

Sylvette A. La Touche-Howard

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Academic Appointments at UMD

University of Maryland Office of the Dean, College Park, MD

Associate Clinical Professor

May 2020 – present

- Primary Liaison for Dual Degree Programs across the School of Public Health working closely with undergraduate and graduate directors and advisors.
- Design and manage the advising and admissions processes related to the school's dual degree program.
- Serve on various committees to enhance the SPH undergraduate curriculum and development.
- Primary Instructor for the Foundations of Public Health course for all Undergraduate and Graduate students.
- Train and provide supervision for graduate level teaching assistants in the School of Public Health.
- Faculty Mentor and Chair for varying capstone projects for Graduate Students in the School of Public Health
- Faculty Affiliate to the Center for Health Literacy.

Assistant Clinical Professor

January 2019 – present

- Primary Liaison for Dual Degree Programs across the School of Public Health working closely with undergraduate and graduate directors and advisors.
- Design and manage the advising and admissions processes related to the school's dual degree program.
- Serve on various committees to enhance the SPH undergraduate curriculum and development.
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- Faculty Affiliate to the Center for Health Literacy.

University of Maryland Department of Behavioral and Community Health, College Park, MD
Faculty Instructor August 2013 – December 2018

- Responsible for teaching, advising and mentoring over 150 Undergraduate Community Health students per academic year.
- Responsible for providing academic, internship and capstone project advising for graduate students.
- Responsible for training students on community engagement and community participatory research methods.
- Serve on various committees to enhance the SPH undergraduate curriculum and development.
- Actively involved in the strategic planning and development of the undergraduate and graduate program.
- Faculty Affiliate to the Center for Health Literacy.

University of Maryland Department of Behavioral and Community Health, College Park, MD
Adjunct Faculty Instructor August 2006 – July 2012

- Successfully transformed and implemented curricula for four undergraduate courses (Minority Health, Principles of Community Health, Public and Community Health and Women's Health) and effectively reinvigorated the organization and implementation of the intersectional Study Abroad Course to South Africa examining the Intersection of Apartheid and HIV/AIDS in South Africa.

Administrative Appointments at UMD

University of Maryland Department of Behavioral and Community Health, College Park, MD
MPH Graduate Program Coordinator for Internships and Career Services January 2017 - December 2018

- Develop and establish evaluative measures and support while promoting student growth and development to better prepare students for valued internship and job placement.
- Provide overall leadership for departments and assist Graduate Directors and Coordinators across the SPH in promoting student success in internship-related activities and job placement.
- Develop and provide implementation and oversight for co-curricular activities to enhance graduate student life experiences.
- Assist with managing career and student employment information systems, inputting and retrieving data.

- Assist and collaborate with CASA to establish a graduate “arm” for academic success, achievement and placement for all SPH graduate students.
- Actively establish and build relationships with business professionals, community leaders, and senior executives to enhance the MPH internship placement programs and hires upon graduation.

University of Maryland, Office of the Dean, College Park, MD
 Faculty Research Assistant February 2012 – July 2012

- Instrumentally served as a member of the Prince George’s County Health Impact Study research team by conducting in-depth research, data analysis, editing and revising of the Transforming Health in Prince George’s County, Maryland, A Public Health Impact Study - a summary report detailing the findings needed to support and inform the design of a new system to improve health and health care in Prince George's County.

University of Maryland, Stress, Health and Addiction Research Program, College Park, MD
 Graduate Research Assistant August 2008 - August 2011

- Served as one of the lead therapists for two R01 investigations of an individual behavioral activation based medication adherence intervention for HIV+ (individual treatment), and depressed substance users in residential treatment (group treatment).
- Actively assisted in all aspects of study start up and data collection. Effectively conducted clinical interviews using the Structured Clinical Interview for DSM-IV (SCID) as part of the mental health intake for all clients that enter the residential substance abuse treatment center. Conducted interviews, focus groups and surveys with study participants.
- Actively participated in the research concept development, participant recruitment, clinical assessments, data management, treatment, manual development and training of other staff members.

Other Employment

Maryland Department of Health and Mental Hygiene, Baltimore, MD
 Project Director July 2013 - July 2016

- Responsible for the project logistics, implementation and dissemination of the Healthy Heartbeats project - a cardiovascular disease risk (CVD) prevention program for vulnerable populations throughout the city of Baltimore, in collaboration with the Faith Center for Community Advancement and Wellness
- Responsible for increasing collaborative efforts with community leaders and organizations to form a strong and effective coalition to reduce cardiovascular disease, cancer, diabetes and infant mortality risk in Baltimore City.

- Conducted focus groups, surveys and interviews with residents in Baltimore City surrounding CVD risk.
- Assisted the Faith Center for Community Advancement and Wellness in increasing its visibility as a public health resource throughout Baltimore City.

Innovative Funding Partners
Expert Grant Consultant

February 2013 - 2017

- Responsible for research and grant writing of competitive grants for profit and non-profit organizations.
- Provide expert consultation in the field of health disparities, program planning and evaluation and community based participatory research.

The Maryland Center at Bowie State University, Bowie, MD
Director of Public Health Initiatives

August 2012 - May 2013

- Responsible for discovering and pursuing new initiatives and grant opportunities for the Center.
- Responsible for coordinating and conducting various information gathering efforts in Prince George's County surrounding public health initiatives.
- Assisted in increasing the visibility of the Maryland Center as a viable public health resource and leader in Prince George's community and Maryland.
- Assisted in strengthening community-based organizations in Prince George's County to meet the evolving public health needs of the community.

Washington Hospital Center MedStar Health Research Institute, Washington, DC
Consultant

April 2011 - March 2013

- Provided professional oversight and expert guidance in the content development of a mandatory cultural competency training/education module for all staff within the Breast Imaging Center, Medical Oncology, Radiation Oncology and Surgical Oncology departments.
- Actively participated in the development of a breast cancer focused project designed to reduce the recall rate for African American women with suspicious screening mammograms across Maryland, Virginia and Washington, DC.
- Responsible for coordination, research and grant writing for competitive grants and expert consultation in the areas of health disparities and community based participatory research.

Public Health Informatics Laboratory
Graduate Research Assistant

August 2005 - August 2008

- Worked with compressed timelines to coordinate various state-wide health intervention initiatives (interviews with participants, newsletters, in-home services, program events) for families in Maryland, and maintained all pertinent and related databases.
- Prepared Institutional Review Board applications for project data collection and program implementation.

Morgan State University Psychology Department, Baltimore, MD
 Psychology Instructor & National Institutes of Mental Health Career Opportunities in Research (NIMH-COR) Program Coordinator January 2003 - June 2005

- Revitalized the psychology course curriculum for over 10 courses (over 400 students) as a full-time adjunct lecturer of behavioral science.
- Provided academic advising to psychology and social work majors. Coordinated leadership, academic and research development activities and successfully managed the budget for the NIMH-COR Honors program (value \$1M).

Andrews University Counseling & Testing Center, Berrien Springs, MI
 Counselor & Workshop Presenter January 2001 – May 2002

- Provided individual, group and career counseling and consulting.
- Conducted clinical, educational and health assessments for the student body and surrounding residential community.
- Prepared and conducted dynamic workshops and various programs to facilitate undergraduate student development, career and interpersonal skills.

McGill University Douglas Hospital Eating Disorders Clinic,
 Project Coordinator August 1998 - July 2000

- Served as coordinator for the “Who Am I? Research Study: Lifestyles of Eating Disorders Patients.”
- Recruited, interviewed and assessed participants. Innovatively constructed a tracking database system for the “Behavioral Developmental & Neurological Components in Bulimia Nervosa” study for the outpatient and inpatient programs.

McGill University Department of Psychology, Montreal, PQ
 Project Coordinator May 1996 - June 1998

- Successfully managed all data collection, recruitment, interview and assessments for various research studies focusing on maternal-adolescent relations, dissatisfaction, self-criticism and depression.
- Ensured that collected data properly formatted and compiled, and that all data was transmitted securely to the coordinating center on a timely basis.

Educational Background

Doctorate of Philosophy in Behavioral and Community Health
School of Public Health, University of Maryland College Park
College Park, MD 20742 2012

Masters of Arts in Community Counseling
Andrews University
Berrien Springs, MI, 49104

Graduate Diploma in Human Relations and Family Life Education
McGill University, Montreal, Quebec, Canada H3A 2T5

Bachelor of Arts in Psychology & Women's Studies
Specialization in Child & Adolescent Psychology; Abnormal Psychology;
Social & Personality Psychology
McGill University, Montreal, Quebec, Canada H3A 2T5

Professional Certifications, Licenses, and Memberships

Professional Certifications
Certified Health Education Specialist 2011 - present
Nationally Certified Counselor 2002 – present

Professional Memberships
Member of the Society for Public Health Education 2008-present
Member of the National Association of Professional Women 2008-present
Member of the American Public Health Association 2006-present
Member of the National Board of Certified Counselors 2002-present
Member of Chi Sigma Iota International Honors Society 2001-present
Member of the American Counseling Association 2000-present

Research, Scholarly, Creative and/or Professional Activities

Books

Served as a reviewer for the Fundamentals of Health
Psychology textbook (Oxford University Press) 2017
Served as a reviewer for the HLTH 140 textbook
(Health: The Basics) for Pearson publishing. 2016
Served as a reviewer for the HLTH 140 textbook
(Health: The Basics) for Pearson publishing. 2015
Served as a reviewer for one of the potential HLTH
140 textbooks (Health: The Basics) for Pearson publishing. 2014

Refereed Journals

Maybury, C., Horowitz, A. M., LaTouche-Howard, S., Child, W., Battanni, K., Wang, M. Q., Oral health literacy and dental care among low-income pregnant women. *American Journal of Health Behaviors*; 2019, 43(3):556-568.

Conferences, Workshops, and Talks

Refereed Presentations

Otto, N., LaTouche, S., Perrino, C., Chester, C., Tulloch, I., Sigal, J., (2019). Social Symposium: Sexual Harassment. Presented at the Eastern Psychological Association in New York, NY.

Otto, N., LaTouche, S., Perrino, C., Smith, R., Denmark, F., (2018), Social Symposium Sexism, Ageism, and Egoism: Is the American Culture Changing?. Eastern Psychological Association in Philadelphia, PA.

La Touche-Howard, Sylvette A. (2017, March). Restoration: Creating an Emotional and Psychological Mosaic. In C. Perrino (Chair), Cracks in the Ivory Tower: Violence on Campus. Symposium conducted at the meeting of the Eastern Psychological Association, Boston, MA

Smith, Nancy G., Zeeger, R., Hodgson, J.R., La Touche-Howard, S. Reynolds, Martha S. (2017). Path to Possibilities: Meeting Public Health Workforce Needs in Undergraduate Skill Development, Association of Schools of Public Health Undergraduate Public Health and Global Health Education Summit: Dr. Nancy Smith, Tracy Zeeger, Jenny Hodgson, Dr. Sue Reynolds, and Dr. Sylvette LaTouche-Howard

Otto, N., LaTouche, S., Perrino, C., Sigal, J., (2017). Applied Symposium: Violence on Campus. Annual Eastern Psychological Association, New York, NY.

Horowitz, A.M., Kleinman, D.V., La Touche-Howard, S., Maybury, C., Radice, S.D. (2016). Listening to Maryland Moms: Preliminary Results. APHA Annual Meeting. Denver, Colorado.

Poster Abstract Accepted: Smith, N., Zeeger, T., Hodgson, J., Reynolds, S., LaTouche-Howard, S., (2016). Path to Possibilities: Meeting Public Health Workforce Needs in Undergraduate Skill Development, Association of Schools of Public Health Undergraduate Public Health and Global Health Education Summit.

Smith, Nancy G., Zeeger, R., Hodgson, J.R., La Touche-Howard, S. Reynolds, Martha S. (2016). Putting the “Practice” in Public Health Practice-Part I: Undergraduate Course Content and Advising Leading to a Successful Internship. ASPPH Annual Meeting. Arlington, VA

Otto, N., LaTouche, S., Perrino, C., Sigal, J., (2016) Presentation Abstract Accepted: Restoration: Creating and Emotional and Psychological Mosaic. Symposium on Violence on Campus. Eastern Psychological Association. Boston MA.

La Touche-Howard, S., Otto, N., Perrino, C. Sigel, J., Smith, R, Turner-Musa, J.Wells, A., (March 2015). STIGMA: A LABEL AND ITS CONSEQUENCES. Annual Eastern Psychological Association, Philadelphia, PA.

Magidson, J. F., La Touche-Howard, S., Naji-Allah, K., Mitiku, M., Seitz-Brown, C., Anderson, K., & Daughters, S. B. (September 2011). Examining the Relationship Between Measures of Behavioral Activation and Patterns of HIV Medication Adherence.

Magidson, J. F., Seitz-Brown, C. J., Anderson, K., Listhaus, A., La Touche-Howard, S., & Daughters, S. B. (May 2011). Behavioral Activation, Environmental Reward, and Reasons for HIV Medication Nonadherence among HIV Positive Substance Users. Poster presented at the 6th International Conference on HIV Treatment and Prevention Adherence, Miami, FL.

Daughters, S.B., Gorka, S.M., Howard, S.L., Travers, R.M. Distress Tolerance and Adolescent Substance Use. In A. Bernstein & A.Vujanovic (Co-Chairs) (November 2010), Distress tolerance: Emerging research and clinical applications across therapeutic contexts. Symposium conducted at the 44th annual Association for Behavioral and Cognitive Therapies convention, San Francisco, CA.

La Touche-Howard, S., Magdison, J., Hemberg, J., Daughters, S. (July 2010). ACT HEALTHY: Effectiveness of a behavioral activation and HIV medication adherence treatment for African-American HIV positive substance users. Oral Presentation at the 72nd Annual Meeting for the College on Problems of Drug Dependence, Scottsdale, Arizona.

Magidson, J.F., Hemberg J.L., La Touche-Howard, S., Gorka, S., Lejuez, C.W., & Daughters,S.B.(February 2010). Examining the effect of behavioral activation on substance abuse treatment retention. Poster Presentation at the 10th Annual American Academy of Health Behavior. Clearwater, Florida.

La Touche-Howard, S., Gorka, S.M., Travers, R.M., & Daughters, S.B. (March 2009). A Glimpse Into Their World: The Acceptability And Feasibility of an Adolescent Distress Tolerance Intervention. Poster presentation at the American Academy of Health Behavior. 9th Annual Scientific Meeting of the AAHB, Hilton Head, South Carolina.

Geiger, T., La Touche-Howard, S., Magidson, J., Daughters, S.B. (October 2008). ACT HEALTHY: An Intervention to Improve Health Outcomes for Low income, HIV Positive, Depressed Substance Users. Poster presentation at the School of Public

Health Research Interaction Day, University of Maryland College Park, College Park, Maryland.

La Touche-Howard, S., Atkinson, N., Billing, A. & Gold, R.S. (2007) Overcoming Mountains and Valleys: Examining the Dynamics of Evaluation with Underserved Populations. 21st Annual American Evaluation Association Annual Conference. Baltimore, Maryland.

Billing, A., Atkinson, N., LaTouche, S., Gold, R. (2006). Eat Smart, Be Fit, Maryland!: A Technology-Based Approach to Nutrition Education. 6th Annual College Research Interaction Day, University of Maryland, College Park, MD.

Brantley, L., La Touche, S., Otto, C., Lewis, R., Gabriel, E. (March, 2002). Unity Through Diversity: A Multicultural Violence Prevention Model for At Risk Children. Annual American Counseling Association (ACA) Conference, New Orleans, Louisiana.

Non-Refereed Presentations

La Touche-Howard, S., Ramos, I.A. & Atkinson, N.L. (October 2008). Hearing Their Voices: The HIV Prevention Perspective of African-American Women 50-65. Poster presentation at the School of Public Health Research Interaction Day, University of Maryland College Park, College Park, Maryland.

La Touche-Howard, S., Atkinson, N., Billing, A. & Gold, R.S. (November 2007). Using Health Informatics to Bridge the Digital Divide with Underserved Populations: The Road Less Traveled. 135th APHA Annual Meeting & Exposition. Washington, District of Columbia.

La Touche-Howard, S., Atkinson, N., Billing, A., Wang, M.Q. & Gold, R.S (2007). Using health Informatics to Bridge the Digital Divide with Underserved Populations: The Road Less Traveled. 7th Annual College Research Interaction Day, University of Maryland, College Park, Maryland.

La Touche-Howard, S., Atkinson, N., Billing, A. & Gold, R.S. (November 2006). "Do you see what I see?- Usability testing of an online health promotion tool in underserved population." 134th APHA Annual Meeting & Exposition in Boston, Massachusetts.

LaTouche, S., Perrino, C. & Cranstoun, C. (November, 2005). Depression & Cultural Identity Among HBCU Students. 3rd Annual HBCU Counseling Center Conference. Baltimore, MD.

Sponsored Research and Programs – Administered by the Office of Research Administration (ORA)

Grants

Principal Investigator July 2013 – July 2015
Demonstration Grant to Reduce Cardiovascular Disease Risk in Vulnerable Populations in Baltimore, City, Maryland

Agency: Maryland Department of Health and Mental Hygiene
Overall Goal: To develop and test the effectiveness of a city-wide health initiative project to reduce cardiovascular disease risk among vulnerable populations throughout Baltimore City.

Principal Investigator September 2009 – July 2012
Behavioral Depression Treatment for African American HIV-Infected Substance Users

Agency: National Institute on Drug Abuse: Diversity in Health-Related Research Supplement to R01DA022974
Overall Goal: To develop and test the effectiveness of an integrated treatment for HIV medication adherence and depression among low income HIV positive minority substance users.

Program Coordinator January 2003 – July 2005
Morgan State University National Institutes of Mental Health Career Opportunities in Research (NIMH-COR)

Agency: National Institute of Minority Health
Overall Goal: Support undergraduate research training to develop a pool of individuals who will help ensure that a diverse and highly trained workforce is available to assume leadership roles related to the Nation’s biomedical, behavioral and clinical research agenda for mental health.

Research Fellowships, Prizes and Awards

UMD Doris Sands Excellence in Teaching Award	2020
UMD Teaching and Learning Center Excellence in Teaching Award	2019
Delta Omega Honorary Society Inductee	2018
UMD Phillip Merrill Presidential Mentor Award	2016
UMD ADVANCE Scholar Program Award	2016
Dean’s Graduate Scholar Award	2010
Dean’s Nominee-Outstanding Student Scholar for Graduate	

Research Interaction Day	2010
American Academy of Health Behavior Outstanding Student Poster Award	2010
University of Maryland First Place Scholar Award of Excellence in Health Sciences	2009
Golden Key International Honor Society	2008
Consortium for Race, Gender and Ethnicity Fellow	2008
Eta Sigma Gamma Academic and Leadership Scholarship	2008
School of Public Health Charter Contributor Honor Award	2007
University of Maryland First Place Scholar Award of Excellence in Urban Science & Education	2007
Eta Sigma Gamma Honors Society	2006
Alliances for Graduate Education and the Professoriate Scholar	2006
Chi Sigma Iota Distinguished Honor Award	2002
School of Education Academic Scholarship Award	2002
Board of Directors Honors Distinction	2000

Teaching, Extension, Mentoring, and Advising

Courses Taught

SPHL600:	Foundations of Public Health-Graduate Course
SPHL100:	Foundations of Public Health-Undergraduate Course
SPHL399:	Academic Peer Teaching and Mentoring
SPHL100:	Foundations of Public Health-Undergraduate
HLTH 490:	Professional Preparation in Community Health
HLTH471:	Women's Health
HLTH 460:	Minority Health
HLTH 391:	Making A Difference: Applying Community Health
HLTH 371:	Communicating Safety and Health
HLTH 389S:	The Intersection of Apartheid and HIV/AIDS in South Africa
HLTH 285:	Controlling Stress and Tension
HLTH 230:	Health Behavior
HLTH 140:	Personal and Community Health
HLTH 106:	Drug Use and Abuse

Teaching Innovations

2017

Worked on the Redevelopment of the HLTH 140 online class as it transitioned from the Pearson publishing interface to the Caduceus interface-worked on assignments, course material, and evaluations.

Worked with Prof. Tracy Zeeger to develop new material and course content for the

HLTH 490 class

Developed new Scholarship in Practice Activities for the HLTH 391 class

2016

Worked with Dr. Robin Sawyer and Prof. Tracy Zeeger to revise the content of HLTH 490.

Worked alongside committee members to map out course content across all supportive and professional preparation courses to identify areas of common content coverage.

Completed the content audit for HLTH 230, 391 & HLTH 490.

2015

Putting Theory Into Practice-added this to the HLTH371 class, creating workshop experiences for students enabling them to have hands on experiences with the theoretical concepts that they are being taught in class. Students were also able to examine and work through more case study situations.

2014

I revamped HLTH371-by adding a concept of Health Campaign Deliverables-allowing the students the opportunity to work on their final campaign project progressively throughout the semester thus encouraging mastery learning and preventing the notion of having the “rush” to do the entire project at the “last minute. Also added a “Putting Theory to Practice” component, which consisted of having more group case studies and scenarios to be analyzed and discussed in the classroom setting.

HLTH490: I worked with Sue Reynolds and Tracy Zeeger to revitalize and reinvent the teaching style and activities for HLTH 490.

HLTH471: I added the concept of “group stations” which consisted of transforming the auditorium into a lab experience by setting up different stations around the auditorium that groups of students “visited” to engage in various aspects of the chapter content (i.e. case studies, watching video clips and reacting, reading news stories and giving reactions, developing intervention ideas etc)

Also added the concept of “Flipped Fridays”, where students are invited to watch a video (that often would be too long to show in class but really worth seeing) and then have students answer reaction questions as an assignment and then integrate their responses and the video etc in subsequent lectures.

Advising: Research or Clinical

Undergraduate Mentored:

Rhea Gupta	2018 – present
Benjamin Bryer	2018 – 2019
Olivia Burgess	2017 – 2018
Maya Deane-Polyak	2017 – 2018
Victoria Valcarel	2017 – 2018
Sana Haider	2015 – 2017
Caitlin DeLatte	2015 – 2017
Deborah Wu	2015 – 2017
Callie Koester	2015
Megan Keene	2014 – 2015
Diana Wang	2014 – 2015
Sarah Younan	2014 – 2015
Nasreen Jones	2015
Katherine Garcia-Rosales	2015 – 2016
Sama El-Baz	2014 – 2015
Nasreen Jones	2014 – 2015
Gabriella Villacis	2014 – 2015
Chelsea Johnson	2014 – 2015
David Oh	2014 – 2016
Thomas Wilkerson	2014 – 2015
Madeleine Moore	2014 – 2015
Lourdes Celius	2013 – 2016

Awards won by students:

- Meg Jordan & Maya Deane-Polyak-Do Good Service Award	2019
- Victoria Valcarel-Dean's Scholar's Award	2017
- Maya Deane-Polyak-Dean's Scholar's Award	2017
- Fraley Award- Jessica Throwe	2017
- Academic Excellence Award- Rachel Seitz	2017
- Deborah Wu-Beck Feldman Research Award; Outstanding Undergraduate Scholars	2016
- Sana Haider-Phillip Merrill Scholars Award; Outstanding Senior Schoalrs Award	2016
- Sivan Ben-Maimon- Outstanding Senior Scholars Award	2016
- David Oh-David H. Hyde Award	2016
- Lourdes Celius-SPH Graduation Student Speaker	2016
- Dave Hyde Award: Sama El-Baz	2015
- Beck-Feldman Award: Katherine Garcia-Rosales	2015
- Outstanding Undergraduate Award: Erin Anderson	2015
- Amanda Strausser-Dean's Honors Scholar (Amanda was my TA)	2014
- Gabriella Villacis- Robin Sawyer award (HLTH 391 and HLTH 490 student)	2014

Master's Students

<p>Heather Ann Brewer Scotti Served as Graduate Academic Advisor and Project Chair <i>MPH Project Titled: Creating Sexual Health Educational Curricula for Caregivers and Professionals of Foster Youth</i></p>	2018 - 2020
<p>Meg Jordan Served as Graduate Academic Advisor and Project Chair</p>	2018 – 2020
<p>Maya Deane-Polyak Served as Project Advisor & Co-Chair <i>Your Rights In Research: Development And Evaluation Of A Community Centered Human Subjects Protections And Research Ethics Workshop</i></p>	2018 – 2020
<p>Julia Marcus Served as Graduate Academic Advisor and Project Chair <i>MPH Project Titled: A Descriptive Data Analysis of Key Healthcare Trends in Maryland to Create Concise Policy Briefs</i></p>	2017 – 2019
<p>Callie Koesters Served as Graduate Academic Advisor and Project Chair <i>MPH Project Titled: UChoose: Pilot-Testing a Long-Acting Reversible Contraception Social Marketing Campaign on Instagram</i></p>	2015-2017
<p>Anagha Sridhara Served as Graduate Academic Advisor and Project Co-Chair <i>MPH Project Titled: Conducting A Needs Assessment in Order to Identify Health Concerns Among South Asian-American Individuals and How the Hindu Temple in College, Park Maryland Can Assist with Health Promotion</i></p>	2016 – 2018

Mentorship

Other

- Serve as a Co-Mentor (with Dr. Alice Horowitz) for the School for Smiles Student Group (no profit organization that started in my HLTH371 class in 2014 when Dr. Horowitz and I worked with a student group who were interested in oral hygiene and children-Won the UMD Do Good Mini Grant Award for their work at Edward M. Felegy Elementary School in Hyattsville, MD. 2017

Independent Studies Instructor (HLTH 386) for:
Megan Keene, Diana Wang, Sarah Younan,
Khadija Mohammed, Austin Moon
2015

Nominated and Selected as a UMD ADVANCE Scholar for the
2015/16 School Year
2015

Serve as a mentor to HLTH 490 students guiding them through their internship and graduate school applications.
2014

Advising: Other than Directed Research

Undergraduate

Served on Undergraduate Program Committee	2014
Undergraduate Teaching Assistant	
Dasuni Choudhary	2020
Taylor Palmer	2020

Master's

Graduate Teaching Assistant	
Rya Griffis	2020
Yuruo Li	2019 – present
Meg Jordan	2019 – present
Shuling Wu	2019 – present
Sidney Chen	2019 – present
Nadiyah Alvi	2019 - present
Zahra Saboori	2019 – present
Izidora Skracic	2019
Ellesse-Roslee Akre	2019
Amara Doig	2018
Natanya Gayle, MPH	2018
Sara Olsen	2017 – 2018
Dana Reiss, MPH	2017 – 2018
Julia Chen, MPH	2016
Nasreen Jones	2015 – 2016
Arina Kadam, MPH	2014
Chelsea Rae Prax, MPH	2013
Amanda Strusser, MPH	2013

Professional and Extension Education

Professional Programs Established	
School of Public Health, BS-MPH/MHA Accelerated Program	2019

Contribution to Learning Outcomes Assessment

Other Teaching Activities

Supervised Two Independent Studies:	
– Madeleine Moore (HLTH 386)	2014
– David Oh (HLTH 386)	2014

Teaching Awards

Doris E. Sands School of Public Health Excellence in Teaching Award	2020
UMD Most Valuable Professor Award.	2019
UMD Most Valuable Professor Award	2014
Most Valuable Professor Award-from the UMD	
Women's Lacrosse Team	2014

Service and Outreach

Editorships, Editorial Boards, and Reviewing Activities

Reviewing Activities for Journals and Presses	
Book Reviewer for Pearson Health: The Basics	2014 - present
Book Reviewer for Jones & Barlett's New Dimensions in Women's Health.	2009 - present
Graduate Editor for Eta Sigma Gamma Monograph	2007 – 2010
Ad-Hoc Editor for the American Journal of Health Behavior	2007

Committees, Professional & Campus Service

Campus Service – Department

Worked with Matt W., Sue, R. Dina B., Tracy K., Tracy Z. and Bev. M to revamp the entire undergraduate curriculum.	2017
Served on BCH Undergraduate Student Advisory Committee	2016
Serve as Faculty Advisor for UMD-BCH Schools for Smiles	2016
Serve as Faculty Advisor for UMD's PSA- Preventing Sexual Assault	2016
Served on BCH Undergraduate Program Committee	2015
Served on BCH Undergraduate Student Advisory Committee	2015

Campus Service – College

Serve in the role of Graduate Coordinator for Internships and Career Development in the Dean's Office.	2017
Served on the SPH Maryland Day Planning Committee	2016
Serve on the SPH Dean's Scholar's Committee	2015

Campus Service – University

Serve on the Planning Committee for the Graduate Career Pathways Conference (to be held on April 20th, 2018)	2017
Serve as Faculty Advisor for UMD Moksha Student Dance Troupe- intercollegiate competitive Indian classical dance team at the University of Maryland which promotes peace and social justice through dance.	
Serve as Faculty Advisor for UMD Student March of Dimes Organization	2016 2015

Serve as Faculty Advisor for UMD Moksha Student Dance Troupe- intercollegiate competitive Indian classical dance team at the University of Maryland which promotes peace and social justice through dance

2015

External Service and Consulting

Community Engagements, Local, State, National, International

2017

- Special State Appointment to the Prince George's County Health Department to create the Behavioral Health Strategic Plan for Prince George's County and co-chair their Behavioral Health Advisory Committee.
- Serve on the Organizing Committee for the Prince George's County Healthcare Action Coalition
- Serve as Teaching Mentor for Prince George's County Tobacco Ambassadors-a program sponsored by the Prince George's County Health Department- 1-3 High School Students are chosen from public schools in the Prince George's County community to participate in a 4-week program (one evening a week) to learn about tobacco (and related products) and its effects. Ambassadors also learn advocacy skills, marketing campaigns, how the tobacco industry targets teens and why and how to develop campaigns of their own. After the 4-week session, students serve as ambassadors in their schools conducting various informative sessions and activities pertaining to tobacco education and share it with the program. The program ends in June with an award ceremony where students and their families are invited to attend.
- Serve as Director of Community Outreach for Miracle City Church-working with a team of over 30 individuals to provide various community service initiatives for approximately 500 people each month. Activities include but are not limited to: Providing meals and health education for underserved populations, mentorship and afterschool programming at 2 local elementary schools in the Baltimore City area for underserved elementary school children and receiving a grant to create a community garden which provided opportunities for neighboring individuals to plant and have fresh produce.

2016

- Special State Appointment to the Prince George's County Health Department to create the Behavioral Health Strategic Plan for Prince George's County and co-chair their Behavioral Health Advisory Committee.
- Took on responsibility of Graduate Coordinator for Internships and Career Development in the Dean's Office.
- Serve as Teaching Mentor for Prince George's County Tobacco Ambassadors-a program sponsored by the Prince George's County Health

Department- 1-3 High School Students are chosen from public schools in the Prince George's County community to participate in a 4-week program (one evening a week) to learn about tobacco (and related products) and its effects. Ambassadors also learn advocacy skills, marketing campaigns, how the tobacco industry targets teens and why and how to develop campaigns of their own. After the 4-week session, students conduct various informative sessions and activities pertaining to tobacco education and share it with the program. The program ends in June with an award ceremony where students and their families are invited to attend.

- Led students in HLTH 391 to do a Community Health Resource Project for the Maryland Department of Health and Mental Hygiene, students created a Community Health Resources Document that was distributed to individuals across the city of Baltimore at local health clinics and community centers in addition to an electronic version which serves thousands of individuals in need of resources for their health needs and concerns.
- Led students in HLTH 391 to create the Health Fair for Maryland Day.
- Worked in conjunction with the Department of Health and Mental Hygiene and the Faith Center (a Baltimore Non-Profit organization to create and sustain a coalition group that was focused on the top 5 health disparity issues in the city of Baltimore)

2015

- Serve as Teaching Mentor for Prince George's County Tobacco Ambassadors-a program sponsored by the Prince George's County Health Department- 1-3 High School Students are chosen from public schools in the Prince George's County community to participate in a 4 week program (one evening a week) to learn about tobacco (and related products) and its effects. Ambassadors also learn advocacy skills, marketing campaigns, how the tobacco industry targets teens and why and how to develop campaigns of their own. After the 4-week session, students conduct various informative sessions and activities pertaining to tobacco education and share it with the program. The program ends in June with an award ceremony where students and their families are invited to attend.
- Worked with Dr. Horowitz and former HLTH371 students to innovate on a former course project pertaining to oral health and preschoolers (School for Smiles). This program is now being implemented as a pilot program in a preschool program in Prince George's County.
- Conducted 3 Health Fairs with the HLTH 391 class (1 for MD Day, 1 for the Farmer's Market patrons and the other for SPH Faculty and Students.

2014

- Serve as Teaching Mentor for Prince George’s County Tobacco Ambassadors-a program sponsored by the Prince George’s County Health Department- 1-3 High School Students are chosen from public schools in the Prince George’s County community to participate in a 4 week program (one evening a week) to learn about tobacco (and related products) and its effects. Ambassadors also learn advocacy skills, marketing campaigns, how the tobacco industry targets teens and why and how to develop campaigns of their own. After the 4 week session, students conduct various informative sessions and activities pertaining to tobacco education and share it with the program. The program ends in June with an award ceremony where students and their families are invited to attend.
- Schools for Smiles (SFS) is a collaborative public health program between students from University of Maryland’s School of Public Health and the University’s Center for Health Literacy. The program aims to provide free dental supplies and oral health education to enable students in Prince George’s County public schools to engage in regular oral care and practice healthy habits during the school day.

-During the Fall 2014 semester Diana Wang, Sama El Baz, Megan Keane, and Sarah Younan were enrolled in Dr. LaTouche-Howard’s HLTH371 class and were assigned to come up with a Health Communications Campaign project. The team wanted to focus their campaign on the children of Prince George’s County’. Diana and Sama spent that summer in Thailand teaching English where they noted students who lived in poverty still exercised the practice of brushing their teeth in school. They suggested we model our campaign around that concept. This coupled with a guest lecture from Dr. Horowitz on oral health literacy led to what is now known as Schools for Smiles. Upon successful drafting and presentation of the campaign, the team was approached at the end of the course by Dr. La Touche-Howard to make the plan a reality. The program was graced by the supervision and support of Dr. Horowitz, director of the Horowitz Center for Health Literacy.

- Conducted 2 Health Fairs with the HLTH 391 class (1 for MD Day and the other for SPH Faculty and Students)

Community & Other Service

Director of Community Outreach Services for Miracle City Church	2016 - present
Advisory Board Member for Taking Sides: Clashing Views in Health and Society	2014 – present
Prince George’s County Tobacco (Free) Ambassador Scholars Program Educator	2013 - present

University of Maryland School of Public Health	
Undergraduate Program Curriculum Committee	2013 - 2018
Affordable Care Act and HIV Awareness Workgroup	2013
Improved Pregnancy Outcomes Coalition	2012 - 2017
Prince George's County Health Action Coalition	2012 - present
Certified Community Facilitator for the American Cancer Society	2011
Member of the Prince George's County Health Disparities Coalition	2010 - 2013
Academic Advisory Board Member for McGraw Hill	2009 - present
Consultant for the Maryland Center at Bowie State University	2008 - present
Mentor for the National Science Foundation (NSF)	
Sponsored Graduate Promise Program	2008 - 2012
Advisory Board Member for The Thusong	2008 - present
Doctoral Student Representative for the Graduate Dean Council	2008 - 2010
Graduate Student Representative for the College of Health and Human Performance Dean's Council	2006 - 2009
Faculty Search Committee Member (UMD School of Public Health)	2006
Student Member of Curriculum Development Committee (UMD School of Public Health)	2006
Minority Biomedical Research Support Judge	2003 - 2005
Co-Founder and Director of the Miracle Learning Center	2003 - 2008
Member of the Mae P. Claytor Academic Scholarship Committee	2003 - present

Service Awards and Honors

Community Recognition: The Community Baby Shower that was co-sponsored by the School of Public Health (via my HLTH 391 class and BCH faculty) and Miracle City Church was featured in American Public Health Association's The Nation's Health September 2017 issue.

Other Information

Manuscripts

Segal, E., Sims, A., LaTouche-Howard, S. (2012). An Overview of the Public and Public Health Resources in Prince George's County. *In Transforming Health in Prince George's County, Maryland: A Public Health Impact Study*. University of Maryland, School of Public Health

Thompson, R., Briggs, E.C., & LaTouche, S.A. (2011). Psychology of African American children: Strengths and challenges. In E. Chang & C. Downey (Eds.), *Mental Health Across Racial Groups: Lifespan Perspective*.

Walker, J., Fatzinger McShane, P., Billing, A., Atkinson, N., La Touche, S., Tian, J., Gold, R. (2007). *Eat Smart, Be Fit: Web-Based Nutrition Education for Limited Income Families*. Journal of the American Dietetic Association, 107 (8)Supp, A17.