



University of Maryland School of Public Health

HLTH 106- Drug Use and Abuse

Semester: Fall 2020
Classroom and Time: SPH 1303; Tues/Thur 12:30 – 1:45 PM
Instructor: Kenneth H. Beck
Office: SPH 1234 S
Phone/email: 301-405-2527 / Kbeck1@umd.edu
Office Hours: Tues/Thur: 10:00 – 12:00

Course Description: An interdisciplinary analysis of contemporary drug issues and problems. The course will examine physiological, social, philosophical, historical, legal, and health aspects of drug use and abuse. Special attention will be focused on those general motivations for drug use that attend life on the college campus.

Course Learning Objectives:

Upon completing this course, the student will be able to:

1. Identify and define the different categories of psychoactive drugs.
2. Describe the physiological mechanisms of drug actions on the body.
3. Describe different theories of drug usage and abuse.
4. Describe different therapeutic interventions for drug abuse.

Required Text:

Hart, C.L. & Ksir, C. (2018). Drugs, society and human behavior (Seventeenth Edition). McGraw-Hill Education: Boston. ISBN: 978-1-259-91386-0

Course Requirements: This course is structured to include a combination of lecture and discussions of a series of topics related to drug use and abuse. The final grade will be determined by 3 objective examinations (worth 100 points each) as well as 5 in-class or take home exercises (worth 10 points each). Details of these assignments will be given out in class. The three major examinations will consist of multiple choice questions derived from class lectures and the textbook. All exams will be equally weighted and will comprise about 85% of your final grade. The other 14-15% will be determined by various unannounced in-class exercises and take-home assignments. These will be described in class and posted on ELMS. (see grading criteria chart at end of document).

Penalty Policy for Late In-class or Take-home Assignments

Students are encouraged to contact the instructor in advance to be considered for any make-up assignments without a penalty. Failure to do so will result in all appropriate penalties.

Penalties for Late Work:

- 1 point (10%), turned in within 24 hours after deadline
- 2 points (20%), turned in within 24 – 48 hours after deadline
- 3 points (30%) turned in within 48 – 72 hours after deadline
- 10 (100%) points, turned in beyond 72 hours after deadline

As attendance is critical to learning and successful attainment of the course objectives and curriculum competencies, class attendance is critical for performing well in your course.

Course Policies:

All enrolled students are provided access to the University's email system and an email account. *All official University email communication will be sent to this email address* (or an alternate address if provided by the student). Email has been adopted as the primary means for sending official communications to students, so email must be checked on a regular basis. Academic advisors, faculty, and campus administrative offices use email to communicate important and time-sensitive notices.

Students are responsible for keeping their email address up to date or for redirecting or forwarding email to another address. Failure to check email, errors in forwarding email, and returned email (from "full mailbox" or "unknown user" errors for example), will not excuse a student from missing University announcements, messages, deadlines, etc. Email addresses can be quickly and easily updated at www.my.umd.edu or in-person at the Student Service Counter on the first floor of the Mitchell Building.

For technical support for University email, go to www.helpdesk.umd.edu or call 301-405-1400.

Absence Policy:

In accordance with University policy, if you are absent for a single (1) lecture due to illness or some form of personal or family emergency, this absence will be considered "excused" and the instructor will accept a note from you attesting to the date of the illness/incident, along with an acknowledgement that the information is true. Whenever feasible, you should try to contact the instructor in advance.

Multiple or prolonged absences, and absences that prevent attendance at a major scheduled grading event (like an exam or test) will require written documentation from an appropriate health care provider/organization.

A link to pull information on the new policy covering absences from class can be found at <http://www.president.umd.edu/policies/v100g.html>

Late work and Missed Exams / Assignments:

Late or incomplete work will be made up if a legitimate excuse (determined by University policy and the instructor) is documented at the next class period. No excuses will be accepted after May 5.

Special arrangements for making up missed work must be made in advance with the instructor. If you cannot make class or an exam due to illness or some other legitimate reason, you must contact the instructor in person or by phone before the missed class period.

There will be no extra credit assignments. Failure to do or turn in the in-class and/or take-home assignments on time can significantly lower one's final grade.

Students who enroll in the class at any time during the drop-add period are responsible for all in-class work to date.

Course Evaluations:

The University, the School of Public Health, and the Department of Behavioral and Community Health are committed to the use of student course evaluations for improving the student experience, course and curriculum delivery, and faculty instruction. Your evaluations help instructors improve their courses; help deans and department chairs decide on merit pay for faculty, renewal of contracts, and support tenure and promotion decisions; and help current and future students decide on classes. **The system (www.CourseEvalUM.umd.edu)** will be open at the end of this semester for course evaluations.

Inclement Weather / University Closings:

In the event that the University is closed for an emergency or extended period of time, the instructor will communicate to students regarding schedule adjustments, including rescheduling of examinations and assignments due to inclement weather and campus emergencies. Official closures and delays are announced on the campus website (<http://www.umd.edu>) and snow phone line (301-405-SNOW), as well as local radio and TV stations.

Classroom etiquette:

Rude, disrespectful or disruptive behavior (e.g., talking when the instructor is lecturing, **reading the paper in class, surfing the internet**) will not be permitted. All **mobile phones** are to be **turned off** during class. **This will be a technology-free classroom. Laptops are permitted only with instructor approval.**

Religious Observances:

The University System of Maryland policy provides that students should not be penalized because of observances of their religious beliefs; students shall be given an opportunity, whenever feasible, to make up within a reasonable time any academic assignment that is missed due to individual participation in religious observances. **It is the student's responsibility to inform the instructor in advance of any intended absences for religious observance.**

Special Accommodations / Disability Support Services:

If you have a documented disability and wish to discuss academic accommodations for test taking or other needs, you will need documentation from Disability Support Service (301-314-7682). If you are ill or encountering personal difficulties, please let the instructor know as soon as possible. You can also contact Learning Assistance Services (301-314-7693) and/or the Counseling Center (301-314-7651) for assistance

Academic Integrity:

The University's code of academic integrity is designed to ensure that the principle of academic honesty is upheld. Any of the following acts, when committed by a student, constitutes academic dishonesty:

- CHEATING: intentionally using or attempting to use unauthorized materials, information, or study aids in an academic exercise
- FABRICATION: intentional and unauthorized falsification or invention of any information or citation in an academic exercise.
- FACILITATING ACADEMIC DISHONESTY: intentionally or knowingly helping or attempting to help another to violate any provision of this code.
- PLAGIARISM: intentionally or knowingly representing the words or ideas of another as one's own in any academic exercise.

For more information see: <http://www.shc.umd.edu/code.html>.

The Honor Pledge is a statement undergraduate and graduate students should be asked to write by hand and sign on examinations, papers, or other academic assignments. The Pledge reads:

I pledge on my honor that I have not given or received any unauthorized assistance on this assignment/examination.

The University of Maryland, College Park has a nationally recognized Code of Academic Integrity, administered by the Student Honor Council. This Code sets standards for academic integrity at Maryland for all undergraduate and graduate students. As a student you are responsible for upholding these standards for this course. It is very important for you to be aware of the consequences of cheating, fabrication, facilitation, and plagiarism. For more information on the Code of Academic Integrity or the Student Honor Council, please visit <http://www.shc.umd.edu>.

Photo/Video Release Statement

Occasionally, the Department of Behavioral and Community Health may take photographs of classroom and building activities involving our students. Photographs taken at these events may be published electronically or in print materials. If you do not wish to authorize use of such photos for these materials, please email your professor upon receipt of this syllabus

Course Outline / Course Calendar*:

Course Schedule Summary		
Session	Date	Topic
# 1	1/28	Introduction, Course Requirements
# 2	1/30	Defining Drugs
# 3	2/4	Psychoactive Drugs
# 4	2/6	Psychoactive Drugs
# 5	2/11	Drugs and Human Behavior
# 6	2/13	Drugs and Human Behavior
# 7	2/18	Historical Aspects of Drug Usage and Regulation
# 8	2/20	The Nervous System and the Action of Drugs
# 9	2/25	The Nervous System and the Action of Drugs
# 10	2/27	Examination I: covers chapters 1 – 5, plus in-class material
# 11	3/3	Stimulants
# 12	3/5	Depressants
# 13	3/10	Mental Illness and Psychotherapeutic Drugs
# 14	3/12	Mental Illness and Psychotherapeutic Drugs
# 15	3/24	Mental Illness and Psychotherapeutic Drugs
#16	3/26	Alcohol
#17	3/31	Alcohol Abuse
#18	4/2	Alcoholism and Treatment
#19	4/7	Examination II: Covers chapters 6 - 9, plus in-class material
#20	4/9	Tobacco
#21	4/14	Tobacco-related Products and Over the Counter Drugs
#22	4/16	Narcotics
#23	4/21	Narcotics
#24	4/23	Hallucinogens
#25	4/28	Marijuana
#26	4/30	Marijuana
#27	5/5	Drug Abuse Prevention
#28	5/7	Drug Abuse Prevention
#29	5/12	Drug Abuse Treatment
#30	TBA	Examination III – covers chapters 10 – 15, 17 – 18 & class material;

*Note: Syllabus is subject to change. Any changes will be made on Canvas and also mentioned in class

Session Outline	
Sessions 1 - 2	January 28 - 30
Topic: Defining Drugs Learning Objectives for Session: - # 1 Required readings: Chapter 1	
Sessions 3 – 4	February 4 -6
Topic: Psychoactive Drugs Learning Objectives for Session: - # 1 & 2 Required readings: Chapter 2	
Sessions 5 – 6	February 11 - 13
Topic: Drugs and Human Behavior Learning Objectives for Session - # 3 Required readings: Chapter 3	
Session 7	February 18
Topic: Historical Aspects of Drug Usage and Regulation Learning Objectives for Session - # 3	
Sessions 8 – 9	February 20 - 25
Topic: The Nervous System and the Action of Drugs Learning Objectives for Session: - # 2 Required readings: Chapters 4 & 5	
Sessions 11 - 12	March 3 - 5
Topic: Stimulants and Depressants Learning Objectives for Session - # 1, 2 & 3 Required readings: chapters 6 & 7	
Sessions 13 - 15	March 10 -25
Topic: Mental Illness and Psychotherapeutic Drugs Learning Objectives for Session - # 1 & 2 Required readings: Chapter 8	
Sessions 16 - 18	March 26 – April 2
Topic: Alcohol Abuse, Alcoholism and Treatment Learning Objectives for Session - # 2, 3 & 4 Required readings: Chapter 9	
Sessions 20 - 21	April 9 - 14
Topic: Tobacco, Tobacco-related Products and Over the Counter Drugs Learning Objectives for Session	

- # 1, 2 & 3 Required readings: Chapters 10 - 12	
Sessions 22 - 23	April 16 - 21
Topic: Narcotics Learning Objectives for Session - # 1, 2, 3, & 4 Required readings: Chapter 13	
Session 24	April 23
Topic: Hallucinogens Learning Objectives for Session - # 1 & 2 Required readings: Chapter 14	
Sessions 25 - 26	April 28 - 30
Topic: Marijuana Learning Objectives for Session - # 1 & 2 Required readings: Chapter 15	
Sessions 27 – 29	May 5 - 12
Topic: Drug Abuse Prevention and Treatment Learning Objectives for Session - #4 Required readings: Chapters 17 – 18	

<p>Grading Criteria The final grade will be determined by:</p> <table> <tr> <td>3 Examinations</td> <td>300 pts</td> </tr> <tr> <td>5 In-class and take home exercises</td> <td>50 pts</td> </tr> </table> <p>The three major examinations will consist of multiple choice questions derived from class lectures and the textbook. All exams will be equally weighted and will comprise about 85% of your final grade. The other 14-15% will be determined by various in-class exercises and take-home assignments. These will be described in class and posted on ELMS.</p> <p>Penalty Policy for Late Assignments 10%, turned in within 24 hours after deadline 20%, turned in within 24 – 48 hours after deadline 30% turned in within 48 – 72 hours after deadline 100%, turned in beyond 72 hours after deadline</p>	3 Examinations	300 pts	5 In-class and take home exercises	50 pts	<p>Point totals:</p> <table> <tr> <td>336 - 350</td> <td>A+</td> </tr> <tr> <td>325 - 335</td> <td>A</td> </tr> <tr> <td>315 - 324</td> <td>A-</td> </tr> <tr> <td>301 - 314</td> <td>B+</td> </tr> <tr> <td>290 - 300</td> <td>B</td> </tr> <tr> <td>280 - 289</td> <td>B-</td> </tr> <tr> <td>266 - 279</td> <td>C+</td> </tr> <tr> <td>255 - 265</td> <td>C</td> </tr> <tr> <td>245 - 254</td> <td>C-</td> </tr> <tr> <td>231 - 244</td> <td>D+</td> </tr> <tr> <td>220 - 230</td> <td>D</td> </tr> <tr> <td>210 - 219</td> <td>D-</td> </tr> <tr> <td>≤ 209</td> <td>F</td> </tr> </table> <p>Grades are not rounded up, nor are they negotiable.</p>	336 - 350	A+	325 - 335	A	315 - 324	A-	301 - 314	B+	290 - 300	B	280 - 289	B-	266 - 279	C+	255 - 265	C	245 - 254	C-	231 - 244	D+	220 - 230	D	210 - 219	D-	≤ 209	F
3 Examinations	300 pts																														
5 In-class and take home exercises	50 pts																														
336 - 350	A+																														
325 - 335	A																														
315 - 324	A-																														
301 - 314	B+																														
290 - 300	B																														
280 - 289	B-																														
266 - 279	C+																														
255 - 265	C																														
245 - 254	C-																														
231 - 244	D+																														
220 - 230	D																														
210 - 219	D-																														
≤ 209	F																														