


Curriculum Vitae
Sandra Lynn Saperstein, PhD

Notarization. I have read the following and certify that this *curriculum vitae* is a current and accurate statement of my professional record.

Signature 

Date: August 28, 2025

1. Personal Information

Contact Information

Department of Behavioral and Community Health
School of Public Health
University of Maryland
College Park, MD 20742
Phone (301) 405-2463
ssaperst@umd.edu

Academic Appointments at UMD

Aug 2018 - present **Lecturer**, Behavioral and Community Health, School of Public Health, UMD

Aug 2010 - May 2018 **Adjunct Lecturer**, School of Public Health, UMD

Other Employment

Aug 2019 - present **Senior Consultant - Research and Evaluation**, Sharp Insight, Kensington, MD

Sept 2010 - July 2018 **Project Director** -Shattuck and Associates, Mt. Airy, MD

Educational Background

2010 **Ph.D.** - Public and Community Health, School of Public Health, University of Maryland, College Park, MD 20742
1986 **M.S.** - Occupational Therapy, Sargent College, Boston University, Boston, MA 02215
1983 **B.A.** - Psychology, SUNY Binghamton, Binghamton, NY, 13902

2. Research, Scholarly, Creative and/or Professional Activities

Refereed Journals

Baur, C., Saperstein, S.L., Griffis, R.L., Vazquez, C., Barnes, L., Fish, J.N. (2025). Implementing a co-design approach to facilitate a COVID-19 vaccination rapid response. *Vaccine*, 62, 1-12. doi: 10.1016/j.vaccine.2025.127585

Ledford, V. A., Cosavalente, H. P. G., Jackson, D. N., Carter, C., **Saperstein, S. L.**, Baur, C., ... Fish, J. N. (2024). An Almost Empty Scoping Review: State of the Research on Tobacco Prevention and Cessation Messaging Strategies for Black and/or Latine LGBTQ+ Youth and Young Adults. *Health Communication*, 1–15. doi: 10.1080/10410236.2024.2370725

- Munoz Bohorquez J, Parra DC, **Saperstein SL**, Aparicio EM, Lewin AM, Green KM. (2023). Feasibility of implementing a mindfulness-based online program for Latina immigrants and the staff that work with them. *Mindfulness*. 14(5):1148-1161.
- Sifat MS, **Saperstein SL**, Tasnim N, Green KM. (2022). Motivations toward using Digital Health and Exploring the Possibility of Using Digital Health for Mental Health in Bangladesh University Students: Cross-sectional Questionnaire Study. *JMIR Formative Research*. 6(3):e34901.
- Olsen SH, **Saperstein SL**, Gold RS (2019). Content and Feature Preferences for a Physical Activity App for Adults With Physical Disabilities: Focus Group Study. *JMIR Mhealth Uhealth* 2019;7(10):e15019; doi: 10.2196/15019.
- McHugh M, **Saperstein SL**, Gold RS. OMG U Cyberbully: An exploration of public discourse about cyberbullying on Twitter. *Health Educ Beh*, 2018, doi: 10.1177/1090198118788610.
- Sadler MD, **Saperstein SL**, Carpenter C, et al. Community Evaluation of the National Diabetes Education Program's Diabetes HealthSense Website. *Diabetes Educ*. 2017;43(5). doi:10.1177/0145721717721183.
- Sadler MD, **Saperstein SL**, Golan E, et al. Integrating Bone Health Information Into Existing Health Education Efforts. *Infant, Child, Adolesc Nutr*. 2013;5(3):177-183. doi:10.1177/1941406413487769.
- Osburn E, Sadler MD, **Saperstein S**, Lotenberg LD, & Sawatzki D. (2012). Physical activity in action: the Best Bones Forever! dance contest featuring Savvy. *Cases PH Comm & Marketing*, 6, 65-86.
- Atkinson NL, Desmond SM, **Saperstein SL**, Billing AS, Gold RS, Tournas-Hardt A. Assets, Challenges, and the Potential of Technology for Nutrition Education in Rural Communities. *J Nutr Educ Behav*. 2010;42(6):410-416. doi:10.1016/j.jneb.2009.09.004.
- Atkinson NL, **Saperstein SL**, Desmond SM, Gold RS, Billing AS, Tian J. Rural eHealth nutrition education for limited-income families: an iterative and user-centered design approach. *J Med Internet Res*. 2009;11(2):e21. doi:10.2196/jmir.1148.
- Atkinson NL, **Saperstein SL**, Pleis J. Using the internet for health-related activities: Findings from a national probability sample. *J Med Internet Res*. 2009;11(1). doi:10.2196/jmir.1035.
- Bensley R, Brusk J, Anderson J, Babl S, **Saperstein SL**. Internet access among low-income WIC populations. *eHealth International J*. 2009, 39-43.
- Atkinson NL, **Saperstein SL**, Massett HA, Leonard CR, Grama L, Manrow R. Using the Internet to search for cancer clinical trials: A comparative audit of clinical trial search tools. *Contemp Clin Trials*. 2008;29(4):555-564. doi:10.1016/j.cct.2008.01.007.
- Saperstein SL**, Atkinson NL, Gold RS. The impact of Internet use for weight loss. *Obes Rev*. 2007;8(5):459-465. doi:10.1111/j.1467-789X.2007.00374.x.

Conferences, Workshops, and Talks

Refereed Presentations

- Saperstein, SL**. Universal design for learning: A focus on multiple means of representation. Innovations in Teaching and Learning Conference, UMD, 5/11/22.
- Saperstein, SL**. Adapting courses to maximize accessibility. Innovations in Teaching and Learning Conference, UMD, 5/25/21.
- Gold RS, **Saperstein S**, St-Ange Ahmad. Are we Failing to Accommodate 20% of our Students and Trainees? Health, Environment & Education in Challenging Times, International Consortium for Interdisciplinary Education, 12/5/2020.
- Gold RS, **Saperstein S**, Rushing R, et al. Adapting courses to maximize accessibility, 2020 Disability Awareness Month, UMD President's Commission on Disabilities, 10/5/2020.
- Dieterich M, Du Mond J, Henn S, Jue J, Sadler M, **Saperstein S**, Wickham C, Walsh B, Coleman, M. (2017). Outcomes from Whitman-Walker Health's Mobile Outreach, Retention & Engagement

(MORE) Program for HIV+ Individuals in Washington, DC. 12th International Conference on HIV Treatment and Prevention Adherence, Miami, FL, 6/6/17.

Saperstein SL, Calvey EM, Davidson ML, Gold RS, Atkinson NA. Improving listeriosis prevention messages for pregnant women: Pilot and mixed methods studies. Poster presentation at the 2010 Food Safety Education Conference, Atlanta, GA, 3/23-26/10.

Workshops

Saperstein S. Introduction to Data Visualization. Horowitz Center for Health Literacy, 2/5/24.

Saperstein S. Introduction to Tableau. UMD SPH Computing Brown Bag Series, 3/8/19.

Saperstein SL. Purpose and preparation of a logic model. Webinar, Kaiser Permanente, 1/27/17.

Saperstein SL. Making the most of your community health assessment. Webinar, American Lung Association, 5/29/14.

Blatt B, **Saperstein SL**, Jump Z. Webinar: Community Health Assessments. American Lung Association, 11/20/13.

3. Teaching, Extension, Mentoring, and Advising

Courses Taught

2010 - present	HLTH434/434H : Introduction to Public Health Informatics, Public Health Science and Behavioral and Community Health, In-person and online, 3 credits
2015 - present	HLTH672 : Introduction to Public Health Informatics, Behavioral and Community Health, In-person and online, 3 credits
Winter 2020	HTLH264 : Tweets and Likes: Digital Health and Social Media, I-Series Course, online, 3 credits
2019 - present	HLTH364/364H : Social Media and Digital Tools for Community and Public Health, in-person and online, 3 credits
Spring 2019	HLTH264 : Tweets and Likes: Digital Health and Social Media, I-Series Course, in-person, 3 credits
Fall 2018	HLTH264 : Tweets and Likes: Digital Health and Social Media, I-Series Course, in-person, 3 credits

Teaching Innovations

Summer 2020	Teaching Innovation Grant , UMD, with PI Robert S. Gold - Adapting Courses to Maximize Accessibility. This project focused on adapting a required HLTH course from in-person to online, with the aim of maximizing accessibility and developing course content for future public health practitioners to learn about creating accessible materials
-------------	---

Ongoing	Use of Innovative Classroom Technologies . Incorporating a variety of teaching technologies to all courses to provide active learning experiences for students. Examples include the use of a simulated electronic health record, Tableau for data visualization, Canva for creating health communication materials, and Google Jamboards for interactive learning
---------	---

Teaching Assistant Supervisor

Fall 2021 – present	Supervising BCH teaching assistants, including delivering orientation training, midyear meetings, trouble-shooting TA problems and issues, maintaining Canvas space for materials and required documents, and assisting with TA course placement
---------------------	--

Advising

Fall 2025 – present	UMD SPH BCH Masters Capstone Committee Member: Mya Smith
Dec 2024 – present	UMD SPH BCH Doctoral Committee Member: Katherine Raymond
Aug 2020 - Aug 2021	UMD SPH BCH Doctoral Committee Member: Munireen Sifat
Mar 2021 - Feb 2022	UMD SPH BCH Doctoral Committee Member: Juliana Munoz
Oct 2021 – May 2023	UMD SPH BCH Doctoral Committee Member: Amara Channell Doig
Dec 2021 - Dec 2022	UMD SPH BCH Doctoral Committee Member: Michelle Jasczynski
Feb 2021 - Spring 2022	UMD SPH MIEH Masters Capstone Committee Member: K. Blair Budd
Fall 2022 - Spring 2023	UMD SPH BCH Masters Capstone Committee Member: Tanjum Chowdhury
Fall 2022 - Spring 2023	UMD SPH BCH Masters Capstone Committee Member: Despina Thomas
Fall 2022 - Spring 2023	UMD SPH BCH Masters Capstone Committee Member: Rachel Stevens
Fall 2022 - Spring 2023	UMD SPH BCH Masters Capstone Committee Member: Megan McCarthy
May 2019	UMD Gemstone Undergraduate Discussant: Team Pressure

4. Service and Outreach***Journal Reviews***

2022 Journal of Medical Internet Research – Article review
2022 Annals of Behavioral Medicine – Article review
2022 Obesity Reviews – Article review
2021 Health Education & Behavior – Article review

Committees, Professional & Campus Service

2024 – present SPH BCH AREI Committee
2019 – present SPH BCH Community Engagement Committee