In our department of Kinesiology, you’ll study the complex role of physical activity in human health and performance across the lifespan.

The Bachelor of Science in Kinesiology addresses the historical, cultural, developmental, biomechanical, neuromotor and physiological bases for participation in movement activities.

You’ll learn how those theoretical foundations shape physical activity, exercise, sport, and wellness for people of all ages, all while honing your own interests within this diverse field. Prepare for a career in sports- or fitness-related fields, medical professions, research, and other professional arenas.

The Kinesiology program provides a multi-disciplinary approach to the study of human movement. Our major core of seven courses will ground you in the essential sub-disciplines of human movement, setting the stage for advanced, more specific coursework.

You’ll participate in a capstone course during your final semester, and have the option of pursuing a specialization to prepare for a specific career.

Internships, faculty-student research opportunities, and our Kinesiology honors program all offer opportunities for invaluable learning and career prep.

Some of our courses include:

- Sport in American Society
- Neural Bases of Human Movement
- Psychology of Exercise and Health
- Sport Globalization
- Exercise and Body Composition
- Biomechanics of Sport

**MORE INFORMATION**

sph.umd.edu/knes

POLLY SEBASTIAN-SCHURER
Academic Coordinator
301-405-2453
pollys@umd.edu
WHAT WILL YOU DO WITH YOUR KINESIOLOGY DEGREE?

All data based on the UMD Graduation Survey for the SPH class of 2016 - 2017

GRADUATE EDUCATION

Continuing their education in graduate & professional fields such as:
- Physical Therapy
- Athletic Training
- Sports Management
- Medical School
- Occupational Therapy
- Nursing School
- Physician Assistant Programs
- Public Health - Physical Activity
- And More!

GRADUATE EDUCATION

93% of recent undergraduates reported having plans after graduation

49% going on to full-time employment

ADDITIONAL CAREER OPPORTUNITIES

assistant athletic director, personal/group trainer, fitness instructor, chiropractic assistant, health educator, physical therapy technician, rehabilitation specialist, physical education teacher and coach

WHERE KINESIOLOGY GRADS ARE WORKING

LIFETIME FITNESS
FOREVER FIT
UNDER ARMOUR
Peace Corps
MedStar Health
PIVOT PHYSICAL THERAPY
Children's National Health System

HOW OUR MAJORS ARE GAINING EXPERIENCE OUTSIDE THE CLASSROOM

Internships 79%
Student Groups 27%
Community Service 47%
Part-Time Jobs 76%
Research Projects 17%

53% of employed alumni received more than one job offer

57% of alumni confirmed their post-graduation plans within one month of graduating

sph.umd.edu/knes