Respondents described a range of educational activities that they provide to inform and educate residents.

EDUCATIONAL VIDEOS
Example: Videos that provide nutrition and exercise demonstrations or teach residents about managing different health conditions.

EDUCATIONAL MATERIALS
Example: Providing education through self-management guides, newsletters, brochures, personalized instructions, booklets, and social media.

IN PERSON SERVICES AND ACTIVITIES
Example: Providing education through disease prevention/management classes, home visits, mobile care units, forums, and one-on-one training and counseling.

SPOTLIGHT

INTEGRATED HEALTH LITERACY PROGRAM
Worcester County public schools put health concepts into core subjects by grade level, for example, looking at food labels and learning how to grow fruits and vegetables.

CIPHER HEALTH
Choptank Community Health Systems uses a phone based health service for discharged patients to ask about their medicines and treatment plans. Patients needing more help are automatically connected to a Care Coordinator.