In our department of Kinesiology, you’ll study the complex role of physical activity in human health across the lifespan.

The Bachelor of Science in Kinesiology addresses the historical, cultural, developmental, biomechanical, neuromotor and physiological bases for participation in movement activities.

You’ll learn how those theoretical foundations shape physical activity, exercise, sport, and wellness for people of all ages, all while honing your own interests within this diverse field. Prepare for a career in sports- or fitness-related fields, medical professions, research, and other professional arenas.

The Kinesiology program provides a hierarchical approach to the study of human movement. Our major core of seven courses will ground you in the essential sub-disciplines of human movement, setting the stage for advanced, more specific coursework.

You’ll participate in a capstone course during your final semester, and have the option of pursuing a specialization to prepare for a specific career.

Internships, faculty-student research opportunities, and our Kinesiology honors program all offer opportunities for invaluable learning and career prep.

Some of our courses include:

- Sport in American Society
- Neural Bases of Human Movement
- Psychology of Exercise and Health
- Sport Globalization
- Exercise and Body Composition
- Biomechanics of Sport

MORE INFORMATION

sph.umd.edu/knes

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93% of recent undergraduates reported having plans after graduation.

49% going on to full-time employment.

33% continuing their education in graduate & professional fields such as physical therapy, sports management, medical school, occupational therapy, nursing school, physician assistant programs, public health - physical activity, and more!

Assistant Athletic Director
Personal/Group Trainer
Fitness Instructor
Chiropractic Assistant
Health Educator
Physical Therapy Technician
Rehabilitation Specialist
Coach
Physical Education Teacher

All data based on the UMD Graduation Survey for the SPH class of 2016 - 2017

WHAT WILL YOU DO WITH YOUR KINESIOLOGY DEGREE?

WHERE KINESIOLOGY GRADS ARE WORKING

REAL ENTRY LEVEL JOBS

HOW OUR MAJORS ARE GAINING EXPERIENCE OUTSIDE THE CLASSROOM

Internships 79%
Student Groups 27%
Community Service 47%
Part-Time Jobs 76%
Research Projects 17%

53% of employed alumni received more than one job offer

57% of alumni confirmed their post-graduation plans within one month of graduating

Fearlessly Promoting Health for all