8922 Courts Way •Silver Spring, MD 20910 301-587-1223 • eresnick1231@gmail.com

Education

University of Maryland • School of Public Health • College Park, MD

Doctorate • Family Science • December 2013

Master's Degree • Marriage and Family Therapy • May 2007

University of Massachusetts • Individual Concentration • Amherst, MA

Bachelor's of Arts • Screenwriting • May 1998

Licensure

State of Maryland, Board of Professional and Certified Counselors

Licensed Graduate Marriage and Family Therapist (LGMFT): #LGM347

Awards

University of Maryland • College Park, MD

Most Valuable Professor Award • 2015, 2016, 2019

Distinguished Teaching Award • 2010

Academic Research and Presentations

National Council on Family Relations Annual Conference • Baltimore, MD

Poster Presentation • 2014 • "Bullying, Family Resources and Mental Health: A Test of the ABC-X Theory"

University of Maryland • School of Public Health • College Park, MD

Dissertation • 2013 • "Bullying, Family Resources and Mental Health: A Test of the ABC-X Theory"

American Association for Marriage and Family Therapy Conference • Atlanta, GA

Poster Presentation • 2010 • "The Relationships among Psychopathology Symptoms,

Pre-Interaction Mood, and Couple Communication"

University of Maryland Graduate Research Interaction Day • College Park, MD

University of Maryland College Research Interaction Day • College Park, MD

Association for Behavioral and Cognitive Therapy Annual Conference • New York, NY

Poster Presentation • 2009 • "The Relationships among Psychopathology Symptoms,

Pre-Interaction Mood, and Couple Communication"

University of Maryland • School of Public Health • College Park, MD

Master's Thesis • 2007 • "The Relations Between Differing Forms of Psychopathology

Symptoms and Couple Communication and Relationship Satisfaction"

University of Maryland College Research Interaction Day !College Park, MD

Poster Presentation • 2007 • "Prince George's County Research Task Force"

University of Maryland College Research Interaction Day • College Park, MD American

Association for Marriage and Family Therapy Conference • Long Beach, CA

Poster Presentation • 2007 • "The Association Between Psychopathology and

Relationship Distress: Direct Effect and Mediation Through Cognitions and Couple

Communication Patterns"

Association for Behavioral and Cognitive Therapy Annual Conference Chicago, IL

University of Maryland Council on Family Relations Symposium • College Park, MD

Poster Presentation • 2006 • "The Association Between Psychopathology and

Relationship Distress: Direct Effect and Mediation Through Cognitions and Couple

Communication Patterns"

Teaching Experience

University of Maryland !School of Public Health • College Park, MD

Instructor • September 2007 – Present

- Develop subject expertise via qualitative inquiries, literature searches, and reviews of relevant research/textbooks
- Create course content including lecture presentations, course syllabi, student exams, projects, assignments and online course spaces,
- Lecture on course topics, include current audio visual clips, and lead interactive class discussions and activities
- Provide extensive constructive feedback and grades on students' course work
- Mentor students with career paths mirroring my professional experiences
- Write student recommendations for graduate school and scholarship opportunities, as needed
- Supervise Teaching Assistants who provided administrative support for the course

Courses Taught

University of Maryland !College Park, MD

FMSC 698T • Advanced Topics in Family Science: Testing and Assessment in Couple and Family Therapy (Graduate-level)

Winter 2013, Winter 2015, Winter 2017, Winter 2019

FMSC 642 • Normal & Abnormal Family Development (Graduate-level)

Fall 2013, Fall 2014, Spring 2019, Fall 2020

FMSC 460 • Violence in Families

Fall 2007, Spring 2008, Spring 2018

FMSC 330 • Family Theories and Patterns

Fall 2015, Fall 2017, Fall 2018

FMSC 298F • Future of Families (Young Scholars Program)

Summer 2012

FMSC 260 • Couple Relationships (on-line and in-person)

Fall 2008, Winter 2009, Spring 2009, Summer 2009, Fall 2009, Fall 2012, Winter 2013, Spring 2013, Summer 2013, Fall 2013, Winter 2014, Spring 2014, Summer 2014, Fall 2014, Winter 2015, Spring 2015, Summer 2015, Fall 2015, Winter 2016, Spring 2016, Summer 2016, Fall 2016, Winter 2017, Spring 2017, Summer 2017, Fall 2017, Winter 2018, Spring 2018, Summer 2018, Fall 2018, Winter 2019, Spring 2019, Summer 2019, Fall 2020

FMSC 170 • Future of Families

 Spring 2013, Spring 2014, Spring 2015, Spring 2016, Spring 2017, Spring 2018, Spring2019

Assistantships

Graduate Assistant to Dr. Bob Gold, Dean • August 2007 – September 2009

- Led the development of three survey tools and collection of data, related to the accreditation process for the School of Public Health
- Created a detailed report with survey findings, emphasizing implications of results, as well as specific next steps that can be implemented to ensure survey utility
- Edited final draft of the School of Public Health self-study for Council on Education for Public Health (CEPH) accreditation
- Aligned accomplishments and goals of the School of Public Health with the University of Maryland, College Park Strategic Plan
- Wrote sections, edited and managed submission of P20 grant application, which was over 400 pages in length
- Led research efforts for the Prince George's County Research Task Force, which is comprised of academicians, health care providers, not-for-profit agency representatives and employees of the county health department, and focused on reducing health disparities and improving the overall health of Prince George's County, Maryland residents
- Interviewed all Task Force members extensively to determine their research needs and potential areas of focus

- Researched potential sources of data regarding obesity and the uninsured population in Prince George's county, via extensive research and speaking with over 75 sources
- Wrote detailed report offering recommendations for the future direction of the Task Force
- Completed Findings Section of report that includes an analysis of all sources of collected data, as well as recommendations for county improvement of health care provision

Professional Research and Policy Experience

Sagience, LLC • Bethesda, MD

Research Consultant June 2007 – August 2007

- Assisted in the development of a Summer research team to work on creating materials to direct the focus of Sagience, LLC
- Conducted research for and wrote briefs addressing15 different health issues impacting the baby boomer population, to educate future participants of nationwide courses on the topic

National Alliance on Mental Illness (NAMI) • Arlington, VA

Program Manager of the Policy Department • September 2003 – August 2005

- Oversaw all operations of the Policy Team at the National Headquarters of NAMI an international, grassroots organization that advocates for people with mental illness and their families
- Penned NAMI National policy regarding various issues, such as the reimportation of prescription drugs
- Informed NAMI National policy decisions on contentious issues, such as adolescent use of potentially dangerous prescription antidepressant medication
- Attended Congressional briefings on issues related to mental health policy and provided briefings to staff as needed
- Oversaw NAMI Veterans' Group, which advocated for policy and health care support of United States Veterans
- Supervised and facilitated development of NAMI Adolescent Group, to provide support and advocacy for adolescents living with mental illnesses

Millian Byers Associates • Washington, DC

Policy Manager • August 2002 – August 2003

- Mediated negotiations between PhRMA and leaders within the AFL-CIO, regarding prescription drug costs
- Researched and designed 100-page "Toolkit" to illustrate medical and financial value of pharmaceuticals
- Assisted various pharmaceutical companies, such as Pfizer, Inc. in creating outreach programs for Third and Fourth World countries that cannot afford to provide prescription medications for their citizens

The Advisory Board Company • Washington, DC

Research Specialist • August 1998 – July 2002

- Conducted primary and secondary research for executive administrators of over 2,000 hospitals and health systems worldwide
- Researched, wrote and edited over 600 reports across tenure
- Specialized in Behavioral Health, Women's Health, International Health, Oncology and Clinical Quality research

Leadership

University of Maryland • College Park, MD

Preparing Future Faculty & Family Professionals • Coordinator • June 2009 – September 2010

Dean's Administrative Council • Student Liaison • September 2008 – January 2009

Maryland Council on Family Relations • President • June 2008 – September 2009

Dean's Community-Based Research and Service Learning Program Workgroup • Student Liaison • March 2008 – September 2009

Current Affiliations

Phi Beta Kappa • Member