

## Kinesiology Four-Year Template – General Education

Be sure to consult the KNES Website ([http://sph.umd.edu/KNES/ugrad/overview\\_ugrad.html](http://sph.umd.edu/KNES/ugrad/overview_ugrad.html)) for specifics on all requirements.

Requirements	Year 1: Fall	Credit	Year 1: Spring	Credit
<b>Benchmark 1 Requirements</b> BSCI170/171 and one KNES Core course must be completed by the end of <b>two semesters</b> into the major.  <i>^KNES200 is a 3-credit course and restricted to first-semester students. KNES201 is a 1-credit course for transfer and major changes. Students who take KNES201 must complete an additional 2 credits of elective.</i>	MATH113 (MA)	3	Oral Communication (OC)	3
	ENGL101 (AW)	3	BSCI 170/171(NL)	4
	KNES293 (HS)	3	KNES287 (UP)	3
	KNES200 (or KNES201)^	3	SPHL100	3
	Activity #1	1	Elective	3
	Elective or UNIV100	1		
	<i>Total</i>	<i>14</i>		<i>Total</i>
<b>Benchmark 2 Requirements</b> BSCI201 and a total of two KNES Core courses must be completed by the end of <b>three semesters</b> into the major.  <b>Benchmark 3 Requirements</b> BSCI202 and a total of three KNES Core courses must be completed by the end of <b>four semesters</b> into the major.  +STAT100, BMGT230, BIOM301, EDMS451, and PSYC200 are approved. Other courses should be discussed with an advisor.	<b>Year 2: Fall</b>	<b>Credit</b>	<b>Year 2: Spring</b>	<b>Credit</b>
	BSCI201	4	BSCI202	4
	KNES370	3	KNES350 (HS)	3
	Activity #2	1	Statistics (AR) +	3
	Humanities (HU)*	3	Elective	3
	Elective	3	Elective	3
	<i>Total</i>	<i>14</i>		<i>Total</i>
<b>Major Requirements</b> BSCI201 + BSCI202 are pre-reqs for KNES360.  BSCI201 and MATH113 or approved math is a pre-req for KNES300.	<b>Year 3: Fall</b>	<b>Credit</b>	<b>Year 3: Spring</b>	<b>Credit</b>
	KNES360	4	KNES300	4
	Activity #3	1	Activity #4	1
	Humanities (HU)*	3	Scholarship in Practice (SP)* Outside Major	3
	Elective	3	Professional Writing (PW)	3
	Elective	4	Elective	4
	<i>Total</i>	<i>15</i>		<i>Total</i>
<b>Major Requirements</b> KNES497 prerequisite: Completion of Professional Writing, Statistics, six KNES Core and two Option courses.  KNES Core courses can be taken in any sequence and in any combination as long as students have the prerequisite(s).  Students should consult with an advisor to optimize their scheduling & performance.	<b>Year 4: Fall</b>	<b>Credit</b>	<b>Year 4: Spring</b>	<b>Credit</b>
	KNES385	3	KNES497 (SP)	3
	KNES Option #1	3	KNES Option #3	3
	KNES Option #2	3	KNES Option #4	3
	Elective	3	Elective	3
	Elective	3	Elective	3
	<i>Total</i>	<i>15</i>		<i>Total</i>
<b>TOTAL Credits = 120</b>				

\* All students must complete two Distributive Studies courses that are approved for I-series courses. Courses for Understanding Plural Societies and Cultural Competence may also fulfill a distributive studies requirement. (I-Series and Diversity courses are not listed separately in this plan).