitive and behavioral marital therapy techniques: Complementary approaches to behavior change. Paper presented as part of the symposium "Integration of Cognitive, Behavioral, and Systemic Approaches to Marital Therapy: Possible Approaches and Cautionary Notes" at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, November, 1992.

Rankin, L.A., Baucom, D.H., Burnett, C.K., & Epstein, N. The individual in marriage: An understanding of the "I" in the "We." Paper presented as part of the symposium "Reexamining the Place of the Individual in the Marital Dyad: Cognition, Individual Differences, and Self-Protective Processes" at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, November, 1992.

Coop, K.L., Baucom, D.H., Epstein, N., Burnett, C.K., & Rankin, L.A. An exploration of the relationship between marital standards and communication patterns. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Atlanta, November, 1993.

Baucom, D.H., Epstein, N., Carels, R.A., Daiuto, A.D., Rankin, L.A., Burnett, C.K., & Mayfield, A. Cognition in marriage: The relationship between marital attributions and standards. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Atlanta, November, 1993.

- Helms-Erikson, H.M., & Epstein, N. Males' attributions and expectancies about potential mates as a function of sex roles. Paper presented at the annual meeting of the National Council on Family Relations, Baltimore, MD, November, 1993.
- Epstein, N., Baucom, D.H., & Daiuto, A. Empirical findings from research on marriage: Implications for the practice of behavioral marital therapy. Paper presented in the symposium "Basic Research in the Marital Area: New Directions for Prevention and Therapy" at the annual meeting of the Association for Advancement of Behavior Therapy, San Diego, CA, November, 1994.
- Rankin, L.A., Baucom, D.H., Burnett, C.K., Epstein, N.B., & Kessel, D. Changes in spouses' relationship standards through the different developmental stages of marriage. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, San Diego, CA, November, 1994.
- Burnett, C.K., Baucom, D.H., Rankin, L.A., & Epstein, N.B. What are they thinking? Content areas and cognitions in marriage. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, San Diego, CA, November, 1994.
- Evans, J.M., Epstein, N., & Evans, L.P. Sentiment override in parent-adolescent conflict. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC, November, 1995.
- Epstein, N., Chen, F., Neylon, J., Morton, G., Acquista, D., & Files, K. Relationship Standards and Marital Satisfaction in American and Chinese Couples. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, November, 1996.
- Sandin, E., Baucom, D.H., Burnett, C.K., Epstein, N., & Rankin, L.A. Autonomy, Egalitarianism, and Communication Among Remarried Spouses Versus First Married Spouses. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, November, 1996.
- Baucom, D.H., & Epstein, N. Integrating Relationship Themes into Cognitive Behavioral Marital Therapy. Paper presented as part of the symposium "Personal and Relationship Themes in Couples' Therapy" (S.R.H. Beach, Chair), at the annual meeting of the Association for Advancement of Behavior Therapy, New York, November, 1996.
- Epstein, N., & Dutton, S.S. Relationship Characteristics of Agoraphobics and Their Partners. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Miami, November, 1997.
- Rankin-Esquer, L.A., Baucom, D.H., Epstein, N., & Burnett, C.K. Autonomy and Relatedness: Relationship with Communication Style and Desire for Partner Behavior Change. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Miami, November, 1997.

Rankin-Esquer, L.A., Baucom, D.H., Epstein, N., & Burnett, C.K. Do Depressed Spouses Show the Same Significant Relationships Among Important Marital Variables as Normative Community Spouses? Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Miami, November, 1997.

Rankin-Esquer, L.A., Baucom, D.H., Christensen, A., Epstein, N., Burnett, C.K., & Harris, L. Communication Patterns Questionnaire: Replication of Validation, Relationship with Marital Adjustment and with Requests for Behavior Change from Partner. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Miami, November, 1997.

Epstein, N. Interrelationships Among Relationship Problems, Depression, and Sexual Problems: Implications for Clinical Assessment and Intervention. Presented as part of the plenary panel "Intimacy & Depression: The Silent Epidemic" at the annual meeting of the American Association for Marriage and Family Therapy, Dallas, October, 1998.

Epstein, N., & Alexander, L. Psychometric Properties of the Dyadic Adjustment Scale Across Race and Gender. Paper presented at the annual convention of the Association for Advancement of Behavior Therapy, Toronto, November, 1999.

Epstein, N. Overcoming roadblocks in cognitive-behavioral therapy with couples and families. Paper presented in the symposium "Overcoming Roadblocks in Cognitive Therapy" (R. Leahy, chair), at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, November, 2000.

Epstein, N. Cognitive-Behavioral Therapy with Couples: Theoretical and Empirical Status. Paper presented as part of a Festschrift for Aaron T. Beck, M.D., at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA, November, 2001.

Hunt, W.D., & Epstein, N. Characteristics Associated with Depression in Clinic Couples. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Cincinnati, October, 2002.

Epstein, N., Werlinich, C.A., & Belgard, S. Degrees of Abuse in Clinic Couples: Factors in Leaving. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Cincinnati, October, 2002.

Falconier, M.K., & Epstein, N. Parenting and Children's Maladjustment in Chinese Families. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Cincinnati, October, 2002.

Epstein, N., Werlinich, C.A., & Belgard, S. Degrees of Abuse in Clinic Couples: Factors in Leaving. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV, November, 2002.

Falconier, M.K., & Epstein, N. Parenting and Children's Maladjustment in Chinese Families. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV, November, 2002.

Epstein, N. B., & Wilder, K.P. Conflict, Communication Styles, and Intimacy in Couples. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Long Beach, CA, October, 2003.

Epstein, N.B., & Werlinich, C.A. Assessment of Physical and Psychological Abuse in an Outpatient Marital and Family Therapy Clinic: How Much Abuse is Revealed, Under What Conditions, and With What Relation to Relationship Distress? Paper presented as part of symposium "Assessment of Psychological and Physical Abuse in Couples: What Can We Learn Through Different Methods?" (N.B. Epstein, chair) at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA, November, 2003.

Epstein, N. B., & Wilder, K.P. Conflict-Resolution Communication Behavior: Does It Reflect Levels of Psychological and Physical Abuse in Couples' Relationships? Paper presented as part of symposium "Assessment of Psychological and Physical Abuse in Couples: What Can We Learn Through Different Methods?" (N.B. Epstein, chair) at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA, November, 2003.

Epstein, N.B., Werlinich, C.A., Wilder, K.P., & Liechty, J. Cognitive and affective predictors of partners' behavioral and emotional responses to a conflict-resolution discussion. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA, November, 2003.

Epstein, N.B., Werlinich, C.A., Kursch, M.S., & Hoskins, L. Predictors of Partners' Conflict-Resolution Communication. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Atlanta, GA, September, 2004.

Cooper, K.A., & Epstein, N.B. The role of religious activities in marital satisfaction. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Atlanta, GA, September, 2004.

Larsen, A.N., & Epstein, N.B. Partners' attributions and level of commitment as predictors of constructive and destructive behavior in discussions of relationship conflicts. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA, November, 2004.

Beyder-Kamjou, I., Epstein, N.B., & Werlinich, C.A. The relation between attachment styles and forms of psychological abuse in discordant couples' relationships. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA, November, 2004.

La Taillade, J.J., Epstein, N.B., & Werlinich, C.A. An examination of the relationship between partner violence and couple distress: The influence of comorbid psychiatric symptoms and psychological abuse. Paper presented as part of the symposium "Comorbidity of Domestic Violence and Couple Distress: Development Over Time and Context, the Role of Psychological Abuse, and Treatment Issues" (L.E. Simpson, chair) at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA, November, 2004.

Riley, P.J., Epstein, N.B., Ji, C.S., & Fang, X.Y. The relationship of parental warmth and parental pressure for academic achievement with adolescent depression and anxiety in China. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA, November, 2004.

Hoskins, L.M., La Taillade, J.J., Epstein, N.B., & Werlinich, C.A. Comorbid psychiatric symptoms among female victims of psychologically and physically abusive intimate relationships. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA, November, 2004.

Falconier, M.K., & Epstein, N.B. The role of spousal emotional abuse and positive behaviors in the relation between economic strain and marital distress in Argentinean couples. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA, November, 2004.

Epstein, N.B., & Werlinich, C.A. Conducting controlled research in a clinic setting on couple therapy for abusive relationships. Paper presented as part of a symposium "Conducting Couple and Family Research in Diverse Clinical Settings" (J.J. LaTaillade, chair) at the annual meeting of the American Psychological Association, Washington, DC, August, 2005.

Southard, A.L., & Epstein, N. B. Partners' attributions and commitment as predictors of couple communication. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Kansas City, MO, October, 2005.

Falconier, M.K., & Epstein, N.B. The effects of economic strain on Argentinean couples. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Kansas City, MO, October, 2005.

Dezfulian, T.M., & Epstein, N.B. Determinants and behavioral correlates of state-level anxiety in clinical couple interactions. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (formerly Association for Advancement of Behavior Therapy), Washington, DC, November, 2005.

Kursch, M.S., LaTaillade, J.J., Epstein, N.B., & Werlinich, C.A. Retention of couples in conjoint treatment of intimate partner violence. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (formerly Association for Advancement of Behavior Therapy), Washington, DC, November, 2005.

Cunningham, J., Resnick, E., & Epstein, N.B. The association between psychopathology and relationship distress: Direct effect and mediation through cognitions and couple communication patterns. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL, November, 2006.

Evans, L.M., & Epstein, N.B. Approach behavior and satisfaction in clinic couple relationships as moderated by attachment style. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL, November, 2006.

Cunningham, J.E., Resnick, E.M., & Epstein, N.B. Mediators between psychopathology and

relationship distress. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Long Beach, CA, October, 2007.

Evans, L.M., & Epstein, N.B. Positive behavior, attachment, and satisfaction in couples. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Long Beach, CA, October, 2007.

Galloway, S.C., Werlinich, C.A., LaTaillade, J.J., & Epstein, N.B. Black and white couples' communication and criticism perception. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Long Beach, CA, October, 2007.

Dezfulian, T.M., & Epstein, N.B. Clinic couples' attachment styles, attributions about partner, state anxiety and communication during a problem-solving discussion. Paper presented as part of the symposium "Anxiety: A key component of Problematic Couple Interactions and Relationship Therapy" (N.B. Epstein, chair) at the annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, November, 2007.

Hrapeczynski, K., & Epstein, N.B. The impact of couple therapy for abusive behavior on partners' negative attributions about each other. Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, November, 2007.

Drescher, A., Voss, K., Epstein, N.B., LaTaillade, J.J., & Werlinich, C.A. The relations among parental depression, parenting style, and adolescents' perceptions of family characteristics. Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, November, 2007.

Finkbeiner, N., Opel, K., & Epstein, N. Cognition, affect, and communication patterns in clinic couples. Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, November, 2007.

Evans, L., & Epstein, N. Positive partner behavior and recipient satisfaction in clinic couples as moderated by attachment style. Paper presented as part of the symposium "Positive Asepects of Relationship Functioning" (B. Baucom & E. Gadol, chairs) at the annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, November, 2007.

Finkbeiner, N., Opel, K.C., & Epstein, N.B. Cognition, affect, and communication in clinic couples. Paper presented at the annual convention of the American Association for Marriage and Family Therapy, Memphis, TN, October, 2008.

Hrapeczynski, K.M., & Epstein, N.B. Impact of couple therapy on negative attributions and abuse. Paper presented at the annual convention of the American Association for Marriage and Family Therapy, Memphis, TN, October, 2008.

Drescher, A., Voss, K., & Epstein, N. Parental depression, parenting, and child view of family. Paper presented at the annual convention of the American Association for Marriage and Family Therapy, Memphis, TN, October, 2008.

Parnell, K.J., Lee., L., Bramble, H.K., & Epstein, N.B. Anger expression, dyadic trust, and

commitment in clinic couples: The moderating effect of interpersonal sensitivity. Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL: November, 2008.

Evans, L.M., & Epstein, N.B. Factors associated with partners' satisfaction with each other's positive relationship behaviors. Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL: November, 2008.

Falconier, M.K., & Epstein, N.B. The impact of economic strain on couples' functioning. Paper presented at the annual convention of the American Association for Marriage and Family Therapy, Sacramento, CA, October, 2009.

White, S.D., & Epstein, N.B. Associations of in-law acceptance, demographic characteristics, marital satisfaction, and domestic abuse among married couples in Beijing, China. Paper presented at the annual convention of the National Council on Family Relations, San Francisco, CA, November, 2009.

Resnick, E.M., & Epstein, N.B. The relationships among psychopathology symptoms, pre-interaction mood, and couple communication. Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New York, November, 2009.

Evans, L., Epstein, N.B., Jimerson, K., & Juzaitis, L. Patterns of withdrawal: The association between global partner withdrawal patterns and steps taken to end a couple relationship. Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New York, November, 2009.

Finkbeiner, N., & Epstein, N.B. Depression, withdrawal, and intimacy in couple relationships. Paper presented at the annual convention of the American Association for Marriage and Family Therapy, Atlanta, GA, September, 2010.

Evans, L.M., Epstein, N.B., Jimerson, K.E., Juzaitis, L.M., & McDowell, A.R. Partner withdrawal and steps taken to end a relationship. Paper presented at the annual convention of the American Association for Marriage and Family Therapy, Atlanta, GA, September, 2010.

Resnick, E.M., Epstein, N.B., & Werlinich, C.A. Psychopathology symptoms, moods and couple communication. Paper presented at the annual convention of the American Association for Marriage and Family Therapy, Atlanta, GA, September, 2010.

Epstein, N.B. Barriers to engaging couples in therapy for psychologically and physically aggressive behavior. Paper presented in panel "Barriers to Engaging Couples in Therapy for Relationship Problems and Strategies to Overcome Them" (N. B. Epstein, moderator) at the annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA, November, 2010.

Falconier, M.K., & Epstein, N.B. Cognitive-behavioral therapy for couples experiencing economic stress. Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA, November, 2010.

- Jimerson, K.E., & Epstein, N.B. The influence of inhibited anger expression, perceived control by partner, and withdrawal cognitions on the association between conflict and relationship dissolution. Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA, November, 2010.
- Hrapczynski, K., & Epstein, N.B. The impact of relationship cognitions and distress on premature termination of couple therapy. Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA, November, 2010.
- Valladares, S., & Epstein, N.B. Couple therapy and the well-being of aggressive couples. Paper presented at the annual convention of the American Association for Marriage and Family Therapy, Charlotte, NC, September, 2012.
- Hart, J.R., & Epstein, N.B. Ethnic group comparison of structural interaction patterns in clinical couples: The moderating effect of financial resources. Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC, November, 2012.
- Evans, L.M. & Epstein, N.B. Couple therapy process and its relation to therapy outcome: Expected and unexpected common factors findings. Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC, November, 2012.
- Valladares, S. & Epstein, N.B. Couple therapy for psychological and physical aggression: Does it improve trust and comfort with conflict communication? Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC, November, 2012.
- Childers, M.A. & Epstein, N.B. The influence of the direction of partner aggression perpetration and client perceptions of session therapeutic gains on outcomes of couple therapy. Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC, November, 2012.
- Lowe, A.G., & Epstein, N.B. Let's give them something to talk about: How topics and general styles affect conflict communication behavior. Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC, November, 2012.
- Epstein, N.B., Young, J.L., Messina, L.A., Cook, E.T., & Werlinich, C.A. What affects perceived criticism in couple communication? Paper presented at the annual convention of the American Association for Marriage and Family Therapy, Portland, OR, September, 2013.
- Curtis, D., & Epstein, N. Relationship dissolution among couples experiencing intimate partner violence. Paper presented at the annual convention of the National Council on Family Relations, San Antonio, TX, November, 2013.
- Chung, H., & Epstein, N. The effects of partner relationships on Asian Americans' stress. Paper presented at the annual convention of the National Council on Family Relations, San Antonio, TX, November, 2013.

- Evans, L., & Epstein, N. Couple therapy process and its relation to therapy outcome: A common factors study. Paper presented at the annual convention of the National Council on Family Relations, San Antonio, TX, November, 2013.
- Epstein, N.B., Castro-Camacho, L., Grawe-Gerber, M., Worrell, M., & Zheng, L. Cognitive-behavioral couple therapy around the globe in the real world. Clinical Round Table chaired by D.H. Baucom & A. Christensen, at the annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN, November, 2013.
- Ehlert, N.M., Epstein, N.B., Falconier, M.K., & Stephenson, J. B. Couples' depression, communication patterns, and steps toward leaving. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Milwaukee, WI, October, 2014.
- Epstein, N.B., Zheng, L., & Young, J.L. Opportunities and challenges in disseminating and evaluating cognitive-behavioral couple and family therapy in China. Paper presented as part of the symposium Cross-Cultural Psychology and Couples Relationships (W.K. Halford, chair) at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, November 21, 2014.
- Chung, H., & Epstein, N. B. The effects of marital satisfaction on stress of immigrant wives in Korea. Paper presented at the National Council on Family Relations, Baltimore, MD, November 19, 2014.
- Evans, L.M., & Epstein, N.B. Investigating couple therapist behaviors: Creation and use of an observational coding measure. Roundtable presented at the annual meeting of the National Council on Family Relations, Vancouver, BC, Canada, November 12, 2015.
- Epstein, N.B., Ott, E.M., & Werlinich, C.A. Couple therapy for partner violence: Effects on cognitions, anger, and autonomy. Paper presented in the symposium "Intimate Partner Violence Assessment and Intervention: Effects on Wellbeing" (Mona Mittal, Chair), at the annual meeting of the National Council on Family Relations, Vancouver, BC, Canada, November 13, 2015.
- Kim, J.E., & Epstein, N.B. Differential longitudinal associations of juvenile status and delinquent offenses with incidence of software piracy. Paper presented at the annual convention of the Society for Research on Adolescence, Baltimore, MD, April 1, 2016.
- Epstein, N.B. Couple therapy for partner aggression: Challenges and opportunities for dissemination. Paper presented as part of the symposium "Dissemination of Couple-Based Treatments for Individual and Relationship Disorders: Challenges and Opportunities" (D.K. Snyder, chair) at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY, October 29, 2016.
- Young, J.L., Kim, H-D., Golojuch, L., & Epstein, N.B. Being Asian American in a time of increased racial tension: A qualitative study of racial identity. Poster presented at the annual meeting of the American Psychological Association, Washington, DC, August 2, 2017.

Park, J.Y., Moon, U.J., Kim, J.E., & Epstein, N.B. Parents, romance, and money: Factors in young adults' psychological Distress. Poster presented at the annual meeting of the American Psychological Association, Washington, DC, August 4, 2017.

Porter, S.C., Epstein, N.B., & Smith-Bynum, M.A. Black women's beliefs and emotions about marital prospects to Black men. Poster presented at the annual meeting of the National Council on Family Relations, Orlando, FL, November, 2017.

Regional:

Epstein, N., & Allen, M. Personal and social growth for hospitalized adolescents. Paper presented at the Western Region Conference, Association for Humanistic Psychology, Goleta, CA, May, 1973.

Epstein, N., & Jackson, E. An outcome study of short-term communication training with married couples. Paper presented at the annual meeting of the Eastern Psychological Association, New York, April, 1976.

Epstein, N., & Leslie, L. Cognitive-behavioral treatment of remarried families. Paper presented in a symposium "Cognitive-Behavioral Therapy with Families" at the annual meeting of the Eastern Psychological Association, Buffalo, April, 1988.

Discussant for symposium Depression in Marriage (K.D. O'Leary, chair), presented at the annual meeting of the Eastern Psychological Association, Philadelphia, March, 1990.

Chung, H., & Epstein N.B. Perceived Racial Discrimination, Acculturative Stress, and Psychological Distress among Asian Immigrants: The Moderating Effects of Support and Social Strain from a Partner Poster presented at the Public Health Research@Maryland MPowering the State event sponsored by the School of Public Health and the Department of Epidemiology and Public Health in the School of Medicine, held at the University of Maryland, College Park, April 4, 2013.

Park, W., & Epstein, N.B. The Longitudinal Causal Directionality between Body Image Distress and Self-esteem among Korean Adolescents: The Moderating Effect of Relationships with Parents. Poster presented at the Public Health Research@Maryland MPowering the State event sponsored by the School of Public Health and the Department of Epidemiology and Public Health in the School of Medicine, held at the University of Maryland, College Park, April 4, 2013.

Epstein, N.B. Mental Health Challenges and Therapy with Families in Asia. Keynote address presented at the Johns Hopkins Public Health in Asia Symposium, Johns Hopkins University Homewood, February 18, 2017.

PROFESSIONAL PUBLIC SERVICE

Consultancies:

- 1983-1987 Consultant for NIMH funded study of cognitive and behavioral therapies for marital dysfunction, Department of Psychology, University of North Carolina at Chapel Hill
- 1983-1987 Consultant for NIMH funded study of cognitive therapy and behavioral marital therapy for major depression, SUNY-Stony Brook
- 1980-1983 Research and training consultant to Family Practice Center, Kingston, Pennsylvania, for development of project evaluating effects of health education programs delivered by medical residents to groups of trade union members
- 1984-1985 Member of Maryland Psychological Association Postdoctoral Institute faculty
Conducted a workshop and provided clinical supervision in a postdoctoral program in cognitive therapy (1 hour per week)
- 1987 Provided consultation for the University of Maryland Counseling Center case conferences (March 5, 12, 26, April 2)
- 1988 Provided an evaluation to the University of North Carolina Central Administration, concerning a masters degree program in marital and family therapy proposed by East Carolina University
- 1989 Provided consultation on assessment of family dysfunction for the agency Greenbelt CARES Youth and Family Services Bureau, Greenbelt, MD
- 1990 Provided an evaluation to the University of North Carolina Central Administration, concerning a masters degree program in marital and family therapy proposed by Appalachian State University
- 1990 Served as ad hoc reviewer for an NIMH panel (Washington, DC) considering proposals for Research Scientist Development Awards
- 1991 Served as ad hoc reviewer for an NIMH panel (Washington, D.C.) considering proposals for Research Scientist Development Awards
- 1991-present Psychological consultant, Greenbelt CARES Youth and Family Services Bureau, Greenbelt, MD (teaching and supervision of staff and interns)
- 1995 Served as an evaluator for a tenure review for the Department of Psychology, University of North Carolina at Chapel Hill.
- 1996 Served as an evaluator for a promotion review for the Department of Psychology, University of Georgia.
- 1996 Served as an evaluator for a promotion review for the School of Social Work, Tel Aviv University.

- 1998 Served on Roundtable "Intimacy & Depression: The Silent Epidemic" sponsored by the National Alliance for the Mentally Ill and the American Association for Marriage and Family Therapy, Washington, D.C., March 11, 1998.
- 1999 Served as an evaluator for a promotion review for the Institute of Psychology, Illinois Institute of Technology.
- 1999 Served on the program committee for the annual convention of the Association for Advancement of Behavior Therapy.
- 1999 Served as an evaluator for a promotion review, for the Department of Psychiatry, University of Pennsylvania.
- 2002 Served as an evaluator for a promotion review, for the Department of Psychiatry, Cornell University Medical College.
- 2003 Served as an evaluator for a promotion review, for the Department of Psychology, Clark University.
- 2003-2004 Co-director (with Robert Brown) of postdoctoral institute (1 ½-year continuing education program) on couple therapy conducted by the Maryland Psychological Association.
- 2004 Served as an evaluator for a promotion review, for the Department of Psychology, University of Tennessee.
- 2005 Served as ad hoc reviewer for an NIMH panel (Washington, D.C.) considering proposals on psychosocial treatments for PTSD in war veterans.
- 2006 Served as an evaluator for a pre-tenure review, for the Department of Psychology, University of Colorado at Denver.
- 2008 Served as an evaluator for a promotion review, for the Department of Psychology, University of Iowa.
- 2009 Served as an evaluator for a promotion review, for the Department of Human Development, Virginia Polytechnic Institute and State University.
- 2009 Served as an evaluator for a promotion review, for the Department of Psychology, University of Tennessee, Knoxville.
- 2010 Served as an evaluator for a promotion review, for the Department of Psychology, UCLA.
- 2010 Served as an evaluator for a promotion review, for the Department of Human Development and Family Studies, Michigan State University.
- 2010-2012 Served as a proposal reviewer for the Randy F. Gerson Memorial Scholarship

awards, American Psychological Foundation, for support of doctoral dissertations in psychology focused on intergenerational processes in family and/or couple dynamics.

- 2011 Served as a member of the steering committee for the Marriage and Family Therapy Competencies Consortium, developing competencies for mental health practitioners working with military and veteran families, co-sponsored by the Center for Innovation & Research on Veterans and Military Families at the University of Southern California and the U.S. Army's Marriage and Family Counseling Collaborative (meetings held at USC and at the Council on Social Work Education in Alexandria, Virginia).
- 2011 Member of the Marriage and Family Counseling Collaborative "Charting the Future" meeting July 13 - 14 at headquarters of the Council on Social Work Education, Alexandria, Virginia.
- 2011 Served as an evaluator for a promotion review, for the Department of Psychology, University of Colorado, Denver.
- 2011 Served as an evaluator for a promotion review, for the Department of Psychology, Southern Methodist University.
- 2011 Served as an evaluator for a promotion review, for the Department of Psychology, University of Tennessee, Knoxville.
- 2013 Served as an evaluator for a promotion review, for the Department of Human Development, Virginia Polytechnic Institute and State University.
- 2014 Served as an evaluator for a promotion review, for the Department of Human Development and Family Studies, University of Connecticut.

Public lectures and media appearances:

- 1987 Interviewed on radio talk shows (Montreal; Ventura, CA; Norman, OK; Chicago, IL) concerning my work on couples' unrealistic beliefs about marriage
- 1987 Presented a workshop "Communication in Intimate Relationships" for couples in Minneapolis, Minnesota, sponsored by the Department of Family Practice and Community Health, University of Minnesota Medical School.
- 1989 Interviewed by *Newsweek* magazine for an article (January 9 issue) on cognitive therapy applied to couples' problems.
- 1989 Interviewed by *Psychology Today* magazine for an article (May issue) on trust and intimacy in intimate relationships.
- 1989 Presented a lecture "Relationship Communication" for A Woman's Place, Montgomery County Commission for Women, Rockville, MD.

- 1989 Interviewed on the Montgomery Community Television (Rockville, MD) show "Talking Single," concerning cognitive therapy, depression, and communication in intimate relationships.
- 1989 Presented a public lecture "Resolving Conflicts in Intimate Relationships Through Cognitive and Communication Skills" in the Johns Hopkins University Wednesday Noon Series
- 1990 Interviewed by *New York Times* for an article on relationships between stepparents and stepchildren.
- 1990 Presented a talk "Communication and Expectations about Relationships" for the organization One-Plus-One, Bethesda, MD.
- 1991 Interviewed by *Ladies Home Journal* for an article on handling conflict among adult siblings.
- 1991 Interviewed by *New York Times* for an article on stepfamily relationships and conflicts.
- 1991 Interviewed by *New York Times* for an article on family issues concerning twins.
- 1991 Interviewed by *New York Times* for an article on chronic parent-adolescent conflict.
- 1992 Interviewed by *New York Times* for an article on relationship issues arising when adult children lend money to their parents.
- 1993 Interviewed by *Washington Post* for an article on marital conflict styles.
- 1993 Interviewed by *Reader's Digest* for an article on relationships with in-laws.
- 1993 Interviewed by *New York Times* for an article on how parents can understand and deal with children's tendencies to "play one parent against the other."
- 1994 Presented a talk "The Importance of Communication in Close Relationships" at the Rockville Jewish Community Center, Rockville, MD.
- 1994 Interviewed by *Washington Post* for an article on couple conflicts concerning holiday traditions.
- 1995 Interviewed by *Psychology Today* for an article on obsessive thoughts.
- 1995 Interviewed by *Redbook* for an article on "danger points" in marriage.
- 1995 Interviewed by *Detroit Free Press* for an article on research concerning couple conflict resolution patterns.

- 1995 Interviewed by *Good Housekeeping* for an article on family estrangements.
- 1995 Interviewed by *Parenting* for an article on conflict in couples with young children.
- 1996 Interviewed by *First for Women* magazine, for an article on how couples' expectations for their marriages can be influenced by their attitudes about their parents' marriages.
- 1996 Interviewed by *Prevention* magazine, for an article on managing family conflict at holiday gatherings.
- 1996 Interviewed by *Good Housekeeping* for an article on strategies for engaging children in cleanup chores after meals.
- 1997 Interviewed by *Bride* magazine for an article on how couples can maintain healthy boundaries in relationships with in-laws.
- 1999 Interviewed by *Family Circle* for an article on ways to foster cohesiveness during extended family social gatherings.
- 1999 Presented a talk "For Better or Worse: Research on Marriages That Last" at the University of Maryland, College Park Open House "Explore Our World" April 24, 1999.
1999. 1999. Interviewed by *San Jose Mercury News* for an article on coping with holiday family stress.
1999. 1999. Interviewed by *Parents* magazine for article on sources of parents' arguments and ways to reduce them.
- 2000 Interviewed by *For the Children* magazine, in Shanghai, China, for an article on parenting skills.
- 2000 Interviewed by *Time* magazine for article on "affluenza" (parents purchasing things excessively for their children), its causes, and its effects.
- 2000 Interviewed by *Time* magazine for article on my research on couples' relationship standards.
- 2000 Interviewed by *The Los Angeles Times* for an article on coping with depression in a marital partner.
- 2001 Interviewed by *Seventeen Magazine* for an article on teens coping with parental conflict.
- 2001 Interviewed by WTOP radio (Washington, DC) concerning family stresses associated with Thanksgiving holiday dinners.

- 2002 Interviewed by *Washington Post* for an article on handling conflict during family dinners (in relation to TV series “The Sopranos”).
- 2002 Interviewed by the *New York Times* for an article on couples arguing over driving in cars.
- 2002 Interviewed by *Boston Globe* for an article on mental health impacts of marriage for women and for men.
- 2002 Interviewed by *PsychologyToday.com* for an article on handling family conflict at holiday gatherings.
- 2002 Interviewed by *Washington Times* for an article on ways of reducing stress and conflict in holiday family gatherings.
- 2004 Interviewed by *Los Angeles Times* for article on holidays and family stress.
- 2004-2009 Member of Marriage Institute Advisory Board, *Redbook* magazine.
- 2004 Interviewed by *Redbook* for an article on changes in couples’ expectations of marriage.
- 2004 Interviewed by *Los Angeles Times* for article on negative responses to a spouse’s physical illness.
- 2004 Interviewed by *Redbook* for an article on communication in couple relationships.
- 2005 Interviewed by *Philadelphia Inquirer* for article on spouse similarities and longitudinal marital satisfaction
- 2005 Interviewed by *Redbook* for article on members of couples who have different parenting styles.
- 2005 Interviewed by *Baltimore Sun* for article on infidelity.
- 2005 Interviewed by *Redbook* for article on resolving couple conflicts in stepfamilies.
- 2005 Interviewed by *Redbook* for article on reducing stresses of parenting multiple children.
- 2005 Interviewed by *Washington Post* for article on couples who choose to sleep apart
- 2006 Interviewed by *Wall Street Journal* for article on negative impact on children of parents’ frequent involvement with portable email devices
- 2007 Interviewed by *Redbook* for article on reducing marital conflict over performance of home maintenance tasks.

- 2009 Presented keynote address “Families: Their Crucial Roles in Physical and Mental Health” at the annual meeting of the Prince George’s County Mental Health Association, Largo, MD, May 2.
- 2009 Interviewed by *Washington Times* for article on couples’ decisions to postpone divorce due to effects of the national economic downturn.
- 2010 Interviewed by *Redbook* for article on the impact of economic stress on couple relationships and teaching couples strategies to reduce the negative impact.
- 2013 Interviewed by *Women’s Health* magazine for an article on inter-generational family patterns of individual and relationship functioning and how to assess them.
- 2015 Interviewed by Westwood One Radio News Network for nationally syndicated story on empty nest parents.

Organizational memberships:

- 1981-present Member and Fellow, American Psychological Association
- 1978-present Member, Association for Behavioral and Cognitive Therapies (formerly the Association for Advancement of Behavior Therapy)
- 1982-2000 Member, Society for Psychotherapy Research
- 1984-present Clinical Fellow, American Association for Marriage and Family Therapy
- 1989-present Member, Groves Conference on Marriage and the Family
- 1999- present Founding Fellow, Academy of Cognitive Therapy

Scholarly activities:

- 1982-1987 Associate editor, *The Cognitive Behaviorist*, Cognitive Therapy Special Interest Group, Association for Advancement of Behavior Therapy
- 1983 Paper review chair for 1983 national convention of the Society for the Scientific Study of Sex
- 1983-1987 Member of editorial board, *British Journal of Cognitive Psychotherapy*
- 1987- Member of editorial board, *Journal of Cognitive Psychotherapy: An International Quarterly*
- 1992-2008 Member of editorial board, *Psychological Assessment: A Journal of Consulting and Clinical Psychology*
- 1992-1994 Member of editorial board, *Behavior Therapy*
- 1992-1997 Member of editorial board, *Journal of Marital and Family Therapy*
- 1995- Designated reviewer, *Journal of Marriage and the Family*

- 1996-1997 Member of editorial board, *Cognitive and Behavioral Practice*
- 1999-2006 Member of editorial board, *Journal of Sex and Marital Therapy*
- 2000- Member of editorial board, *Journal of Couple and Relationship Therapy*.
- 2006- Member of editorial board, *International Journal of Cognitive Therapy*.
- 1979-present Reviewed manuscripts periodically for the following journals:
Behavior Therapy
Behavioral Assessment
American Journal of Family Therapy
British Journal of Cognitive Psychotherapy
Psychological Reports
Journal of Marriage and the Family
Journal of Marital and Family Therapy
Journal of Consulting and Clinical Psychology
Journal of Cognitive Psychotherapy: An International Quarterly
Journal of Personality and Social Psychology
Cognitive Therapy and Research
Psychological Assessment: A Journal of Consulting and Clinical Psychology
Journal of Integrative Psychotherapy
Family Relations
Personal Relationships
Contemporary Family Therapy
Family Process
Journal of Interpersonal Violence
- 1986 Guest editor (with A. Freeman and K. Simon) of special issue of the *Journal of Psychotherapy and the Family* on depression in the family context
- 1997-1999 Member of on-line panel "On Cognitive-Behavioral Therapy" presented by Psy Broadcasting Corporation, Montclair, NJ; monthly discussions of theoretical and clinical topics with several other CBT experts from academic settings
- 2003-2004 Co-director (with Robert Brown) of Postdoctoral Institute on Couple Therapy, Maryland Psychological Association.
- 2005 Guest editor (with Frank Dattilio), special section on the role of cognitive-behavioral interventions in couple and family therapy, *Journal of Marital and Family Therapy*.
- 2006 Guest editor, special issue on cognitive-behavioral interventions for couples. *Journal of Cognitive Psychotherapy*.
- 2008-2009 Hosted Fulbright Scholar Xiaoyi Fang, Ph.D. of the Institute for Developmental

Psychology, Beijing Normal University (BNU) for the academic year in the Department of Family Science, University of Maryland; collaborated on research and development of a couple and family therapy graduate curriculum for BNU.

2013-2017 Member of editorial board, *Journal of Marital and Family Therapy*.

2015- Member of editorial board, *Family Process*.

2017- Member of editorial board, *Asian Journal of Family Therapy*.

Workshops and other in-service activities:

1980 Presented Medical Education Program on marital therapy at Delaware County Memorial Hospital, Drexel Hill, Pennsylvania

1981 Presented continuing education program "Cognitive-Behavioral Therapy for Marital Dysfunction" at the Veterans Administration Hospital, Hines, Illinois

1983 Provided in-service training seminar on marital therapy to staff of Philadelphia Consultation Center, Philadelphia, Pennsylvania

1983 Presented workshop "Integrating Cognitive-Behavioral and Communication Approaches to Marital Therapy" at the Center for Integrative Psychotherapy and Training, Philadelphia, Pennsylvania

1984 Presented workshop "Cognitive-Behavioral Approaches to Marital Treatment" at the annual meeting of the Association for Advancement of Behavior Therapy/World Congress on Behavior Therapy, Washington, D.C. (with J.L. Abrahms).

1984 Presented workshop "Cognitive-Behavioral Approaches to Marital Therapy" at the annual meeting of the Maryland Psychological Association, College Park, Maryland

1985 Presented workshop "Cognitive-behavioral approaches to marital and relationship therapy" for the Maryland Psychological Association, Columbia, MD

1985 Workshop "Cognitive-behavioral approaches to marital treatment" presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Houston, Texas (with J.L. Abrahms).

1985 Institute "Advances in cognitive-behavioral marital therapy" presented (with Donald Baucom) at the annual meeting of the Association for the Advancement of Behavior Therapy, Houston, Texas

1986 Workshop "Cognitive-behavioral approaches to marital treatment" presented at the annual meeting of the Association for Advancement of Behavior Therapy, Chicago (with J.L. Abrahms).

- 1987 Workshop "Cognitive-behavioral approaches to marital therapy" presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston (with J.L. Abrahms).
- 1987 Workshop "Cognitive/behavioral therapy: A comprehensive approach for working with couples" presented for the Program in Human Sexuality, Department of Family Practice and Community Health, University of Minnesota Medical School, Minneapolis.
- 1987 Workshop "Communications in intimate relationships" presented as part of the spouse program at the annual meeting of the American Society of Landscape Architects, Baltimore.
- 1987 Workshop "Cognitive-behavioral marital therapy" presented for Cognitive Therapy Training Programs, Philadelphia.
- 1988 Workshop "Cognitive-behavioral approaches to marital therapy" presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York (with J.L. Abrahms).
- 1989 Workshop "Cognitive-behavioral therapy with couples and families" presented at Forbes Regional Health Center, Monroeville, PA.
- 1989 Workshop "Cognitive-behavioral marital and family therapy" presented at the Center for Cognitive Therapy, University of Pennsylvania, Philadelphia.
- 1989 Workshop "Working with family belief systems and behavioral skills to enhance family coping" presented at the annual meeting of the Groves Conference on Marriage and the Family, Savannah, GA.
- 1989 Workshop "Cognitive-behavioral approaches to marital therapy" presented at the annual meeting Therapy, Washington, DC (with J.L. Abrahms).
- 1990 Workshop "New developments in cognitive-behavioral marital therapy" presented at the annual meeting of the Cleveland Area Behavior Therapy Association, Cleveland, OH.
- 1990 Workshop "Cognitive-behavioral therapy with couples" presented at the Marymount Community Mental Health Center, Garfield Heights, OH.
- 1990 Workshop "Cognitive-behavioral therapy with couples and families" presented at the Hamot Mental Health Center, Erie, PA.
- 1990 Presented in-service training workshop "Cognitive-behavioral marital therapy" for employee assistance program staff at Montgomery General Hospital, Olney, MD.
- 1990 Workshop "Developments in cognitive-behavioral marital therapy" presented at the annual meeting of the American Association for Marriage and Family Therapy, Washington, DC.
- 1990 Workshop "Cognitive-behavioral approaches to marital therapy" presented at the annual

- meeting of the Association for Advancement of Behavior Therapy, San Francisco, CA (with J.L. Abrahms).
- 1991 Workshop "Cognitive-behavioral marital therapy" presented at the Department of Psychiatry, University of Medicine and Dentistry of New Jersey, Cherry Hill, NJ.
- 1991 Workshop "Cognitive-behavioral approaches to marital therapy" presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York (with J.L. Abrahms).
- 1992 Institute "Advances in cognitive-behavioral therapy with couples" presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA (with J.L. Abrahms and D.H. Baucom).
- 1993 Institute "Advances in cognitive-behavioral therapy with couples" presented at the annual meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA (with D.H. Baucom).
- 1994 Institute "Cognitive-behavioral therapy with couples" presented at the annual meeting of the Association for Advancement of Behavior Therapy, San Diego, CA (with D.H. Baucom).
- 1994 Workshop "Dealing with the resistant couple" presented at the conference "Treating Couples: Making & Mending Marriages," sponsored by the Mental Health Association of Northern Virginia.
- 1995 Workshop "Cognitive-behavioral therapy with couples" presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC (with D.H. Baucom).
- 1996 In-service workshop "Cognitive-Behavioral Therapy with Couples" presented at Affiliated Community Counselors, Inc., Rockville, MD.
- 1996 In-service workshop "Cognitive-Behavioral Therapy with Couples" presented at the Institute for Human Resources, Rockville, MD.
- 1996 In-service workshops (two half days) on "Cognitive-Behavioral Approaches to Couples Therapy" presented for the Psychology Department, Walter Reed Army Medical Center, Washington, DC.
- 1996 Workshop "Cognitive-Behavioral Therapy with Couples" presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, November, 1996.
- 1997 In-service workshop "Cognitive-Behavioral Family Therapy" presented in the Psychology Seminar at the Regional Institute for Children and Adolescents (RICA), Rockville, MD, January 8, 1997.
- 1997 Intensive (5-day, 30 hr.) workshop "Cognitive-Behavioral Assessment and Treatment of

- Individuals, Couples, and Families" presented in the Department of Medical Psychology, Shanghai Second Medical University, Shanghai, P.R.C., October 15-19, 1997.
- 1997 Workshop "Parenting and Family Dynamics: Implications for School Counselors" presented in the Department of Medical Psychology, Shanghai Second Medical University, Shanghai, P.R.C., October 28, 1997.
- 1999 Workshop "Advances in Cognitive-Behavioral Couple Therapy" presented at the International Family Therapy Association 11th World Congress, Akron, Ohio, April 14, 1999.
- 1999 Presented workshop "Advances in Cognitive-Behavioral Couple Therapy: Assessment and Intervention with Behavioral Patterns and Cognitive Themes" at the annual meeting of the Association for Advancement of Behavior Therapy, Toronto, November (with D.H. Baucom).
- 2000 Presented 2-day workshop "Advances in Cognitive-Behavioral Couples Therapy" at Walter Reed Army Medical Center (sponsored by WRAMC Clinical Psychology Internship Program), March 16-17.
- 2000 Presented 7-day seminar "Cognitive-Behavioral Therapy with Individuals, Couples, and Families" at Department of Medical Psychology, Shanghai Second Medical University, May 21-27.
- 2000 Presented in-service lecture on family factors in adolescent depression to Maryland 4-H Youth Development Specialists, University of Maryland 4-H Center, October 4.
- 2000 Presented workshop "Advances in Cognitive-Behavioral Couple Therapy: Assessment and Intervention with Behavioral Patterns and Cognitive Themes" at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, November 17.
- 2001 Presented workshop "Advances in Cognitive-Behavioral Therapy with Couples and Families" at the World Congress of Behavioural and Cognitive Therapies," Vancouver, BC, July 17 (with Frank Dattilio).
- 2001 Presented all-day workshop "Advances in Cognitive-Behavioral Couple Therapy" at the annual meeting of the Minnesota Association for Marriage and Family Therapy, St. Paul, MN, April 27.
- 2002 Presented workshop "When Personal Finances Get Personal: Money as a Source of Stress and Conflict in Couple Relationships" at the Personal Finance Seminar for Professionals, Maryland Cooperative Extension, Columbia, MD, May 20.
- 2002 Presented 5-hour Institute "Cognitive-Behavioral Couple Therapy: A Contextual Approach" at the annual meeting of the American Association for Marriage and Family Therapy, Cincinnati, OH, October 24.
- 2003 Presented workshop "When Personal Finances Get Personal: Money As a Source of Stress

and Conflict in Couple Relationships” at the 8th Annual Education Conference for Collections and Financial Counseling, National Capital Area Financial Counselors Roundtable, Hershey, PA, April 14.

- 2003 Presented workshop “The Distressed Couple: Assessment and Treatment Planning” sponsored by the Maryland Psychological Association, Columbia, MD, April 25 (with Robert Brown).
- 2003 Presented 6-hour workshop “Cognitive-Behavioral Couple Therapy: A Contextual Approach” sponsored by the Maryland Psychological Association, Columbia, MD, June 13.
- 2003 Presented workshop “Challenges of Controlled Research in a Clinical Setting” at the annual meeting of the American Association for Marriage and Family Therapy, Long Beach, CA, October 18 (with Carol Werlinich).
- 2004 Presented 2-day workshop “Enhanced Cognitive-Behavioral Therapy for Couples: A Contextual Approach” for COGICOR, Montreal, Canada.
- 2004 Presented workshop “The Assessment and Treatment of Couple Violence” at the annual meeting of the Maryland Psychological Association, Annapolis, MD, October 29 (with Christopher Murphy).
- 2005 Presented 3-day workshop “Assessment and Treatment of College Students Who are Experiencing Problems with Anxiety, Depression, Suicidal Risk, and Anger Control” to college and university counselors from across China, at the Department of Psychology at Beijing Normal University, May 17-19.
- 2005 Presented workshop “Cognitive-Behavioral Couple Therapy: A Contextual Approach” at the International Conference on Family Therapy – AFTA-IFTA 2005, Washington, DC, June 25.
- 2005 Presented 4-day (20 hr.) institute “Advanced Cognitive-Behavioral Therapy for Couples: A Contextual Approach” at the Summer Institutes of the American Association for Marriage and Family Therapy, Santa Rosa, CA, August 1-4.
- 2005 Presented institute “Couple Therapy for Domestic Abuse: A Cognitive-Behavioral Approach” at the annual meeting of the American Association for Marriage and Family Therapy, Kansas City, MO, October 20 (with Carol A. Werlinich, Jaslean J. LaTaillade, Lindsey M. Hoskins, Taryn Dezfulian, M. Sarah Kursch, Mark J. Treimel, Serena C. Galloway, and Rachel Alexander).
- 2005 Presented clinical roundtable “Infidelity and Forgiveness: Clinical and Research Innovations at the annual meeting of the Association for Behavioral and Cognitive Therapies (formerly Association for Advancement of Behavior Therapy), Washington, DC, November 18 (with Janis A. Spring, Frank D. Fincham, Donald H. Baucom, and Kristina Gordon).

- 2006 Presented workshop “Family Psychoeducation Program for Schizophrenia” at the annual meeting of the American Association for Marriage and Family Therapy, Austin, TX, October 21 (with Ashley Southard).
- 2006 Presented all-day workshop “Enhanced Cognitive-Behavioral Therapy with Couples: A contextual Approach” at the annual meeting of the Quebec Order of Psychologists, Montreal, Quebec, Canada, November 4.
- 2006 Presented workshop “Cognitive-Behavioral Couple Therapy for Domestic Abuse” at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL, November 17 (with Jaslean J. LaTaillade and Carol A. Werlinich).
- 2006 Presented clinical roundtable “Integrative Couple Approaches to Assess, Treat, and Prevent Relapse of Male Sexual Dysfunctions” at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL, November 18 (with Michael E. Metz and Barry W. McCarthy).
- 2007 Presented workshop “Enhanced Cognitive-Behavioral Therapy for Couples” at the Department of Psychology, Beijing Normal University, Beijing, P.R.C., June 18.
- 2007 Presented Grand Rounds “Cognitive-Behavioral Approaches to Helping Couples Cope Constructively with Life Stresses and Relationship Conflict” at Memorial Sloan-Kettering Cancer Center, New York, NY, September 28.
- 2007 Presented workshop “Cognitive-Behavioral Couple Therapy: Considering the Individuals, the Dyad, and the Couple’s Environment” presented at Memorial Sloan-Kettering Cancer Center, New York, NY, September 28.
- 2007 Presented workshop “Family Psychoeducation and Therapy Program for Schizophrenia” at Vesta, Inc., Lanham, MD, October 5.
- 2007 Presented workshop “MFTs’ Roles in Healing Families with Serious Mental Illness” at the annual meeting of the American Association for Marriage and Family Therapy, Long Beach, CA, October 13 (with William F. Northey).
- 2008 Presented 4-day (20-hour) institute “Advanced Cognitive-Behavioral Therapy with Couples: A Contextual Approach” at the AAMFT Summer Institutes, Vancouver, WA, August 11-14.
- 2008 Presented workshop “Ethical Issues in Couple Therapy for Partner Violence” at the annual convention of the American Association for Marriage and Family Therapy, Memphis, TN, October 31 (with Jaslean J. La Taillade and Carol A. Werlinich).
- 2008 Presented workshop “Practical and Ethical Issues in Family Psychoeducation” at the annual convention of the American Association for Marriage and Family Therapy, Memphis, TN, November 1 (with William F. Northey).
- 2009 Taught study abroad course “Models of Couple and Family Therapy: Cross-Cultural

Applications in China and the United States” for University of Maryland Couple and Family Therapy Program graduate students and Beijing Normal University Institute for Developmental Psychology graduate students, at Beijing Normal University, July 10-25.

- 2010 Presented keynote address/workshop “Interventions with Couples Facing Economic Stress” at the annual meeting of the Maryland Association for Counseling and Development, Columbia, MD, April 30.
- 2010 Presented 3-day workshop “Enhanced Cognitive-Behavioral Therapy with Couples and Families” for the Tokyo region cognitive-behavioral therapy association, sponsored by Resta, August 6-8, Tokyo, Japan.
- 2010 Presented 5-hour Institute “Cognitive-Behavioral Couple and Family Therapy” at the annual convention of the American Association for Marriage and Family Therapy, Atlanta, GA, September 23 (with Frank Dattilio).
- 2010 Presented workshop “Applying Western-Developed Family Therapy models in China” at the annual convention of the American Association for Marriage and Family Therapy, Atlanta, GA, September 24 (with Jennifer Fang and Tiffani Stevenson).
- 2011 Presented 2-day workshop “Cognitive-Behavioral Couple and Family Therapy” for Armed Forces mental health professionals at the Spring Medical Surgical / Behavioral Science Conference, Armed Forces Recreation Center, Garmisch, Germany, May 2-3 (with Frank Dattilio).
- 2011 Presented workshop “When Personal Finances Become Personal: Money as a Source of Stress and Conflict in Couple Relationships and How Professionals Can Help” presented at the annual University of Maryland Extension 2011 Personal Finance Seminar for Professionals, Annapolis, MD, May 13.
- 2011 Presented 5-hour Institute “Cognitive-Behavioral Couple and Family Therapy” at the annual convention of the American Association for Marriage and Family Therapy, Fort Worth, TX, September 22 (with Frank Dattilio).
- 2011 Presented workshop “Helping Couples Cope with Financially Based Marital Distress” at the annual convention of the American Association for Marriage and Family Therapy, Fort Worth, TX, September 24 (with Mariana Falconier).
- 2011 Presented workshop “Helping Couples Cope with Financially Based Marital Distress” at the annual convention of the National Council on Family Relations, Orlando, FL, November 19 (with Mariana Falconier).
- 2012 Presented 2-day workshop “Enhanced Cognitive-Behavioral Therapy with Couples and Families” for the Tokyo region cognitive-behavioral therapy association, sponsored by Resta, January 14-15, Tokyo, Japan.
- 2012 Presented workshop “Enhanced Cognitive-Behavioral Therapy with Couples” at the Sino-American Forum on Marriage and Family Therapy, Beijing Normal University, Beijing,

China, August 8, 2012.

- 2012 Presented workshop “Cognitive-Behavioral Therapy with Families” at the Sino-American Forum on Marriage and Family Therapy, Beijing Normal University, Beijing, China, August 9, 2012.
- 2012 Presented 5-hour Institute “Couple Therapies for Psychological and Physical Aggression” at the annual convention of the American Association for Marriage and Family Therapy, Charlotte, NC, September 13, 2012 (with Carol A. Werlinich, John R. Hart, BreAnna L. Davis, Morgan A. Childers, Deanna N. Pruitt, David S. Curtis, & Andrew J. Dauler).
- 2013 Presented 3-day workshop “Applications of Cognitive-Behavioral Therapy for School Counselors” at East China University of Political Science and Law, Shanghai, China, July 15, 16 & 18.
- 2013 Presented 5-hour Institute “Cognitive-Behavioral Couple and Family Therapy” at the annual convention of the American Association for Marriage and Family Therapy, Portland, OR, September 17 (with Frank Dattilio).
- 2014 Presented 2-day workshop “Behavioral and Cognitive Therapy with Couples: Aggression Shame, and the Relationship between conflict and sexual Dysfunctions” [“Thérapie Comportementale et Cognitive de Couple: L’agression et al Honte dans le Couple; Liens entre les Relations Conflictuelles et les Dysfonctionnements Sexuels”] organized by the Association pour le Développement des Thérapies Comportementales des Couples et des Families, presented at Lille 3 Université des Sciences Humaines et Sociales, Lille, France, May 26-27.
- 2014 Presented 5-hour Institute “Couple Therapies for Psychological and Physical Aggression” at the annual convention of the American Association for Marriage and Family Therapy, Milwaukee, WI, October 16 (with Carol A. Werlinich, John R. Hart, BreAnna L. Davis, Elizabeth Ott and Paige Murtagh).
- 2014 Presented workshop “Applying Western-Developed Family Therapy Models in China” at the annual convention of the American Association for Marriage and Family Therapy, Milwaukee, WI, October 18 (with Jennifer Young, Le Zheng, and Haedong Kim).
- 2015 Presented workshop “Applying Western-developed Family Therapy Models in China” at the annual convention of the Society for the Exploration of Psychotherapy Integration, Baltimore, MD, June 19 (with Haedong Kim, Jing Lan, Jennifer L. Young, and Le Zheng).
- 2015 Presented workshop “Therapy with Chinese Couples and Families” at the annual convention of the American Association for Marriage and Family Therapy, Austin, TX, September 5 (with Jennifer Young, Le Zheng, and Haedong Kim).
- 2015 Presented Research and Development in-service talk “Therapy with Chinese Families: Common Factors Influencing the Therapeutic Alliance” at the Student Counseling Center, University of Maryland, College Park, December 2.

- 2016 Presented workshop “Cognitive-Behavioral Therapy with Couples and Families” in the Institute for Developmental Psychology, Beijing Normal University, July 16.
- 2016 Presented keynote address “How to Be an Effective Couple and Family Therapist” at the 3rd International Forum on Marriage and Family Therapy, Academy of Psychology and Behavior, Tianjin Normal University, Tianjin, China, July 19.
- 2016 Presented workshop “Assessing and Treating Shame in Couple and Family Therapy” at the annual convention of the American Association for Marriage and Family Therapy, Indianapolis, IN, September 16 (with Mariana Falconier).
- 2017 Presented workshop “How to Deal with Intimate Partner Violence” in the Department of Child Development and Family Studies, Seoul National University, Seoul, South Korea, July 3.
- 2017 Presented workshop “Cognitive-Behavioral Couple and Family Therapy” for the Korean Association of Family Therapy, at Soongsil University, Seoul, South Korea, July 7.

UNIVERSITY SERVICE

University:

1984-1985	Member, Campus Senate Adjunct Committee on Student Conduct
1985-1986	Member, Campus Senate Adjunct Committee on Libraries, Computers and Other Instructional Resources
1994	Member, Campus APT Appeals Committee
1996-1997	Member, Graduate Student Affairs Committee
2011-2012	Member, President’s Task Force on Collaboration with China, Research Sub-committee
2013-2014	Member, Campus APT Appeals Committee

College of Human Ecology:

1984-1985	Alternate, Division Council
1985-1986	Member, Division Council
1985-1987	Chair, College Research Committee
1986-1987	Member, College 5-Year Plan Committee
1988-	Member, Dean's Research Advisory Committee
1988-1989	Chair, Graduate Policies Committee
1991	Member, College Promotion & Tenure Committee

College of Health and Human Performance (School of Public Health as of 9/26/2007):

1992-	Member, Dean's Research Advisory Committee
1993-1994	Chair, College Promotion and Tenure Committee
1994-1995	Ad hoc member, Department of Health Education Promotion and Tenure Committee

1995-1996	Member, College Promotion and Tenure Committee
1998-1999	Member, College Advisory Committee
2000-2001	Member, College Promotion and Tenure Committee
2003-2004	Member, College Promotion and Tenure Committee
2005-	Member, College Strategic Plan Committee
2005-2006	Member, College Promotion and Tenure Committee
2007-2012	Member, College Promotion and Tenure Committee
2015-	Member, College Promotion and Tenure Committee

Departmental:

1983-1984	Member, Awards and Honors Committee
1983-1989	Chair, Human Subjects Review Committee
1990-1992	Member, Human Subjects Review Committee
1983-1986	Departmental representative to McKeldin Library
1984-1985	Member, Family Sciences Curriculum Development Committee
1985-1986	Member, Technology Planning Committee
1986-1987	Member, Chair Search Committee
1987-1988	Chair, Department Faculty Search Committee
1988-1989	Chair, Executive Committee Tenure Review
1988-1994	Member, Ph.D. Development Committee
1990	Chair, Department Faculty Search Committee
1992-1994	Chair, Departmental Speakers Program Committee
1993-1994	Member, Graduate Studies Committee
1994-1997	Director of Graduate Studies/Chair, Graduate Studies Committee/Chair, Ph.D. Development Committee
1998	Member, Merit Committee
1998	Member, Faculty Review Committee
1998	Member, Graduate Studies Committee
1998-2007	Member, Human Subjects Committee
1999-2000	Chair, Faculty Search Committee
1999-2001	Member, Merit Committee
2001-2002	Member, Department Review Committee
2003	Member, Merit Committee
2003-2004	Member, Promotion and Tenure Committee
2003- present	Director of Education and Training, Couple and Family Therapy Program
2003- present	Member Graduate Studies Committee
2006-2007	Member, Faculty Search Committee
2006-	Member, Promotion and Tenure Committee
2008-2009	Chair, Faculty Search Committee
2010-	Chair, Human Subjects Committee
2013-2014	Chair, Faculty Search Committee, Couple and Family Therapy faculty position
2014-2015	Member, Chair Search Committee
2015	Member, Post-Tenure Review Committee
2015-2016	Member Chair Search Committee
2016-2017	Member Chair Search Committee

2016-2017 Chair, Promotion Committee
2017-2018 Member Chair Search Committee

Masters and doctoral committee membership (while at the University of Maryland):

1984 Janice Delucia, FMCD, M.S.
Joseph Longo, School of Education, University of Pennsylvania, Ph.D.
Mary Jo Brownell, School of Nursing, University of Pennsylvania, Doctor
of Nursing Science

1985 Joan Delovitch, FMCD, M.S.
Linda Stone, FMCD, M.S. (chair)
Kay Childers, FMCD, M.S.

1986 Susan Staff, FMCD, M.S.
Jonathan Kandell, FMCD, M.S.

1987 Meredith Branson, FMCD, M.S.

1988 Marilyn Frick, FMCD, M.S. (chair)
Margaret Easley, FMCD, M.S. (chair)
Michael Seiler, PSYC, Ph.D.
May Vechery, FMCD, M.S.

1989 Rachel Glick, FMCD, M.S. (chair)
Susan Gordon, CAPS, Ph.D.
Karen Sadlier, FMCD, M.S.
Patricia Duchesne, FMCD, M.S.
Lisa Zelazny Goatley, FMCD, M.S.

1990 Rosemarie Ciccarelli, PSYC, Ph.D.
Janet Hawley, FMCD, M.S. (chair)

1991 Steve Walwyn, FMCD, M.S. (chair)
Melissa Gregory, FMCD, M.S.
Linda Moore, FMCD, M.S.
Michelle Clossick, FMCD, M.S.
Susan Rockwell Campbell, PSYC, Ph.D.

1992 Patricio Cumsille, FMCD, M.S. (chair)
Heather Helms, FMCD, M.S. (chair)
William Northey, FMCD, M.S. (chair)
Jennifer Smith, PSYC, Ph.D.
Norma Jimenez, FMST, M.S. (chair)
Eunice Bonner, FMST, M.S. (chair)

1993 Yuri Nozaki, FMST, M.S.

1994 Yun Mei Ting, FMST, M.S.
Walter Alston, FMST, M.S. (chair)
Lynda Evans, FMST, M.S. (chair)
John Evans, FMST, M.S. (chair)
Debra Plewinski, FMST, M.S. (chair)
Annette Wilkerson, FMST, M.S. (chair)
Tracy Jackson, FMST, M.S., (chair)
Bonnie Nelson, FMST, M.S. (chair)

- Lisa Drexler, Dept. of Psych., American U., Ph.D.
Sue Reynolds, Dept. of Health Education, Ph.D.
Mary Wilson, FMST, M.S.
Anne DeV Vaughn, FMST, M.S.
- 1995
Victoria Mahaley Elkins, FMST, M.S.
Wendy Penry, FMST, M.S.
Carrin Martin, FMST, M.S.
Jeanne Dosky, FMST, M.S. (chair)
Anna Kolesar, FMST, M.S.
- 1996
Kent Grelling, Dept. of Psychology, Ph.D.
Jeff Wilkin, Dept. of Psychology, Ph.D.
Joan Eitzen, Dept. of Health Education, Ph.D.
Judy Foulks Marblestone, FMST, M.S. (chair)
Barbara Zachary, Dept. of Psychology, Ph.D.
Stephanie Niedermeyer, FMST, M.S. (chair)
- 1997
Megan Robinson, FMST, M.S.
Sam Dutton, Dept. of Psychology, M.A. (co-chair)
Heather Gendler, FMST, M.S.
Kay Bradford, FMST, M.S.
Erica Larson, FMST, M.S. (chair)
- 1998
Sarah Roberts, FMST, M.S. (chair)
Jennifer Thomas, Dept. of Psychology, Ph.D.
John Evans, Dept. of Psychology, UMBC, Ph.D.
Lisa Kretz, Dept. of Psychology, Ph.D.
Mary Loos, Dept. of Psychology, Ph.D.
- 1999
Laurie Alexander, FMST, M.S. (chair)
Dawn Abell, FMST, M.S.
Justin Neylon, FMST, M.S. (chair)
Anne Geronimo, FMST, M.S.
Melinda Gatto, FMST, M.S. (chair)
Kathleen Organek, FMST, M.S.
Karen Schwartz, Dept. of Psychology, Ph.D.
Fred Brewster, HLTH/FMST, Ph.D.
Alix Macomber, FMST, M.S.
- 2000
Chad Matthews, Dept. of Psychology, Ph.D.
Philip Johnson, FMST, M.S.
Angelique McAlpine, FMST, M.S.
Karen Katrinic, FMST, M.S.
Leslie Cohen, FMST, M.S.
Laura Hoard, FMST, M.S.
Irina Beyder-Kamju, FMST, M.S. (chair)
Marla Mills, FMST, M.S. (chair)
Dolores Acquista, FMST, M.S.
- 2001
Cathy Bergmann, Dept. of Psychology, Ph.D.
Linda Girdner, FMST, M.S.
Sam Dutton, Dept. of Psychology, Ph.D. (co-chair)
Wendy Hunt, FMST, M.S. (chair)
Lucia Magarian, FMST, M.S. (chair)

Mariana Falconier, FMST, M.S. (chair)
Amy Cole, FMST, M.S. (chair)
Sabrina Bowen, FMST, M.S. (chair)
Robert Fay, FMST, M.S. (chair)
Jon-Andrew Whiteman, FMST, M.S.

2002
Heisung Lee, Dept. of Comm. and Pub. Health, Ph.D.
Orville Grimes, FMST, M.S. (chair)

2003
Michele Winter, FMST, M.S.
Kathryn Wilder, FMST, M.S. (chair)
Andrew Quach, FMST, M.S.
Mark Mann, Dept. of Psychology, Ph.D.
Pamela Riley, FMST, M.S. (chair)
Karen Cooper, FMST, M.S. (chair)

2004
Irina Beyder-Kamjiou, FMST, Ph.D. (chair)
Jeffrey Jackson, FMST, M.S. (chair)
Ashley Larsen, FMST, M.S. (chair)
Dana Triestman, CAPS, Ph.D.
Laura Hoard, FMST, Ph.D.
J.R. Marghi, FMST, M.S.
Nancy Heiser, Dept. of Psychology, Ph.D.
Mariana Falconier, FMST, Ph.D. (chair)

2005
Lindsey Hoskins, FMST, M.S.
Alexandra Goerl, FMST, M.S.
Sarah Kursch, FMST, M.S.
Kathleen Bateman, FMST, M.S.
Weena Stokes, FMST, M.S. (chair)
Angela Pi-Alvarez, FMST, M.S. (chair)
Taryn Dezfulian, FMST, M.S. (chair)
Ji Young Cho, FMST, Ph.D.

2006
Rachel Alexander, FMST, M.S. (chair)
Rebecca Frey, FMST, M.S. (chair)
Serena Galloway, FMST, M.S.
Elizabeth Davenport-Pollock, FMST, M.S.
Mark Treimel, FMST, M.S.

2007
Chengshuang Ji, FMST, Ph.D.
Laura Evans, FMST, M.S. (chair)
Janey Cunningham, FMST, M.S., (chair)
Elise Resnick, FMST, M.S. (chair)
Jenny Weiand, FMST, M.S. (chair)
April McDowell, FMST, M.S.

2008
Andrew Quach, FMSC, Ph.D. (chair)
Ashley Southard, FMSC, Ph.D.
Katelyn Opel, FMSC, M.S. (chair)
Katie Hrapczynski, FMSC, M.S. (chair)
Nicole Finkbeiner, FMSC, M.S. (chair)
Kirk Voss, FMSC, M.S. (chair)
Amanda Drescher, FMSC, M.S. (chair)
Joanna Waldman, FMSC, M.S.

- 2009 Michael Reiter, Dept. of Psychology, George Washington University
Taryn Dezfulian, FMSC, Ph.D. (chair)
Xiaofang Wang, FMSC, Ph.D.
Monica Mann-Wrobel, Dept. Of Psychology, Ph.D.
Kenneth Parnell, FMSC, M.S. (chair)
Holly Bramble, FMSC, M.S. (chair)
Lynda Yi, FMSC, M.S. (chair)
Leidy Mena, FMSC, M.S. (chair)
- 2010 Lindsey Hoskins, FMSC, Ph.D.
Kirsten Jimerson, FMSC, M.S. (chair)
Leanne Juzaitis, FMSC, M.S. (chair)
Jill Paquin, Dept. of Counseling and Personnel Services, Ph.D.
Jessica Brenneman, FMSC, M.S.
- 2011 Laura Evans, FMSC, Ph.D. (chair)
Kara Savory, FMSC, M.S. (chair)
Sherylls Valladares, FMSC, M.S. (chair)
Ashley Munger, FMSC, M.S. (chair)
Sarah Northey, FMSC. M.S.
Ciara Dresser, FMSC, M.S.
Elizabeth Davenport Pollock, FMSC, Ph.D.
Adam Lowe, FMSC, M.S. (chair)
India James-Gaskins, FMSC, M.S.
- 2012 April McDowell, FMSC, Ph.D. (chair)
Jennifer Fang, FMSC, M.S.
Breann Baker, Department of Psychology, Ph.D.
Morgan Childers, FMSC, M.S. (chair)
Stephanie Rivero, FMSC, M.S. (chair)
John Hart, FMSC, M.S. (chair)
Katelyn Duffy, FMSC, M.S. (chair)
Tara Gogolinski, FMSC, M.S.
Bruce Ross, FMSC, M.S.
Ramaris German, Department of Psychology, American University, Ph.D.
- 2013 Katie Hrapczynski, FMSC, Ph.D.
David Curtis, FMSC, M.S. (chair)
Nicole Ehlert, FMSC, M.S. (chair)
Stephen Mortensen, FMSC, M.S. (chair)
Nicole Finkbeiner, FMSC, Ph.D.
Elise Resnick, FMSC, Ph.D.
Emily Cook, FMSC, Ph.D.
Megan Fitzgerald, FMSC, Ph.D.
- 2014 Kira Roerig, FMSC, M.S. (chair)
Jennifer Young, FMSC, M.S. (chair)
Paige Murtagh, FMSC, M.S. (chair)
Russel Rogers, FMSC, M.S. (chair)
Le Zheng, FMSC, M.S. (chair)
Woochul Park, FMSC, Ph.D. (chair)
Earta Norwood, Dept. of Psychology, Ph.D.
- 2015 Haedong Kim, FMSC, M.S. (chair)

Elizabeth Brown, FMSC, M.S. (chair)
Hyeeun Chung, FMSC, Ph.D.
Anna White, FMSC, M.S. (chair)
Vickye Hayter, FMSC, M.S.
Lindsey Foss, FMSC, M.S. (chair)
2016 Kendra Woolstenhulme, FMSC, M.S. (chair)
Stacey Schwenker, FMSC, M.S. (chair)
Sherylls Kahn, FMSC, Ph.D.
Shyneice Porter, FMSC, M.S.
2017 Taylor Baker, FMSC, M.S. (chair)
Magdalena Straub, FMSC, M.S. (chair)
Jaimaleigh Salazar, FMSC, M.S. (chair)
Tariiq Evans, FMSC, M.S. (chair)
2018 Jennifer Young, FMSC, Ph.D. (chair)
Liza Harbison, FMSC, M.S. (chair)
Natalie Krenz, FMSC, M.S. (chair)
Jasmine Mauss, FMSC, M.S. (chair)
Naomi LeVine, FMSC, M.S.
In progress Megan Radek, Dept. of Psychology, M.A.
Allison Pakstis, FMSC, Ph.D.
Rolonda Williams, FMSC, M.S.
Haedong Kim, FMSC, Ph.D. (chair)
Yiwen Dai, Dept. of Communication, Ph.D.