

Sizing Up America

Now that you've had the chance to participate in a forum on the issue of obesity, please complete both sides of this questionnaire. For this page, please indicate your level of agreement about the statements that follow by marking the appropriate box.

	Strongly Agree	Somewhat Agree	Somewhat Disagree	Strongly Disagree	Not Sure
Approach One: Prevent the Obesity Epidemic					
a) Provide educational programs for the general public.	<input type="checkbox"/>				
b) Require nutrition education in public schools.	<input type="checkbox"/>				
c) Increase consumer awareness of nutritional content of foods.	<input type="checkbox"/>				
d) Implement government policies to promote health.	<input type="checkbox"/>				
e) Make physical education mandatory in schools.	<input type="checkbox"/>				
Approach Two: Change Our Lifestyle					
a) Support community groups that promote exercise and healthy eating.	<input type="checkbox"/>				
b) Create an interactive web-site so people can help each other. Each one teaches one.	<input type="checkbox"/>				
c) Reduce lifestyle stress.	<input type="checkbox"/>				
d) Improve exercise habits.	<input type="checkbox"/>				
e) Offer healthier options, put nutritional values of food on menus and serve smaller portion sizes in restaurants.	<input type="checkbox"/>				
f) Eliminate advertising for non-nutritious foods and increase advertising for healthy living.	<input type="checkbox"/>				
Approach Three: Protect Your Pocketbook					
a) Hold people accountable for their lifestyle choices, increasing insurance premiums and costs for health care for those considered obese.	<input type="checkbox"/>				
b) Give health care premium incentives for being healthy and not obese.	<input type="checkbox"/>				
c) Have work place incentives for exercising and living healthy.	<input type="checkbox"/>				
d) Offer grants for walkable, healthy lifestyle communities.	<input type="checkbox"/>				
e) Fund government research on obesity.	<input type="checkbox"/>				
f) Fund government parks and public exercise areas.	<input type="checkbox"/>				

Post-Forum Questionnaire: Sizing Up America

As a result of this forum, are you thinking differently? **Yes** **No** If so, how?

What, if anything, could citizens do differently to address the issue of obesity as a result of this forum?

How many deliberative forums have you attended (including this one)? _____

Rate your involvement in public policy BEFORE this forum on a scale of 0-5, with 0 = no involvement and 5 = totally focused on, and extensively doing, public policy work. _____

Rate your *expected involvement* in public policy AFTER this forum on a scale of 0-5, with 0 = no involvement and 5 = totally focused on, and extensively doing public policy work. _____

About You:

Ethnicity

- Caucasian/White
- Black or African-American
- Hispanic
- Asian
- Native American
- Pacific Islander
- Other (please specify):

Education

- _____ Less than 9th grade
- _____ 9th to 12th grade, no diploma
- _____ High school graduate
- _____ Technical school graduate (includes equivalency)
- _____ Some college, no degree
- _____ Associate degree
- _____ Bachelor's degree
- _____ Graduate or professional degree

Where do you live?

- Rural area
- Small town
- Suburbia
- Large City

State

Zip Code

Gender

- Male
- Female

Income

- _____ Less than \$10,000
- _____ \$10,000-\$24,999
- _____ \$25,000-\$39,999
- _____ \$40,000-\$59,999
- _____ \$60,000-\$124,999
- _____ \$125,000-\$199,999
- _____ \$200,000 or more

Age

- _____ 17 or less
- _____ 18-24
- _____ 25-44
- _____ 45-59
- _____ 60-74
- _____ over 75

If a member of AAFCS, please answer the following:

Rate AAFCS in regard to its involvement in public policy on a scale of 0-5, with 0 = no involvement and 5 = totally focused on, and extensively doing public policy work.

Rate your state/regional/local affiliate/chapter's involvement in public policy work on the same scale _____

What could AAFCS members do as a result of this forum? What are YOU willing to do?

Thank you for your participation! Please return to your moderator or convener to be mailed to:

Dr. Sue Williams, 333 HES, Oklahoma State University, Stillwater, OK, 74-78-6111 11/14/05